

WELCOME to Introduction to Psychology ~ Online

PSYC 1110 Course Syllabus Spring 2024

Instructor contact information

Welcome to Introduction to Psychology! I look forward to working with you this semester. Below you will find several different ways to contact me. I am here to support your success!

- **Instructor:** Mallory Patterson, M.S.
- **Social Sciences Division Office:** 505.952.8600
- **Email:** mpatterson21@unm.edu (I check email daily Mon-Fri and will respond in 24 hours)
 - Feel free to email me if you would like to schedule a time to meet via Zoom for office hours!
- **Canvas:** You can utilize the Inbox on Canvas as well

If you run into any technical problems: Please contact [Technology Support Services \(Valencia\)](#) or [UNM Canvas Support](#).

Textbook: We will be using a [free online text](#) for this course.

Prerequisites: None

COURSE DESCRIPTION

This is a three credit-hour course, with weekly requirements for the sixteen-week Spring 2024 semester. You will learn how cognitive, physical, social, and psychological processes influence your life and career. The course begins with a short overview of psychology as a science and an introduction to a number of the principal methodologies most commonly deployed in its study. The subsequent units are arranged around broad areas of research, including cognition, perceptions, memory, sleep, intelligence, personality, and psychopathology. Upon successful course completion, you will be able to use psychological theories to build better self-awareness and understanding of human behavior.

TECHNICAL SKILLS AND REQUIREMENTS

- Computer—if you need a computer or increased Internet connection speed, please contact [Technology Support Services](#)
- Use UNM Canvas
- Use email in Canvas
- Use Zoom to access office hours when needed
- Open hyperlinks
- Post video URLs on Canvas—copy and paste URL into post

Procedures for Completing Coursework

- All discussion posts will open and close on specific dates and will NOT be reopened after they close. See Course schedule for dates/times.
- **Late posts will not be accepted.**

ASSIGNMENTS

Each week, there are **5 points** up for grabs. **100 points TOTAL for the entire semester!**

1 point for each of the following assignments:

- Critical Thinking Question
- Response to classmate
- Video/Current Event
- Response to classmate
- Clarification/Most Interesting

Below are my expectations for each of the weekly assignments.

1. Response to Critical Thinking Question:

- a. Each week I will post a critical thinking question relevant to the week's reading material or a supplemental video posted on Canvas.
- b. You will post your response to this question.
- c. For full credit:
 - i. Your response must fully answer the question (there might be multiple parts to the question and each part must be addressed)
 - ii. Think outside the box and have fun with it! Make it something that probes other students to engage with you or share similar/different experiences.
 - iii. Demonstrate your understanding of the material that was covered in the chapter that week

2. Response to Classmate:

- a. You will respond to at least **one** *Critical Thinking Question* post.
- b. Simply responding to a classmate saying, "WOW, I couldn't agree more" or "You are so right, I agree with what you said" will not count for credit. (We've all taken boring discussion-post classes, let's make this one more entertaining)
- c. A response to your classmate could be one of the following:
 - i. Posing a different perspective
 - ii. Agreeing with a point they made AND providing your own insight
 - iii. Asking a clarifying question about their post if something didn't make sense to you
- d. Please remember to be kind and respectful 😊

3. Video/Current Event:

- a. Each week, you will be responsible for posting a video, current event, and/or news article depicting something that is relevant to that week's reading material.
- b. ****If I have already posted a video/current event in the Critical Thinking Question or otherwise, you are *not* permitted to use the same video/current event****
- c. Have some fun with this one! The purpose of this weekly assignment is to help you start *connecting* what you are learning about psychology to the real world.
- d. Please do not simply Google "Video about Biopsychology" and choose the first one. Everyone would have the same video and let's face it, that would be very boring.
 - i. Find something that you connect with or something you find interesting/enraging—Let's try and spark some good discussions!

4. Response to Classmate:

- a. You will respond to at least **one** classmate's video/current event/news article.
- b. Again, simply responding to a classmate saying, "WOW, I couldn't agree more" or "You are so right, I agree with what you said" will not count for credit.
- c. A response to your classmate could be one of the following:
 - i. Posing a different perspective or suggesting a different point of view
 - ii. Sharing a personal experience relating to their video/current event
 - iii. Agreeing with their post AND providing your own insight/reaction to their video/current event
 - iv. Posing a question that came up for you when you watched their video or read their article
- d. Please remember to be kind and respectful 😊

5. Clarification/Most Interesting

- a. This assignment is where you are able to ask questions—*PLEASE* ask questions if something is not making sense for you!
 - i. I will respond to your questions as best as I can, but if I am not able to clarify via keyboard, we can always schedule a time to meet via Zoom so I can help you out.
 - ii. If you happen to see a question that one of your classmates posted, feel free to answer it if you think you have a better understanding. Let's try and learn from each other.

- b. If you read the material and do not have any questions (unlikely, but it happens), use this post to comment on something that stuck out to you about the material/subject. Something that made you think, “Ohhh, that’s cool” or “Wow, that makes sense why xyz happens that way.”
- c. I want to hear your thoughts about these topics and if you’re making any connections to the real world—psychology concepts are everywhere!

6. Final Project: Psychological Disorder Powerpoint Presentation

- a. Choose a psychological disorder that interests you or one you would like to learn more about. (You can browse Chapter 15, look through the DSM-5, or you can conduct a general internet search)
- b. Select **one** of the following perspectives:
 - i. Developmental
 - ii. Cognitive
 - iii. Psychodynamic
 - iv. Biological
 - v. Humanism
 - vi. Behaviorist
 - vii. Evolutionary
 - viii. Cross-Cultural
- c. You will use this perspective to explain the onset, development, or expression of symptoms of the disorder you selected. *Example: How would a behaviorist explain why the symptoms of depression develop?*
- d. You will create a 9-12 slide PowerPoint presentation, which will include the following:
 - i. A title slide
 - ii. 2 slides describing the disorder you chose (category, symptoms, prevalence). Include information that is most meaningful and relevant to fully demonstrate the disorder selected.
 - iii. 1 slide identifying the psychological perspective you chose and explaining how a psychologist, in said perspective, would view the onset/development of the disorder
 - iv. 1-2 slides explaining how brain structures or functions may be impacted by this disorder
 - v. 1-2 slides explaining how memory and/or perceptions may be impacted by this disorder
 - vi. 1-2 slides explaining how the characteristics/symptoms may have been learned through the process of behavioral learning theory or social influence
 - vii. 1 slide explaining potential treatments both traditional and non-traditional. At least one treatment should be appropriate for the

psychological perspective you selected. *Example: If you chose behaviorism, one of your treatments should be how a behavioral psychologist would treat the disorder you selected.*

- viii. 1 reference slide with at least 3 references listed. APA citation format is required. ***All references must be cited within your PowerPoint. This informs me where you found your information.***
- e. For this project, you must use credible outside research to support your statements. The following sources are considered “credible”
 - i. Peer-reviewed research articles
 - ii. Websites registered by government and educational institutions (.gov or .edu)
 - iii. Academic databases
 - iv. Materials from Google Scholar
- f. Sources to **avoid**:
 - i. Out-of-date materials
 - ii. Posts from social media
 - iii. Blogs
 - iv. Articles without citations

Weekly To-Do	Total Points	Due Dates
Critical Thinking	16	Thursday 11:59 pm
Response to Classmates	16	Sunday 11:59 pm
Video/Current Event	16	Thursday 11:59 pm
Response to Classmates	16	Sunday 11:59 pm
Clarification/Most Interesting	16	Thursday 11:59 pm
Final Project	20	Finals Week
Semester Total	100	

Grading Scale: *Your total Points* *Letter Grade*

98-100	A+
90-97.9	A
88-89.9	B+
80-87.9	B
78-79.9	C+
70-77.9	C
68-69.9	D+
60-67.9	D
≤ 59.9	F

It is your responsibility to check your “Grades” page in Canvas and ensure your points are posted correctly and contact me if you have any questions or concerns. You have one week after points have been posted to contact me regarding a grade correction. Grades may not be changed if you contact me after that time frame.

COURSE POLICIES

Accommodations: UNM is committed to providing equitable access to learning opportunities for students with documented disabilities. As your instructor, it is my objective to facilitate an inclusive setting, in which students have full access and opportunity to participate. To engage in a confidential conversation about the process for requesting reasonable accommodations for this class and/or program, please contact Cheryl Dilger, the coordinator for [Equal Access Services](#) at 925-8910 or cdilger@unm.edu.

Netiquette: Your online participation is expected to be academic and constructive. It is important to recognize that each of us may have a different point of view. It is acceptable to debate a topic using facts and citations to support your stance or viewpoint; however, you should conduct your debate in a professional tone. Here is the link to [UNM's Valencia Netiquette policy](#). Currently, UNM Valencia does not have a separate policy.

Support: Many students have found that time management workshops or work with peer tutors can help them meet their goals. These and other resources are available through [PASOS](#) (Pathways to Articulation and Sustainable Opportunities for Students), [TRIO Student Support Services](#), and [Student Learning Support](#) at the Center for Teaching and Learning.

Incomplete: Under special circumstances, a grade of Incomplete (I) can be granted. Contact me as soon as possible to arrange this and provide me with written documentation of why the course could not be completed. Please Note “Incomplete grades must be resolved no later than one year (twelve months) from the published end day of the semester in which the grade was assigned. Incomplete grades not resolved within the time frame stated in this policy will be converted automatically to an IF (failing) grade. The student is responsible for making arrangements with the instructor for resolving an incomplete grade” For more information, go to the [Dean of Students website](#).

Withdrawal: In accordance with University regulations, students withdrawing after the deadline to withdraw without an assigned grade, are assigned a grade of “W.” Check with the [Office of the Registrar](#) for semester deadlines.

Academic Integrity: Having academic integrity is paramount to your success in any class. Plagiarism or cheating is *not* tolerated. Any instance of this will result in a grade of zero for that assignment. Here is the link to the [UNM Academic Dishonesty Policy](#).

Copyright Issues: All materials in this course fall under copyright laws and should not be downloaded, distributed, or used by students for any purpose outside this course.

Title IX: Our classroom and our university should always be spaces of mutual respect, kindness, and support, without fear of discrimination, harassment, or violence. Should you ever need assistance or have concerns about incidents that violate this principle, please access the resources available to you on campus. Please note that, because UNM faculty, TAs, and GAs are considered "responsible employees" by the Department of Education, any disclosure of gender discrimination (including sexual harassment, sexual misconduct, and sexual violence) made to a faculty member, TA, or GA must be reported by that faculty member, TA, or GA to the university's Title IX coordinator. Here is more information on the [campus policy](#) regarding sexual misconduct.

Citizenship and/or Immigration Status: All students are welcome in this class regardless of citizenship, residency, or immigration status. Your professor will respect your privacy if you choose to disclose your status. As for all students in the class, family emergency-related absences are normally excused with reasonable notice to the professor, as noted in the attendance guidelines above. UNM as an institution has made a core commitment to the success of all our students, including members of our undocumented community. The Administration's [welcome](#) is found on our website.

COVID-19 Health and Awareness

We all have shared responsibility for ensuring that learning occurs safely, honestly, and equitably. Submitting material as your own work that has been generated on a website, in a publication, by an artificial intelligence algorithm, by another person, or by breaking the rules of an assignment constitutes academic dishonesty. It is a student code of conduct violation that can lead to a disciplinary procedure. *Please ask me for help in finding the resources you need to be successful in this course. I can help you use study resources responsibly and effectively.* Off-campus paper writing services, problem-checkers and services, websites, and AIs can be incorrect or misleading. Learning the course material depends on completing and submitting your own work. UNM preserves and protects the integrity of the academic community through multiple

policies including policies on student grievances (Faculty Handbook D175 and D176), academic dishonesty (FH D100), and respectful campus (FH CO9). These are in the Student Pathfinder (<https://pathfinder.unm.edu>) and the Faculty Handbook (<https://handbook.unm.edu>). Please ask for help in understanding and avoiding plagiarism or academic dishonesty, which can both have very serious consequences.

INTRO TO PSYCH SCHEDULE	
Week 1	Intro to Psychology
Week 2	Psychological Research
Week 3	Biopsychology
Week 4	States of Consciousness
Week 5	Sensation and Perception
Week 6	Learning
Week 7	Thinking and Intelligence
Week 8	Memory
Week 9	Lifespan Development
Week 10	Emotion and Motivation
Week 11	Personality
Week 12	Social Psychology
Week 13	Industrial Organizational Psych
Week 14	Stress, Lifestyle, Health
Week 15	Psychological Disorders
Week 16	Therapy and Treatment