

#### **Course Title**

Health Care Participant

#### **NMNEC Course Number**

[ADN] NMNC 1220

[BSN] NMNC 3220

### **Instructor Information**

Name: Audrey Morton MSN RN Contact Info: 505-250-4890 Office Hours: Thursdays 12-4pm

#### Number of Didactic Credits - 3 credits

This is a 3 credit-hour course. Class meets once a week for 3h for the semester.

Please plan for at least 6 hours of out-of-class work (or homework, study, assignment completion, and class preparation) each week.

**Number of Clinical Credits: 0** 

**Total Course Credits: 3** 

#### **Course Description**

This course introduces the nursing student to the attributes of the health care participant as an individual, a family, or a community.

#### **Prerequisites**

- All Level 1 Nursing Courses
- Evidence-Based Practice (BSN track only)
- Introduction to Nursing Concepts NMNC 1110
- Principles of Nursing Practice NMNC 1135
- BIOL 2210 & BIOL 2225
- NURS 239 Patho 1
- NURS 240 Patho 2

# **Co-requisites**

- Health and Illness Concepts I NMNC 1210
- Assessment and Health Promotion NMNC 1235
- Nursing Pharmacology NMNC 1230



# Course Objectives (Mapping of Course Objectives with Corresponding Level Objectives [L#.O#]/Program Objectives [P#])

Upon successful completion of this course, the student will:

- 1. Identify values, beliefs and attitudes towards health and illness of the health care participant. [L2.1/P1]
- 2. Articulate the role of nursing in relation to the health of vulnerable populations and elimination of health disparities. [L2.2/P2]
- 3. Describe the protective and predictive factors which influence the health of families, groups, communities, and populations. [L2.3/P3]
- 4. Describe the use of evidence based practices to guide health teaching, health counseling, screening, outreach, disease and outbreak investigation, referral, and follow-up throughout the lifespan. [L2.3/P3]
- 5. Describe the use of information and communication technologies in preventive care. [L2.6/P6]
- 6. Examine the health care and emergency preparedness needs of the local community and state of New Mexico. [L2.2/P2]
- 7. Identify clinical prevention and population focused interventions with attention to effectiveness, efficiency, cost effectiveness, and equity. [L2.2/P2]

Additional Objectives for this course to meet the Diversity, Equity, Inclusion and Power Undergraduate Requirement:

This course will meet 3 of the following objectives:

- 1. Analyze (not simply describe), evaluate, and/or interpret social issues in historical or contemporary U.S. society or in the global context from multiple perspectives while reflecting on their lived experiences, social location, identity, or social position.
- 2. Explain and analyze the dynamics of historical and/or contemporary inequality or oppression (e.g., settler colonialism, sexism, racism, ageism, heterosexism, classism, nativism, etc.) and how these dynamics shape individual lives and impact the larger social structures of their communities.
- 3. Explain and analyze the resistance of any one marginalized group in society to the historical and/or contemporary inequality or oppression (e.g. settler colonialism, sexism, racism, ageism, heterosexism, classism, nativism, etc.).
- 4. Describe or explain the dynamics of one aspect of JEADI (i.e. justice, equity, accessibility, diversity, or inclusion) with respect to race, sex, gender, class, SOGIE (sexual orientation, gender identity & expression), ethnicity, faith, ability, nationalities, veteran status, or language in the U.S. and/or in the global context.
- 5. Describe and explain inequities and unequal treatment of one or more social groups that fall under any one of the following categories: race, ethnicity, ability, faith, sex, SOGIE, nationalities, veterans, and language

**Student Handbook:** Please see current student handbook for additional policies for the nursing program. Level 2 Objectives and Program Objectives can also be found in the handbook.



# Successful completion of NMNC requirements:

A cumulative average of all theory tests at 77% or higher **AND** 

an overall grade of 77% or higher

Please note that if the test average is not met, the overall grade is not sufficient to pass the course.

ALL WORK MUST BE COMPLETED. YOU MAY NOT "TAKE A ZERO."

**LATE WORK:** late work will be accepted at a 10% penalty. Work is expected within the week it was due, or at the final class meeting date for work assigned the final week in order to be graded. Please communicate any special circumstances.

### **Evaluation/Grading Policies:**

## **Grading Scale**

A+	98-100	B+	87-89	C+ 79	D+	73-76	F 0-67
Α	93-97	В	83-86	C 77-78	D	70-72	
A-	90-92	B-	80-82	Below 77/fail	D-	67-69	

See the student handbook for complete grading policies across the nursing program.

Please note: There is **no rounding** of any score or course grade (examples: a 76.99% is not rounded to 77%. A score of 89.99% is not rounded to 90%).

PLEASE SEE COURSE CALENDAR FOR COURSE LAYOUT AND POINT BREAKDOWN FOR ASSIGNMENTS AND TESTS



# **Assigned Curricular Concepts and Exemplars with Population or Focus**

Mega-Concept/Concept Category/Concepts	Population or Focus	
Exemplars		
Participant Attribute/Health Care Participant/Individual	Lifespan	
Patient-Centered Care		
Participant Attribute/Health Care Participant/ <b>Family</b>	Lifespan	
Family Assessment		
Family Centered Care		
Participant Attribute/Health Care Participant/Community	Lifespan	
Population Health		
Disaster Preparedness		
Vulnerable Populations		
Environmental Health Assessment		
Participant Attribute/Diversity/Development	Lifespan	
Developmental Assessment		
Developmental Implications of Patient Education		
Nursing Implications of Individual Developmental Stages		
Intellectual Disabilities		
Participant Attribute/Diversity/Functional Ability	Lifespan	
Functional Assessment Across the Lifespan		
Participant Attribute/Diversity/ <b>Culture</b>	Lifespan	
Cultural Competence		
Cultural Self-Awareness		
NM Cultures, especially Anglo, Hispanic, Native American, Military		
Participant Attribute/Diversity/Spirituality	Lifespan	
Spiritual Beliefs and Relationship to Health and Illness		
Spiritual Needs Assessment		
Participant Attribute/Diversity/Health Disparities	Lifespan	
Social Determinants of Health	· ·	
NM Health Disparities		
US and Global Health Disparities		
Health Disparities in Local Community		
Social Justice/Health Care Equity		



General Information				
Academic Integrity:	Having academic integrity is paramount to your success in any class.  Plagiarism or cheating is not tolerated. Any instance of this will result in a grade of zero for that assignment. Here is the link to the UNM Academic Dishonesty Policy:  policy.unm.edu/regents-policies/section-4/4-8.html  Student Code of Conduct:  https://pathfinder.unm.edu/code-of-conduct.html			
Accommodations:	UNM is committed to providing equitable access to learning opportunities for students with documented disabilities. As your instructor, it is my objective to facilitate an inclusive classroom setting, in which students have full access and the opportunity to participate. To engage in a confidential conversation about the process for requesting reasonable accommodations for this class and/or program, please contact:  UNM-Valencia Equal Access Services <a href="https://valencia.unm.edu/students/advisement/equal-access-services.html">https://valencia.unm.edu/students/advisement/equal-access-services.html</a> Sarah Clawson, Coordinator: (505) 925-8840 or by email at <a href="mailto:sjclawson@unm.edu">sjclawson@unm.edu</a> OR  UNM-Albuquerque Accessibility Resource Center <a href="https://arc.unm.edu/atarcsrvs@unm.edu">https://arc.unm.edu/atarcsrvs@unm.edu</a> or by phone at 505-277-3506.			



# Nondiscrimination, Title IX Statement:

The University of New Mexico and its faculty are committed to supporting our students and providing an environment that is free of bias, discrimination, and harassment. The University's programs and activities, including the classroom, should always provide a space of mutual respect, kindness, and support without fear of harassment, violence, or discrimination. Discrimination on the basis of sex includes discrimination on the basis of assigned sex at birth, sex characteristics, pregnancy and pregnancy related conditions, sexual orientation and gender identity. If you have encountered any form of discrimination on the basis of sex, including sexual harassment, sexual assault, stalking, domestic or dating violence, we encourage you to report this to the University. You can access the confidential resources available on campus at the LoboRESPECT Advocacy Center (https://loborespect.unm.edu), the Women's Resource Center (https://women.unm.edu), and the LGBTQ Resource Center (https://lgbtqrc.unm.edu). If you speak with an instructor (including a TA or a GA) regarding an incident connected to discrimination on the basis of sex, they must notify UNM's Title IX Coordinator that you shared an experience relating to Title IX, even if you ask the instructor not to disclose it. The Title IX Coordinator is available to assist you in understanding your options and in connecting you with all possible resources on and off campus. For more information on the campus policy regarding sexual misconduct and reporting, please see https://policy.unm.edu/university-policies/2000/2740.html and CEEO's website.

If you are pregnant or experiencing a pregnancy-related condition, you may contact UNM's Office of Compliance, Ethics, and Equal Opportunity at <a href="mailto:ceeo@unm.edu">ceeo@unm.edu</a>. The CEEO staff will provide you with access to available resources and supportive measures and assist you in understanding your rights.



### **Student Support**

PASOS Resource Center (505) 925-8546, <a href="mailto:pasos@unm.edu">pasos@unm.edu</a>. The Resource Center is an on-campus center that serves as a "one-stop" for all non-academic needs of UNM-Valencia students.

COVID: Student Health and Counseling (SHAC) at (505) 277-3136. If you are having active respiratory symptoms (e.g., fever, cough, sore throat, etc.) AND need testing for COVID-19; OR if you recently tested positive and may need oral treatment, call SHAC.

LoboRESPECT Advocacy Center (505) 277-2911 can offer help with contacting faculty and managing challenges that impact your UNM experience.

Confidential services for students are available at LoboRESPECT Advocacy Center, Women's Resource Center, and the LGBTQ Resource Center. The Women's Resource Center supports all students, including those who are pregnant or are parents.

UNM-Valencia has lactation stations located in LRC 112 (Tomé campus) and in the Workforce Training Center.

# Respectful and Responsible Learning

We all have shared responsibility for ensuring that learning occurs safely, honestly, and equitably. Submitting material as your own work that has been generated on a website, in a publication, by an artificial intelligence algorithm, by another person, or by breaking the rules of an assignment constitutes academic dishonesty. It is a student code of conduct violation that can lead to a disciplinary procedure. Please ask me for help in finding the resources you need to be successful on this course. I can help you use study resources responsibly and effectively. Off-campus paper writing services, problem-checkers and services, websites, and Als can produce incorrect or misleading results. Learning the course material depends on completing and submitting your own work. UNM preserves and protects the integrity of the academic community through multiple policies including policies on student grievances (Faculty Handbook D175 and D176), academic dishonesty (FH D100), and respectful campus (FH CO9). These are in the Student Pathfinder (https://pathfinder.unm.edu ) and the Faculty Handbook (https://handbook.unm.edu).

#### Support:

Many students have found that time management workshops or work with peer tutors can help them meet their goals. These and other



	resources are available through PASOS (Pathways to Articulation and Sustainable Opportunities for Students), TRIO Student Support Services, and Student Learning Support at the Center for Teaching and Learning.
Connecting to Campus and Finding Support	UNM has many resources and centers to help you thrive, including opportunities to get involved, mental health resources, academic support such as tutoring, free food at Lobo Food Pantry, and jobs on campus. Your advisor, staff at the resource centers and Dean of Students, and I can help you find the right opportunities for you.
Land Acknowledgement	Founded in 1889, the University of New Mexico sits on the traditional homelands of the Pueblo of Sandia. The original peoples of New Mexico Pueblo, Navajo, and Apache since time immemorial, have deep connections to the land and have made significant contributions to the broader community statewide. We honor the land itself and those who remain stewards of this land throughout the generations and also acknowledge our committed relationship to Indigenous peoples. We gratefully recognize our history.
Citizenship and/or Immigration Status	All students are welcome in this class regardless of citizenship, residency, or immigration status. Your professor will respect your privacy if you choose to disclose your status. UNM as an institution has made a core commitment to the success of all our students, including members of our undocumented community. The Administration's welcome is found on our website: <a href="http://undocumented.unm.edu/">http://undocumented.unm.edu/</a>