

**Introduction to Psychology**  
**Course Syllabus ~ Online**

Psychology 105.502: Summer 2019 (26458)

**Instructor:** Cheryl Bryan, Ph.D.

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**Social Sciences Office:** 505.925.8600

**My Office:** 505.925.8643   **Cell:** 505.301.6222

**Office Hours:** By appointment via Zoom.us or face-to-face. I am available via text messaging 7:00 AM – 7:00 PM. You may also contact me using the following tools in Learn:

**Email:** Use the *Course Messages* tab in Learn (To start an email, click “Create Message” and then “To” to see a drop-down list in which you will see my name. ***Do Not*** send any mass emails from this area. If you want to contact the class as a whole, use General Class Questions—see below.

If you have a question about course material, please go to “**General Class Questions**” (under the “**Discussion**” tab) to submit your question. Using this tool allows all students to view your question & my answer—*students are encouraged to answer each other’s questions as well.*

**Emergencies ONLY:** If Learn is down, you can contact me using LoboMail (cbryan@unm.edu). If you have an issue that needs *immediate* attention, you can **text me: 505.301.6222 after 7:00 AM and before 7:00 PM.**

If you run into any technical problems: Please contact UNM Learn at 277-0857 or toll free (1-877) 688-8817   **Email:** learn@unm.edu.

**Text:** Ciccarelli, S. K., and White, J. N. (2015). *Psychology: an exploration. 3rd Edition.* NY: Pearson Publishers.

**Prerequisites and Co-requisites:** None

## **COURSE DESCRIPTION**

This course will introduce you to the concepts, theories, significant findings, methodologies, and terminology that apply to the field of psychology. An appreciation for cultural diversity is an integral part of this course and will be addressed in the text, audio lectures, and video segments. Audio lectures will be used both for clarifying text material and for discussing material not covered in the text. You are responsible for text material in addition to lecture material, but lecture material will be the primary focus in each of your exams.

## **COURSE OBJECTIVES:**

The following are the course learning objectives. Each module will have specific chapter learning objectives listed on the Overview Page. The activities in each module (i.e.: discussions, assignments, and assessments) are developed so that you can demonstrate you have met these objectives.

***Upon successful completion of this course, you will be able to:***

1. Explain how the scientific method and psychological research methodologies are used to study the mind and behavior.
2. Recall key terms, concepts, and theories in the areas of neuroscience, learning, memory, cognition, intelligence, motivation and emotion, development, personality, health, disorders and therapies, and social psychology.
3. Explain how information provided in this course can be applied to life in the real world.
4. Identify the major theoretical schools of thought that exist in psychology as they relate to the self, the culture, and the society.

## TECHNICAL SKILLS AND REQUIREMENTS

**Technical Skills:** In order to participate and succeed in this class, you will need to be able to perform the following basic technical tasks:

- Use UNM Learn—Have you taken the Bb Learn Orientation through Valencia Campus? If so, you will earn 5 points of extra credit for submitting your completion certificate within the first two weeks of class. Also, to refresh (or learn for the first time), you can use the help documentation located in the "How to Use Learn" link, which is located in the left-hand column/course menu in Learn.
- Use Learn Email ("Course Messages") – including attaching files, opening files, downloading attachments
- Use Zoom (for online meetings with Instructor)
- Copy and paste within applications including Microsoft Office
- Open a hyperlink (click on a hyperlink to get to a website or online resource)
- Use Microsoft Office applications (*If you are working on an Apple device, you will need to translate all documents to a MS Word format.*)
  - Create, download, update, save and upload MS Word documents
  - Download, change view, as well as print and/or save MS PowerPoint presentations
  - Create, download, update, save and upload PDF files

**Technical Requirements:** For UNM Learn Technical Support: (505) 277-0857 (24/7) or use the "Create a Support Ticket" link in your course.

### Computer

- A high-speed Internet connection is highly recommended.
- Supported browsers include: Internet Explorer, Firefox, and Safari. Detailed Supported Browsers and Operating Systems: <http://online.unm.edu/help/learn/students/>
- Any computer capable of running a recently updated web browser should be sufficient to access your online course. However, bear in mind that processor speed, amount of RAM and Internet connection speed can **greatly** affect performance. Many locations offer free highspeed Internet access including UNM-V Learning Center and Library, as well as **UNM's Computer Pods**.
- For using the Kaltura Media Tools inside Learn, be sure you have downloaded and installed the latest version of [Java](#), [Flash](#), and [Mozilla Firefox](#). They may not come preloaded.
- Microsoft Office products are available free for all UNM students (more information on the UNM IT Software Distribution and Downloads page: <http://it.unm.edu/software/index.html>)

**Tracking Course Activity:** UNM Learn automatically records all students' activities including: your first and last access to the course, the pages you have accessed, the number of discussion messages you have read and sent, discussion text, and posted discussion topics. This data can be accessed by the instructor to evaluate class participation and to identify students having difficulty.

## COURSE STRUCTURE AND REQUIREMENTS

**Instructor Response Time:** *Within Learn*, I routinely check for student correspondence and respond within 24 hours (Mon - Thurs) and 48 hours (Fri - Sun). I will not guarantee a response time if you email me through LoboMail—instead, use Course Messages in Learn. If Learn is unavailable, and you *must* reach me *immediately*, you can **text me** at 505.301.6222 between the hours of 7:00 AM and 7:00 PM. (Be sure to state your name and the course you are texting about in the message.) If you email me through LoboMail, please note that it is UNM policy to not accept email from non-UNM accounts. In other words, I will not respond to emails from your gmail or other such accounts. Also, be sure to put something in the subject line; otherwise, I might not read it thinking it is SPAM.

## COURSE STRUCTURE AND REQUIREMENTS (cont.)

### **Procedures for Completing Coursework:**

- All assignments/assessments open and close on specific dates at specific times and will NOT be reopened after they close—see Course Schedule for assignment dates/times.
- **Make-up Exam (not quizzes):** Generally speaking, there are NO make-up exams (for missed exams) in this course; however, occasionally there are legitimate reasons for missing an exam. Please let me know, either in advance or within 24 hours of the exam, if you are unable to take an exam. Depending on circumstances, you may be allowed to make up the exam—however, it might be a different exam than originally posted on Learn; it may be an essay exam. If you become extremely sick or encounter some other emergency on the day of the exam, you will need to provide some verification (e.g., a note from your physician, an accident report, etc.).
- All work in this course needs to be submitted within Learn. If you have difficulty using a tool to complete work, use the “Create a Support Ticket” link in the Course Menu immediately and notify me (your instructor) as well.

### **ASSIGNMENTS—Evaluation of your mastering course content**

#### **Plagiarism Tutorial:** (10 points: apx. 4% of your final grade)

The University of Indiana has developed a tutorial to help students understand plagiarism. This on-line tutorial, which takes approximately 1-2 hours, is required for this course, and can be located at <https://www.indiana.edu/~academy/firstPrinciples/index.html>. You will need to submit your unique confirmation certificate to receive credit for taking the tutorial.

#### **Quizzes:** (12 x 5 = 60 points: apx. 22% of your final grade)

There are 12 quizzes (one per chapter), which open at designated times in Learn (see schedule)—*each quiz is open for one week, opening Monday mornings at 12:01 a.m., and closing Sundays at 11:59 p.m.* You are allowed to take each quiz as often as needed/wanted (while open) with your highest score counting toward your grade. Each quiz has 10 questions and is worth a total of five (5) points each. **Quizzes CANNOT be made up if missed (for any reason) and will not be reopened at a later date.** You will have 30 minutes to complete each 20-question quiz. Within a chapter no two quizzes are the same, and exam questions will *not* be taken from the quiz questions. All quiz questions are taken from the textbook.

#### **Discussions:** (5 x 10 = 50 points: apx. 19% of your final grade)

You will complete five (5) discussions, one of which is a “get to know your classmates” discussion in the Start Here Module. This assignment is titled *Introduction Discussion*. The remaining four (4) discussions are related to specific chapters (see Course Schedule). You will relate what you have learned in a particular segment, what needs further explanation/study, and how you can apply learned information to your life.

#### **Exams: 150 points** (2 of the first 3 exams + final = 150 points: apx. 55% of your final grade)

Four examinations will be given covering material presented in the *lectures, text, and videos*. All of the examinations are noncumulative—except the final exam. Exams will consist of objective questions in a multiple-choice format. You will have 75 minutes to take the exam, although each is designed to require only 50 minutes. Each exam is worth 50 points (50 questions) and worth approximately 18% of your final grade in this class.

## EXTRA CREDIT OPTIONS (*Optional*, worth up to 10 points)

You may independently earn **up to a total of 10 extra credit points** that count toward your final point total for the semester—these are simply added to your total points earned from your assignments to determine your final letter grade. The primary objective for the research paper is to allow you additional exposure to methodological issues relevant to psychology research. **Extra credit is due no later than midnight on the Sunday before the last day of class—see Course Schedule for due date.** Extra credit will not be accepted after this date.

**Extra Credit Research Paper (worth up to 10 points).** This paper will familiarize you with using professional journals in exploring the field of psychology. For each paper, you must first find a topic **within the field of psychology** that interests you and for which you can find three (3) *peer-reviewed* journal articles. Each article should present *original* research data (not just a discussion, opinion, review, or theoretical paper), and all articles should directly relate to the topic you have chosen. When writing the paper, you should employ the following format:

- 1) **Introduction (1 point):** State the topic you chose and why you were interested in it.
- 2) **Research (3 points):** Summarize in your own words the findings of each of the studies that you read—one paragraph for each of the three studies. What is the purpose of each study? What was learned in each study? Be sure to go beyond what is contained in the abstract alone (i.e., don't just review the abstracts).
- 3) **Evaluation (3 points):** In discussing each study, give your own evaluation—one paragraph for each of the three studies. How good was each study? Why? Do you agree with the conclusions drawn by the authors? Why or why not? Could the findings be explained in another way?
- 4) **Summary (2 points):** After presenting the individual studies, tie them together—at least one paragraph **plus** a closing paragraph. What do they have in common? Do their findings fit together in any way? What have you learned about the topic?

**Each paper *must* follow APA formatting (1 point).** Here is a reference site for APA formatting (no need to write an abstract): <https://owl.english.purdue.edu/owl/resource/560/01/>. Your paper must be typewritten, double-spaced, Times New Roman 12 pt. font, and a minimum of nine (9) paragraphs—this limit does NOT include the cover page or the References page, which are also expected to follow APA format. Submit under the Assignments tab in Learn. Additional to your paper, copy the abstract (summary paragraph at the beginning of each journal article) for each of the three (3) articles and attach these copies with your paper—you can cut-and-paste the abstracts, placing them at the end, *after* the Reference page.

## GRADING

Although you are required to take four exams in this class, only **three** will count toward your final grade. *The final (4<sup>th</sup>) exam is mandatory*, and of the *first three exams your lowest grade will be dropped*. Therefore, your final grade will consist of your two (2) best exam scores from the first three (3) exams + your score from the final exam + quizzes + writing assignments. Make-up essay exams will also be worth 50 points. Grades will not be curved.

<b>Grading Scale:</b>	<u>Your Total Points</u>	<u>Percentage: Total</u>	<u>Letter Grade</u>
	264-270	98-100	A+
	243-263	90-97.9	A
	237-242	88-89.9	B+
	216-236	80-87.9	B
	210-215	78-79.9	C+
	189-209	70-77.9	C
	183-188	68-69.9	D+
	162-182	60-67.9	D
	≤ 161	≤ 59.9	F

## **Grading Procedures**

- Late assignments will **NOT** be accepted (for any reason), unless noted otherwise below.
- For each assignment/assessment you will be graded on your knowledge of psychological theory and research. Content will depend on learning objectives for the chapter being studied.
- For quizzes and exams, you will have immediate feedback of your score once you submit the assessment—as long as you submit it on-time. If you submit after the designated time allotment, then it goes into my grading section and I will need to submit it—no penalty. Please note that this only relates if you started the quiz or exam before it closed.
- For all written assignments, grades will be posted (with comments) within one week of the due date. For discussions, the due date is for the complete assignment—always a Sunday at 11:59 PM—so your grade will be posted by 11:59 PM that following Sunday. Please note that your initial post is due on a Thursday and your response posts are due on that respective Sunday.

It is your responsibility to check your “My Grades” page on Learn to ensure your points are posted correctly and to contact me if you have any questions or concerns. You have one week after points have been posted to contact me regarding a grade correction. Grades may not be changed if you fail to contact me within one week from the posting of the score . . . so check your grades often and contact me if something looks wrong. **Please note:** To calculate your course grade, you must do it manually as the *total* points showing in MyGrades **will not be correct**, as one exam score is dropped.

## **COURSE POLICY**

**Copyright Issues:** All materials in this course fall under copyright laws and should not be downloaded, distributed, or used by students for any purpose outside this course.

**Attendance:** You are required to complete *all* assignments and access Learn weekly; at the same time, there are extenuating circumstances. If, for any reason, you are unable to access Learn and/or complete assignments be sure to notify me through Course Messages in Learn that you cannot access Learn and/or complete assignments, as well as why. You may miss up to four (4) assignments *or* not log into Learn for two (2) concurrent weeks before I reserve the right to drop you from the course (possibly without notice to you). Please keep in mind that you are responsible to drop this course if you've decided not to complete it. Experience has shown that students who miss four (4) or more assignments do poorly in the course and often fail to reach a grade of C or better.

**Please note:** If you have financial aid that requires you to complete a course (even if you're failing), ***you must notify me.*** If you do not notify me ***the first week of class***, the above policy stands.

**Netiquette:** Your online participation is expected to be academic and constructive. It is important to recognize that each of us may have a different point of view. It is acceptable to debate a topic using facts and citations to support your stance or viewpoint; however, you should conduct your debate in a professional tone. Here is the link to UNM's Discussion and Blog Netiquette policy (also located in Learn under the Introduction tab):

<http://online.unm.edu/help/learn/students/pdf/discussion-netiquette.pdf>.

**Withdrawal:** In accordance with University regulations, students withdrawing after the deadline to withdraw without an assigned grade, are assigned a grade of “W.” (For UNM scheduled deadlines, check with the Office of the Registrar -- <http://schedule.unm.edu/>)

## COURSE POLICY (cont.)

**Accommodation of Learning Disabilities/Special Needs:** If you have a documented disability, the Equal Access Services office will provide me with a letter outlining your accommodations. I will then discuss the accommodations with you to determine the best learning environment. If you feel that you need accommodations, but have not documented your disability, please contact Jeanne Lujan, the coordinator for Equal Access Services at 925-8910 or [jmlujan@unm.edu](mailto:jmlujan@unm.edu). For Valencia campus the website is: <http://valencia.unm.edu/students/advisement-and-counseling/equal-access-services.html>.

**Incomplete:** Under special circumstances, a grade of Incomplete (I) can be granted. Contact me as soon as possible to arrange this, and provide me with written documentation of why the course could not be completed. **Please Note** “Incomplete grades must be resolved no later than one year (twelve months) from the published end day of the semester in which the grade was assigned. Incomplete grades not resolved within the time frame stated in this policy will be converted automatically to an IF (failing) grade. The student is responsible for making arrangements with the instructor for resolving an incomplete grade” (<http://dos.unm.edu/faq.html#section-1-item-11>).

**Academic Integrity:** Having academic integrity is paramount to your success in any class. Plagiarism or cheating is *not* tolerated. Any instance of this will result in a grade of zero for that assignment. Here is the link to the UNM Academic Dishonesty Policy: <https://policy.unm.edu/regents-policies/section-4/4-8.html>. The policy states:

*Each student is expected to maintain the highest standards of honesty and integrity in academic and professional matters. The University reserves the right to take disciplinary action, up to and including dismissal, against any student who is found guilty of academic dishonesty or who otherwise fails to meet the expected standards. Any student judged to have engaged in academic dishonesty in course work may receive a reduced or failing grade for the work in question and/or for the course.*

Academic Dishonesty is defined as: "Academic dishonesty" includes, but is not limited to, dishonesty in quizzes, tests, or assignments; claiming credit for work not done or done by others; hindering the academic work of other students; misrepresenting academic or professional qualifications within or without the University; and nondisclosure or misrepresentation in filling out applications or other University records.

**Please Note:** In an effort to meet obligations under Title IX, UNM faculty, Teaching Assistants, and Graduate Assistants are considered “responsible employees” by the Department of Education (see p. 15: <https://www2.ed.gov/about/offices/list/ocr/docs/qa-201404-title-ix.pdf>). This designation requires that any report of gender discrimination which includes sexual harassment, sexual misconduct and sexual violence made to a faculty member, TA, or GA must be reported to the Title IX Coordinator at the Office of Equal Opportunity ([oeo.unm.edu](http://oeo.unm.edu)). For more information on the campus policy regarding sexual misconduct, see: <https://policy.unm.edu/university-policies/2000/2740.html>.

**Citizenship and/or Immigration Status:** All students are welcome in this class regardless of citizenship, residency, or immigration status. Your professor will respect your privacy if you choose to disclose your status. As for all students in the class, family emergency-related absences are normally excused with reasonable notice to the professor, as noted in the attendance guidelines above. UNM as an institution has made a core commitment to the success of all our students, including members of our undocumented community. The Administration’s welcome is found on our website: <http://undocumented.unm.edu/>.

## HOW TO SUCCEED IN PSYCH 105 (aka Expectations for Participation):

- Spend 8-10 hours per week on this course.
- Review and complete assignments in the START HERE module.
- Access PowerPoint slides on Learn— this is your study guide. You can download and print these slides in any format you prefer.
  - Use the PowerPoint slides to take notes while listening to the audio lectures, and then read the respective textbook chapter associated with each lecture to fill in information not noted in the lecture.
- Access audio lectures on Learn, actively listen, and take notes.
- Take advantage of the Extra Credit opportunity!
- Come to office hours (or make an appointment to meet with me in-person or via Zoom) if you need to discuss anything pertaining to this course.
  - It is important to keep me (the instructor) informed of class related problems, or problems that may prevent you from full participation.
- Participate in a study group! This is a tool that A students consistently employ.
- Utilize student support services. If you need assistance finding the support you want, please meet with me—I am here to help you succeed in this course.
  - Also, here is a link: <http://valencia.unm.edu/campus-resources/>
- A few primary student support offices and campus resources on UNM Valencia Campus:
  - **Advisement Services:** 925.8560  
<https://valencia.unm.edu/students/advisement-and-counseling/services.html>
  - **Bookstore:** 925.8801  
<https://valencia.unm.edu/campus-resources/bookstore/index.html>
  - **Campus Police:** 925.8570
    - **Parking Permit:** <https://valencia.unm.edu/campus-resources/campus-police/parking-permits.html>
  - **Cashier's Office:** 925.8520  
<https://valencia.unm.edu/campus-resources/business-services/cashiers/index.html>
  - **Career Services:** 925.8840  
<https://valencia.unm.edu/students/career-services/index.html>
  - **Financial Aid:** 925.8590  
<https://valencia.unm.edu/students/financial-aid/index.html>
  - **The Learning Center:** 925.8907  
<https://valencia.unm.edu/campus-resources/the-learning-center/index.html>
  - **Library:** 925.8990 <https://valencia.unm.edu/library/index.html>
    - **Lobo ID Card** (free of charge in the Library):  
<https://valencia.unm.edu/students/lobo-id-card/index.html>
  - **Technology Support Services:** 925.8911  
<https://valencia.unm.edu/campus-resources/technology-support/index.html>
- **No one succeeds in a vacuum! Act smart . . . ask for help when you need/want it.**

## COURSE SCHEDULE

### Psy 105-502: Summer 2019 Online

**Please note:**

1. Each week will open on a Monday and close on the following Sunday (regardless of UNM holidays), unless otherwise noted below. **Exams are NOT open on Sundays.**
2. **Quizzes** open the week corresponding with the chapter & close the 1<sup>st</sup> day of the related exam—they will not be reopened at a later date.
3. **Discussions**: Initial post is *always* due on a Thursday, and two (2) responses to other students' posts are *always* due on a Sunday—discussion dates noted below and will not be accepted past the respective Sunday they are due; otherwise, it ceases to be a discussion.
4. **Exams** are open on the dates noted below, which are always on a **Friday and Saturday; except the final exam, which is on a Thursday and Friday.**

<b><u>Week/Dates</u></b>	<b><u>Topics</u></b>
Week 1: June 3-9 <b>(This week will stay open until June 16 to accommodate late starting students)</b>	Review Syllabus & view Instructor “Welcome Video” <i>Plagiarism Tutorial</i> <b><i>Introduction Discussion (1<sup>st</sup> Graded Discussion)</i></b> : Open throughout course; at the same time, <u>your initial &amp; 2 response posts are due Sun, June 9, 11:59 PM</u> Chapter 1 The Science of Psychology Chapter 2: The Biological Perspective <i>Quizzes-Chapters 1 &amp; 2</i>
Week 2: June 10-16	Chapter 3 Sensation and Perception <i>Quiz-Chapter 3</i> ( <u><i>Quizzes for Chapters 1, 2 &amp; 3 close Friday, June 14</i></u> ) <b>Discussion 2</b> : Initial post due Thursday & response posts due Sunday <b>EXAM 1: CHAPTERS 1, 2, and 3 (Open Fri &amp; Sat—June 14 &amp; 15)</b>
Week 3: June 17-23	Chapter 5: Learning (we skip Chapter 4) Chapter 6: Memory <i>Quizzes-Chapters 5 &amp; 6</i>
Week 4: June 24-30	Chapter 7: Cognition: Thinking, Intelligence, and Language <i>Quiz-Chapter 7</i> ( <u><i>Quizzes for Chapters 5, 6 &amp; 7 close Friday, June 28</i></u> ) <b>Discussion 3</b> : Initial post due Thursday & response posts due Sunday <b>EXAM 2: CHAPTERS 5, 6, and 7 (Open Fri &amp; Sat—June 28 &amp; 29)</b>
Week 5: July 1-7	Chapter 8: Development Across the Life Span Chapter 9: Motivation, Stress, and Emotion <i>Quizzes-Chapters 8 &amp; 9</i>
Week 6: July 8-14	Chapter 11: Theories of Personality <i>Quiz-Chapter 11</i> ( <u><i>Quizzes for Chapters 8, 9 &amp; 11 close Friday, July 12</i></u> ) <b>Discussion 4</b> : Initial post due Thursday & response posts due Sunday <b>EXAM 3: CHAPTERS 8, 9, &amp; 11 (Open Fri &amp; Sat—July 12 &amp; 13)</b>
Weeks 7: July 15-21	Chapter 10: Social Psychology Chapter 12: Psychological Disorders Chapter 13: Psychological Therapies <b>DISCUSSION 5</b> : Initial post due Thursday, and response posts due Sunday <b><u>Please note</u></b> : All chapters this week will stay open through Thursday, July 25; <u>however</u> , the discussion is still due July 21 for response posts (initial post due Thursday, July 18.) <i>Extra Credit DUE Sunday, July 21 at 11:59 PM</i>
Week 8: July 22-27	<i>Quizzes-Chapters 10, 12 &amp; 13</i> ( <u><i>Chapters 10, 12 &amp; 13 Quizzes close Thurs, July 25</i></u> ) <b>EXAM 4: CHAPTERS 10, 12, and 13 (Open Thurs &amp; Fri—July 25 &amp; 26)</b>