



VALENCIA

N2410 Health & Illness III

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Spring 2022
NMNC 2410 Health & Illness III

4 credit hours

Class meets Wednesdays 08:30-11:30 am

Instructor Information

Contact Information

Name:	Meghan Parry
E-Mail:	MParry2@unm.edu
Phone:	505-710-2260 Telephone or Text
Office No.:	210
Office Hours:	Tuesdays 9:00am – 2:30pm and by appointment
Preferred Method of Contact:	Blackboard e-mail

Instructor Response Time

Communication

I routinely check Blackboard for postings or emails, Monday (8 am) – Friday (12 pm). You can anticipate a 24 to 48 hour response from me, Monday – Thursday. We will try to respond to all weekend (Friday afternoon to Sunday) emails and postings by 8am on Monday or sooner.

Please use MParry2@unm.edu for all emails and do not forget to include your student ID with initial email communications.

Grading

Graded assignments are routinely returned to students within 10 days after an assignment has been submitted for grading.

Course Information

Course Description

This course will cover health and illness concepts across the lifespan with the focus on chronic conditions. Concepts covered are related to oxygenation and hemostasis, homeostasis and regulations, protection and movement, and cognition and behavior processes

Course Objectives

Upon completion of the course, students will be able to demonstrate their understanding of the following core knowledge:

- 1. Relate the scope, risk factors, physiologic processes, attributes, and clinical management of selected concepts and exemplars across the lifespan.**

2. Investigate evidenced-based practice, standards of nursing care, and factors to improve safety related to selected concepts and exemplars.
3. Examine how members of the health care teams collaborate in the delivery of care related to selected concepts and exemplars.
4. Discuss available technology for the delivery of nursing care.
5. Apply selected health and illness concepts to the nursing care of patients across the lifespan.

Prerequisites

Successful completion of Assessment and Health Promotion, Health and Illness Concepts I, Health and Illness Concepts II, Health Care Participant, Nursing Pharmacology.

Co-requisites

NMNC 2335 Care of Patients with Chronic Conditions, NMNC 2320 Professional Nursing Concepts I.

Course Orientation

All Orientation information can be found in Blackboard Learn on the "Course Information" page.

Textbooks

Required Textbooks / Resources

Ackley, B.J. Ladwig, G.B. (2014). *Nursing Diagnosis Handbook: An Evidence-Based Guide to Planning Care* (10th ed.). St. Louis: Mosby Elsevier.

Giddens, J. (2021). *Concepts for nursing practice* (3rd Edition). St. Louis, MO: Mosby Elsevier.

Halter, M.J. (2018). *Varcarolis' Foundations of Psychiatric-Mental Health Nursing* (8th ed.). St. Lewis, MO: Elsevier.

Harding, M., Kwong, J., Roberts, D., Hagler, D., Reinisch, C. (2020). *Lewis's Medical surgical nursing: assessment and management of clinical problems* (11th ed). St Louis, MO: Elsevier.

McKinney, E.S., James, S.R., Murray, S.S., Nelson, K.A., & Ashwill, J.W. (2018). *Maternal Child Nursing Care* (5th ed.). St. Louis, MO: Elsevier.

Other Resources

1. **My Evolve** (see Blackboard Learn web link): Through your My Evolve account, you will have access to Elsevier textbook resources, E-books on VitalSource, HESI Case Studies & SimChart.

a. **Textbook Resources:** For all of your Elsevier textbooks, you can receive electronic resources associated with each text. These resources include audio glossary, case studies, interactive learning activities, key points, and video clips.

b. **E-Books on VitalSource:** Features include: interactive review questions, journaling (both personal & ability to share notes with others), text highlighting, ability to search for keywords in one or all books instantly, custom study guide creation by exporting text content and highlights & notes into Word, Concept exemplar hyperlinks at the end of each Concept (Giddens) chapter out to other textbooks..

c. **HESI Case Studies:** You can use this for study and NCLEX preparation.

d. **HESI Practice Tests:** Use these practice tests to prepare for the HESI Exams.

2. **Kaplan.** A Kaplan account will be required for this course.

Assessment and Grading

Instructor Expectations

We will give each of you 100% of our commitment to help you successfully complete the class, however, we expect 100% of your commitment to this class, which includes attending all classes, reading the textbook/assigned articles, using the resources available in Blackboard Learn, watching any assigned videos, participating in in-class group work, preparing for exams and following up with questions to the instructor.

Graded Components

Graded Work	%
Exam 1*	15
Exam 2*	15
Exam 3*	15
Topic Paper	15
Final Exam*	30
Quizzes	10
Total	100%

Exams

The NMNEC requires that students earn a course grade of $\geq 77\%$ to pass all courses.

Exams are proctored, computerized, secure assessments (tests) comprised of questions utilizing a variety of formats (i.e. multiple choice, select all that apply, fill in the blank, short answer, hot spot, ordered response, essay and dosage calculations, chart/exhibits, etc.) and given for the purpose of summative assessment. Review of exams can be done individually the week after the exam is taken. There will be no review of previous exams for the Final Exam. The Final Exam is cumulative.

Exam	Room #	Date
Exam #1	Comp Lab	3/2/2022
Exam #2	Comp Lab	3/30/2022
Exam #3	Comp Lab	4/20/2022
Topic Paper		5/4/2022
Final Exam	Comp Lab	5/11/2022

There are **no make-ups for missed exams or quizzes (this includes the pop quizzes at 8am)** unless previously arranged by the student (due to extenuating circumstances, as determined by the instructor), so **please pay attention to the start and end dates** for the quizzes. It is highly encouraged to complete the quizzes as soon as they become available. If the student is having any technological issues, the student must report to IT Help Desk as soon as possible. IT assistance is not available on the weekends.

2. Journal Articles and Videos: Journal Articles and videos may be required for this course. Although the content may not be covered in class, it is still your responsibility to read the material or watch the video. These items are testable.

Some of the questions on these quizzes may not be covered in class but are still examples of the particular concept. Students can answer as many questions as needed to reach the desired level up until the due date and time. Once that date and time as passed, the student will be graded on the level achieved as described above.

4. BlackBoard Quizzes: Some quizzes may be on Blackboard so pay attention to your Course schedule and this syllabus. All quizzes will receive a grade out of 100 points.

5. Pop Quizzes: There may be pop quizzes administered prior to the lecture. These quizzes cannot be made up if you are not present or late for class.

There will be 6 to 10 quizzes administered during this course. If more than 10 quizzes are administered, the top 10 grades will be used for the final 10% quiz grade at the end of the course.

Participation Assignment:

Grading Scale

Grades will be assigned based on the following course grading schedule:

98-100	A+	94-97	A	90-93	A-
88-89	B+	84-87	B	80-83	B-
79	C+	77-78	C		
76-73	D+	72-70	D	67-69	D-
< 67	F				

Course Format

The course will be taught using a variety of methods of instruction including: chapter readings in textbooks/articles chosen by instructor, lecture, case studies, care planning/concept maps, discussion, and in class group activities.

Assignments and Participation

Class Participation

We want all of our students to succeed! Coming to class is expected and is definitely in the student's best interest. It is important that students ask questions in class so clarifications of content can be discussed. Class is not a place to surf the internet, text friends or read a book. We will also be using both general class and small group discussions in this course.

Course Expectations & Ground Rules

Course Expectations

- Time required (15 to 20 hours per week)
- Students are expected to learn how to navigate in Blackboard Learn
- Students are expected to communicate with one another in small group projects or discussions
- Students are expected to keep informed of course announcements
- Students are expected to use the Blackboard Learn Messaging to contact instructor for personal matters as opposed to emailing the instructor at their UNM email address (exception is when Blackboard is down)
- Students are expected to keep instructor informed of class related problems, or problems that may prevent the student from full participation (send an email when you encounter problems so that the instructor knows you still have intentions of completing the course).
- Students are expected to address technical problems immediately
- Students are expected to follow UNM's Respectful Campus Policy 2240
<http://www.unm.edu/~ubppm/ubppmanual/2240.htm>
- Students are expected to observe course etiquette at all times

Instructor Drop and Withdrawal Policy

The instructor may drop a student, if the student does not complete the Questionnaire Survey, Welcome Survey or Welcome Posting by the end of the 1st week of the course [online courses]. The instructor may also drop a student during the semester/term, if a student fails or misses assignments or an exam and does not contact the instructor within one week of the failed/ missed assignment or exam. Students who miss exam 1 and do not contact the instructor via Blackboard Learn messaging within one week of the close of exam 1 will be dropped from the course. Students who have not dropped and do not take the final will receive a "W" for the course.

Course Requirements

1. 'UNM VC Identification Badge' is mandated at all times when a student is on the UNM VC campus or in a clinical experience. See the current [College of Nursing Student Handbook](#), Identification.
2. Class attendance is expected. Failure to attend may result in the student being dropped from the class. (See [Class Absences and Student Attendance](#) in [The Pathfinder – UNM Student Handbook](#))

3. All course assignments must be completed and turned in on time. Late work will not be accepted unless special arrangements **have been made in advance** with your instructor.

Student Success

The Nursing Program aims to provide optimal support so that students learn well, maintain physical and emotional health, and pass the NCLEX® on the first attempt. In keeping with this goal, we encourage all students to use the resources available through the university.

Academic Success Plan (ASP):

Students who achieve <77% on any course exam **are required** to meet with their course faculty to review incorrect answers on their exam. Students who receive < 80% on any course exam, or on several assignments, or are “unsatisfactory” on a formative clinical evaluation, will be referred to the Student Success by the course faculty. Student Success will work collaboratively with students to identify strategies to assist them and to develop individual academic success plans.

It is the responsibility of the student to contact the designated Student Success and initiate the ASP process. This responsibility is congruent with the UNM-VC and UNM College of Nursing Essential Qualifications for Undergraduate Progression and Graduation. Students will complete and submit the Academic Success Plan Tool prior to meeting with the Student Success faculty.

Special Needs

Qualified students with disabilities needing appropriate academic adjustments should contact the course coordinator by the end of the first day of class to ensure that your needs are met in a timely manner. See the UNM Pathfinder student handbook at <http://pathfinder.unm.edu/> and <http://policy.unm.edu/university-policies/2000/2310.html>.

The Accessibility Resource Center (Mesa Vista Hall 2021, 277-3506, <http://as2.unm.edu/>) provides academic support to students who have disabilities. If you think you need alternative accessible formats for undertaking and completing coursework, you should contact this service right away to assure your needs are met in a timely manner. If you need assistance in contacting the Accessibility Resource Center, see Student Advisement at the College of Nursing.

If you have any concerns regarding the functionality of the UNM Learn application in relation to accessibility, please contact the UNM Learn Support office at learn@unm.edu.

Academic Integrity

Each student is expected to maintain the highest standards of honesty and integrity in academic and professional matters. For more information, see the following polices in [The Pathfinder – UNM Student Handbook: Academic Dishonesty](#) and the [Student Code of Conduct](#).

Blackboard Learn has the Safe Assign resource available for faculty and students to check written work against a large database of academic materials for originality. Safe Assign also checks written work

against content that can be found on the internet. Papers will generate an Originality Report that will summarize matches or near-matches in the text.

Students are required to be familiar with, and adhere to the UNM College of Nursing Policy on Academic Integrity (see Appendix A). Any violation will be taken very seriously and appropriate sanctions will be applied.

Diversity

The faculty and staff of the University of New Mexico College of Nursing strive for students to experience an inclusive educational environment. Openness and respect for the diverse backgrounds and communities from which we each come enhance insight and learning. Therefore, we ask students to participate in conversations that raise the awareness of and respect for different ways of being and thinking. We invite you to please speak with the course instructor or another faculty member if you experience discomfort with comments made in the classroom, online learning environment, or other educational setting. Practicing these values enables us as a community of learners to be respectful of everyone.

Technical Considerations

Required Technology

This course is web-enhanced. In order to access your online courses students need to log onto Blackboard Learn. (<https://learn.unm.edu>). In addition, this course requires students to be able to open, use and read Word and Adobe PDF files.

Online Courses Require:

- A high speed Internet connection is highly recommended.
- Supported browsers include: Internet Explorer, Firefox, and Safari. Detailed Supported Browsers and Operating Systems: <http://kb.blackboard.com/pages/viewpage.action?pageId=38830689>

Any computer capable of running a recently updated web browser should be sufficient to access your online course. However, bear in mind that processor speed, amount of RAM and Internet connection speed can **greatly** affect performance.

Online courses perform best on a high speed Internet connection. Those using dial-up connections will experience longer page load times and much slower performance when accessing their online course. Many locations offer free high speed Internet access including [UNM's Computer Pods](#) or one of UNM's many [Statewide Centers](#).

For additional information: see <http://nursing.unm.edu/resources/it/index.html>

For Technical Help: 505-272-8112 or submit a web IT support ticket at <http://nursing.unm.edu/resources/it/index.html>

Blackboard Learn Tracking

Blackboard Learn automatically records all students' activities including: your first and last access to the course, the pages you have accessed, the number of discussion messages you have read and sent, chat

room discussion text, and posted discussion topics. This data can be accessed by the instructor to evaluate class participation and to identify students having difficulty.

Course Interruptions and Scheduled Maintenance

In the Event of an Unexpected Course Interruption

If Blackboard is down on the day an assignment or exam is due, [click here to enter text](#).

Scheduled Maintenance

Blackboard Learn has a daily scheduled maintenance window from 4:30 am – 5:30 am when Blackboard Learn is not available. There is also a routine maintenance window every Saturday from 6:00 am – 12 noon which may be used for system maintenance. In addition, UNM IT may conduct general system maintenance that affects multiple systems on campus, including Blackboard Learn. The general system maintenance window is on Sundays from 6:00 am – 12 noon. Announcements for the Saturday and Sunday maintenance windows are normally posted in Blackboard Learn two weeks ahead of time to notify users of planned outages.

Student Course Access at the End of Term/Semester

UNM New Media and Extended Learning (NMEL) provides access to your course for 2 weeks after the end of the course. At that time NMEL will eliminate student course access.

Netiquette Ground Rules

See Netiquette Ground Rules document in your course on the course information page. Use proper grammar and spelling (type your postings in WORD first in order to use spell check then copy and paste into Blackboard Learn- this will also save you retyping it if should happen in Blackboard with your posting).

Drop and Withdrawal Policy

This course falls under all UNM: CON policies for the last day to drop courses, etc. Please see <http://www.unm.edu/studentinfo.html> or the [UNM Course Catalog](#) for information on UNM services and policies. Please see the calendar posted under “Resources” on the CON homepage for course dates, the last day to drop courses without penalty, and for financial disenrollment dates.

Students who withdraw from a NMNEC nursing course are not allowed to progress. A course withdrawal is considered a course failure.

Inclement Weather

Students are not expected to be in class if the University closes. **The University will attempt to align delays and closures of the Albuquerque campus with delays and closures of the Albuquerque Public Schools.** See the UNM policy on [Inclement Weather](#). **LoboMobile** is a free android/smartphone application available to provide additional information and alerts.

Masking Requirements

The University of New Mexico presently [requires masks to be worn indoors by all individuals, vaccinated and unvaccinated, at all locations](#) on all UNM campuses, as well as our regional site in Sandoval County. All students, faculty, staff and visitors should wear their masks **at all times** in UNM buildings, unless they are eating, drinking, or in an office alone. Masks must be worn properly to cover the nose and mouth.

In order to further protect students, staff, and faculty in UNM learning and research environments, *cloth masks will no longer comply with the existing masking requirements.* **Effective January 18, UNM will require that medical or health grade masks be worn.** UNM students, staff, and faculty should wear three-ply or better medical/health procedure masks (ASTM Type 1, 2 or 3 or better). As the Omicron variant is highly transmissible, cloth masks do not afford the best protection against smaller aerosols or particles potentially laden with airborne virus if infected people are present. Cloth masks may be worn on top of the required medical or health grade masks to enhance fit but should not be worn alone. Please watch this [helpful video](#) to improve the fit of your mask.

At all indoor UNM events, attendees must wear masks throughout the event unless actively drinking or eating, in accordance with the New Mexico Public Health order. At UNM events where attendees include individuals who are not UNM faculty, staff, or students, **event organizers may choose to require those in attendance to provide proof of vaccination or a negative COVID test dated within the last 72 hours.** Such proof may be actual cards or documents or photographs on a mobile device. Individuals who are assigned the responsibility for checking vaccination status may find it helpful to review the vaccination verification training.

Please help us continue good public health practices (handwashing; staying home when ill; physical distancing, when possible; mask-wearing, etc.) so we all stay safe and healthy. This policy aligns with the current UNM Health Sciences Center policy for all individuals to wear masks in indoor settings, whether vaccinated or unvaccinated, giving us a consistent policy for all our sites in Albuquerque.

Bring Back the Pack

For full Bring Back the Pack guidelines, please see the link below:

<https://bringbackthepack.unm.edu/protecting-the-pack/vaccination-testing-and-masking-requirements.html>

