UNM-VALENCIA WELLNESS CENTER
OPERATING HOURS

APRIL 2026

MONDAY – THURSDAY
8:00 A.M. – 5:00 P.M.

FRIDAY
8:00 A.M. – 1:00 P.M.

Center operating hours may be subject to change, and without notice.

"SPRING INTO SUMMER," and let the wellness center help with your personal health and wellness goals.

If you go to work on your goals, your goals will go to work on you.
If you go to work on your plan, your plan will go to work on you.
Whatever good things we build, end up building us.
- Jim Rohn