



UNM-VALENCIA WELLNESS CENTER OPERATING HOURS MAY 2025

MAY 1 – MAY 16
MONDAY – THURSDAY
8 A.M. – 5 P.M.
FRIDAY
8 A.M. – 1 P.M.

MAY 19 - MAY 30
MONDAY – THURSDAY
8 A.M. – 4 P.M.
FRIDAY
8 A.M. – 12 P.M.

**Hours on specific dates may be subject to change.
Please call 925.8830, with questions.**

**The center will be closed on Memorial Day,
Monday, May 26.**

***To ensure good health: Eat lightly, breathe deeply, live
moderately, cultivate cheerfulness, and maintain an
interest in life. – W. Loudon***

