



UNM-VALENCIA WELLNESS CENTER OPERATING HOURS

DECEMBER 1 – 12, 2025

**MONDAY – THURSDAY
8 A.M. – 5 P.M.**

**FRIDAY
8 A.M. – 1 P.M.**

DECEMBER 15 – 23, 2025

**MONDAY – THURSDAY
8 A.M. – 4 P.M.**

**FRIDAY
8 A.M. – 12 P.M.**

**The wellness center will be closed during the UNM
Winter Break, December 24, 2025 – January 4, 2026.**

**The facility will reopen at 8:00 a.m.,
Monday, January 5, 2026.**

**For information on Spring 2026 PHED courses, please check
the class schedule link at the UNM- Valencia campus
website, or call 925.8830.**