



Name of Department: Instructor Name: Office Location: Office Hours: E-mail: Telephone: Class Meeting Lab/Clinical Days/Times Pre-requisites: Co-requisites:	Nursing Julia Sedillo, MSN/Ed., RN; Shenn Lizzi RN Room 111 Tuesday 1300-1600. Wednesday 08-1100 and by appointment. jusedillo@unm.edu slizzi@unm.edu 505-280-3027 (c) Office: 505-925-8873; 505 925-8500 Wednesday 12-1400 Monday 0830-1400, Friday Simulation TBD, Clinical Hours Monday(s). Hospital clinical will begin after Spring Break. Admission to Nursing Program; NURS 1110 Introduction to Nursing Concepts; NURS 1135 Principles of Nursing Practice. NURS 2320 Health and Illness Concepts I; NURS 1220 Health Care Participant; NURS 1230 Pharmacology
(Spring 2022) Syllabus	
Title of Course:	NURS 1235 Assessment and Health Promotion
Course Description:	This course introduces the nursing student to the assessment of and the health promotion for the health care participant as an individual, a family, or a community. This course uses seminar, laboratory and clinical settings.
Credit Hours and Contact Hours:	4 CH: 1 credit didactic/3 credits lab & clinical 16 contact hours didactic-144 hours lab & clinical/semester
Course Outcomes	Upon successful completion of this course, the student will: <ul style="list-style-type: none"> • Assess physical health including a focus on the health/illness beliefs, values, attitudes, developmental level, functional ability, culture, and spirituality of the participant. • Assess family health including a focus on family health history, environmental exposures, and family genetic history to identify current and future health problems. • Collaborate with a community to assess their health needs. • Utilize community assessment data and evidence-based practice as basis for identifying community health needs.

	<ul style="list-style-type: none"> • Document health assessments in the electronic health record or written formats. • Share community assessment data with other healthcare professionals to identify needed interventions. • Explain the role of the nurse in relation to advocacy for the health care recipient.
<p>Required Text(s) and Supporting Materials:</p>	<p>-Jarvis, C. (2020). Physical Examination & Health Assessment (8th ed.) -Giddens, J. (2017). Concepts for nursing practice. (3rd Ed.).. -Potter, P.A. Perry, A.G. (2015). Essentials of Nursing Practice (9th ed.) -McKinney, E., & James, S. (2012) Nursing. 45h ed. St. Louis, MO: Elsevier -McKinney, E., & James, S. (2012). Study guide: Maternal-child nursing. 5th ed. -Lewis, S., & Bucher, L. (2016). Medical-Surgical nursing: Assessment and management of clinical problems. 12th ed. -Halter, M. (2018). Varcarolis' foundations of psychiatric-mental health nursing. 8th Ed. -Pagana, K., & Pagana, T. (2016). Mosby's diagnostic and laboratory test reference. 13th ed. - Kaplan Resources</p> <p>Online Components: Evolve Nursing Concepts Online and UNM Blackboard Learn.</p>
<p>Course Communication</p>	<p>Effective, ongoing communication is a key element of success in the nursing program. Instructors and staff communicate with students via email when not in class. Students need to check their UNM and Blackboard email accounts regularly. Full-time nursing instructors have voice mail, and communication should take place directly with your instructor. Full-time instructors hold scheduled office hours as posted in their syllabus and outside of their offices, and students may schedule conferences as needed. In addition, there is student representation on the nursing faculty committee, and the representatives are responsible for communicating pertinent information to classmates. Part-time faculty will identify their preferred method for communication to the students.</p>
<p>Electronic Device Usage:</p>	<p>Cellphones and other devices except laptop computers are not permitted in the classroom setting. They must be silenced and put away. A cellphone that rings, vibrates, or is used during class or testing will result in the student being excused from the class or test. Any make-up of assignments or exams due to violation of this policy is solely at the discretion of the instructor. The use of computers is acceptable in the learning context of the class. Lectures may be audiotaped at the express permission of the instructor. Classroom capture is not available currently.</p>

<p>Academic Integrity</p>	<p>Having academic integrity is paramount to your success in any class. Plagiarism or cheating is not tolerated. Any instance of this will result in a grade of zero for that assignment. Here is the link to the UNM Academic Dishonesty Policy: policy.unm.edu/regents-policies/section-4/4-8.html. The policy states:</p> <p><i>Each student is expected to maintain the highest standards of honesty and integrity in academic and professional matters. The University reserves the right to take disciplinary action, up to and including dismissal, against any student who is found guilty of academic dishonesty or who otherwise fails to meet the expected standards. Any student judged to have engaged in academic dishonesty in course work may receive a reduced or failing grade for the work in question and/or for the course.</i></p> <p>Academic Dishonesty is defined as: <i>"Academic dishonesty" includes, but is not limited to, dishonesty in quizzes, tests, or assignments; claiming credit for work not done or done by others; hindering the academic work of other students; misrepresenting academic or professional qualifications within or without the University; and nondisclosure or misrepresentation in filling out applications or other University records.</i></p>
<p>Classroom Use/ Attendance/ Professional Behavior</p>	<p>The classroom is available for student use outside of regularly scheduled classes when other classes are not in session. There is a reference area and computers available. In accordance with UNM policy there is no eating or drinking allowed in the classroom. Students may have water in enclosed bottles during class.</p> <p>See the current Student Nurse Handbook for complete listing of attendance and professional behavior policies. https://valencia.unm.edu/academics/nursing/applications/student-handbook-2016.docx</p>
<p>Student Concerns or Grievances</p>	<p>UNM-Valencia nursing program follows the specific Grievance Procedure as provided in the UNM-Valencia Catalog. Prior to participating in the campus procedure, the student is encouraged to review their complaint within the nursing department by following these steps:</p> <p>SBAR: To be used as a tool for communicating student concerns in a professional manner.</p> <p>Instructions:</p>

	<ul style="list-style-type: none"> • The student completes the SBAR using professional language to communicate a concern about classroom, clinical or lab. You may check with your faculty if you are unsure if this process is necessary. • Email the completed SBAR to the instructor. • The instructor will contact the student after reviewing the SBAR to schedule a face-to-face meeting to discuss the SBAR. The student should bring a printed copy to the meeting.
STUDENTS WITH DISABILITIES:	<p>In accordance with University Policy 2310 and the Americans with Disabilities Act (ADA), reasonable accommodations are made to all qualified students unless such accommodations fundamentally alter a program or service or place an undue hardship on the operation of the University. If you have a documented disability, the Equal Access Services office will provide me with a letter outlining your accommodations. I will then discuss the accommodations with you to determine the best learning environment. If you feel that you need accommodations, but have not documented your disability, please contact Jeanne Lujan, the coordinator for Equal Access Services at 925-8910 or jmlujan@unm.edu.</p>
EQUAL OPPORTUNITY AND NON-DISCRIMINATION:	<p>In an effort to meet obligations under Title IX, UNM faculty, Teaching Assistants, and Graduate Assistants are considered “responsible employees” by the Department of Education (see page 15 - www2.ed.gov/about/offices/list/ocr/docs/ga-201404-title-ix.pdf). This designation requires that any report of gender discrimination which includes sexual harassment, sexual misconduct and sexual violence made to a faculty member, TA, or GA must be reported to the Title IX Coordinator at the Office of Equal Opportunity (oeo.unm.edu). For more information on the campus policy regarding sexual misconduct, see: https://policy.unm.edu/university-policies/2000/2740.html .</p>
<p><u>Teaching Methods:</u> NURS 1235 will use a variety of approaches to meet the course outcomes. These instructional methods may include, but are not limited to lecture, audio-visual materials, guided discussions, group projects, role playing, self-evaluation, written assignments, computer and on-line activities, decision-making exercises, laboratory exercises and clinical experiences.</p>	
<p>Successful completion of NURS 1235 requirements: A cumulative average of all theory tests at 77% or higher</p>	

and
An overall course grade of 77% or higher
and
A passing grade in lab and clinical
and
Completion of all components of the course.

Evaluation/Grading Methods:

See the Nursing Student Handbook for all policies and requirements.

This Syllabus, including the Course Schedule, is subject to change at the discretion of the instructor in accordance with UNM Valencia Academic Policies. In the event there is a discrepancy between the syllabus and the Student Handbook, the current Student Handbook is the authoritative source.

Grading Scale:

98-100 A+
93-97 A
90-92 A-
87-89 B+
83-86 B
80-82 B-
79 C+
77-78 C
73-76 D+
70-72 D
67-69 D-
0-67 F

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Exams	70%
Simulation	10%
Kaplan	10%
Adaptive Quizzing	10%

(This is subject to change)

NOTES- Review of Syllabus

1. Locate Office hours
2. After reading the Course Outcomes, choose two that relate to the importance of your goals for this class. Please offer a brief explanation.
3. Describe how V Sims will be assigned in this class.
4. What is the tool for communicating Student Concerns in a professional manner?
5. Briefly summarize the masking requirements for indoor spaces.
6. List three requirements for successful completion of NMNEC 1235.

7. Indicate that you read the Netiquette and Behavior Expectations with your initials here _____.
8. What is the purpose of the NMNEC medication calculation guidelines?
9. Review the NMNEC medication calculation guidelines before your dosage calculation test.
10. *Good Luck and Have a Great Semester!*

NETIQUETTE AND BEHAVIOR EXPECTATIONS



One of the most overriding principles in online conversations is to “craft your responses effectively.” Please, follow these guidelines in *all* responses and discussion postings.

- Honor everyone’s right to an opinion
- Respond honestly but thoughtfully and respectful, use language which others will not consider foul or abusive.
- Be prepared to clarify statements which might be misunderstood or misinterpreted by others.
- Do not send messages that are written all in upper case; this is the equivalent of SHOUTING. It is considered aggressive and bad behavior. If you feel like shouting a message, take a deep breath and wait until you have calmed before responding.

KAPLAN POLICY

The UNM-Valencia Nursing Program has adopted a comprehensive assessment and review program from Kaplan Nursing. The intent of this program is to provide students with the tools they need to be successful in the nursing program and on the NCLEX-RN. The Kaplan program is 10% of the student's grade.

Kaplan also provides both focused review (practice) and integrated (proctored tests). The focused review tests are designed for student self-assessment and provide students with immediate question feedback and rationales. Instructors will direct the students to the appropriate focused review tests in each course. In order to receive credit, students must complete the focused review tests as assigned and during the designated time period specified in individual course syllabi. In order for the student to take the Kaplan integrated test, each student must have completed the assigned online focused review test(s). Grade points for focused review tests are awarded based on the score achieved. The 10% of each course grade allotted to Kaplan will be derived from four sources and totaled for a possible 100 points

Focused Review (practice) Test in Assigned Content Area	Points
90-100%	25
80-89.9%	20
60-79.9%	15
40-59.9%	10
< 39.9%	0
Integrated (proctored) Test in Content Area	
≥ 70 th percentile	25
60- 69.99 th percentile	20
50–59.9 th percentile	15
40–49.9 th percentile	10
<40 th percentile	0
Remediation of Focused Review Test(s)	
Remediates all questions minimum of 1 minute	25
Remediates all questions minimum of 45 seconds	20
Remediates only wrong questions minimum of 45 seconds	15
Remediates >50% minimum of 45 seconds	10
Remediates < 50% and/or minimum of 45 seconds	0

Remediation of Integrated Test	
Remediates all questions minimum of 1 minute	25
Remediates all questions minimum of 45 seconds	20
Remediates only wrong questions minimum of 45 seconds	15
Remediates >50% minimum of 45 seconds	10
Remediates < 50% and/or minimum of 45 seconds	0
Total points	100

UNM COVID-19 Updates for UNM Main & Branch Campus. Spring 2022.

UNM Administrative Mandate on Required Vaccinations

UNM requires COVID-19 vaccination and a booster for all students, faculty, and staff, or an approved exemption (see: UNM Administrative Mandate on Required Vaccinations).

Proof of vaccination and booster, or a medical, religious, or online remote exemption, must be uploaded to the UNM vaccination verification site. Failure to provide this proof may result in a registration hold and/or disenrollment for students and disciplinary action for UNM employees.

Booster Requirement:

Individuals who received their second dose of a Pfizer or Moderna vaccine on or before June 15, 2021, or their single dose of a Johnson & Johnson vaccine on or before October 15, 2021, must provide documentation of receipt of a booster dose no later than January 17, 2022.

Individuals who received their second dose of a Pfizer or Moderna vaccine after June 15, 2021 or who received their single dose of Johnson & Johnson after November 15, 2021 must provide documentation of receipt of a booster within four weeks of eligibility, according to the criteria provided by the FDA (6 months after completing an initial two-dose Moderna vaccine, 5 months after completing the Pfizer sequence, and 2 months after receiving a one-dose Johnson and Johnson vaccine).

International students: Consult with the Global Education Office.

Exemptions: Individuals who cannot yet obtain a booster due to illness should request a medical, religious, or online remote exemption (which may have an end date) and

upload this to the vaccination verification site.

Medical and religious exemptions validated in Fall 2021 (see your email confirmation) are also valid for Spring 2022 unless an end date was specified in the granting of a limited medical exemption. Students must apply for a remote online exemption every semester.

UNM Requirement on Masking in Indoor Spaces:

All students, staff, and instructors are required to wear face masks in indoor classes, labs, studios and meetings on UNM campuses, see the masking requirement. Students who do not wear a mask indoors on UNM campuses can expect to be asked to leave the classroom and to be dropped from a class if failure to wear a mask occurs more than once in that class. Students and employees who do not wear a mask in classrooms and other indoor public spaces on UNM campuses are subject to disciplinary actions. Medical/health grade masks are the best protection against the omicron variant and these masks should be used, rather than cloth.

COVID-19 Symptoms and Positive Test Results:

Please do not come to a UNM campus if you are experiencing symptoms of illness, or have received a positive COVID-19 test (even if you have no symptoms). Contact your instructors and let them know that you should not come to class due to symptoms or diagnosis. Students who need support addressing a health or personal event or crisis can find it at the Lobo Respect Advocacy Center.

NMNEC Medication calculation guidelines

Purpose: To assure medication dosage calculation accuracy in NMNEC graduates.

Guidelines:

1. Calculation testing at each level.
2. Students must pass before administering medications in clinical or in the lab setting.
3. Passing level is 90% or greater, determined by individual schools.
4. Students will be given at least one retest opportunity, as determined by individual schools.

5. The test will be on calculations, requiring interpretation of clinical data.

6. Calculations to be tested:

A. L1 & 2

1. Interpret medication orders and standard abbreviations needed for dosage calculations;
2. Convert within and between these selected measurement systems:
 - a. Metric
 - i. Convert weight between micrograms, milligrams, grams, and kilograms
 - ii. Convert volume between milliliters and liters
 - b. Convert metric to Household
 - c. Convert weight between pounds and kilograms
 - d. Convert volume between ounces and milliliters
 - e. Convert volume between teaspoons and milliliters
3. Calculate dosages of oral medications.
4. Calculate parenteral medication volumes and dosages.
5. Determine if an ordered amount is within a safe/recommended range.

B. L3 with increasing difficulty in later levels

6. Calculate infusion rates and times for intravenous administration.
7. Calculate volumes between milliliters per hour and drops per minute.
8. Calculate total/end infusion times for intravenous fluids.
9. Calculate amounts/times to administer IV push medications.
10. Calculate infusion rates/times for intermittent intravenous (piggyback) infusions.
11. Determine dosages based on a patient's clinical data (age, weight, vital signs or lab results)
12. Calculate rates/dosages/amounts for intravenous medication drips.

7. Rounding rules

- A. Dosage less than 1, round answers to nearest hundredth.
- B. Dosage between 1-10, round answers to nearest tenth.
- C. Dosage greater than 10, round answers to the nearest whole number.
- D. For all weights, the final answer is rounded to the nearest tenth.
- E. Pediatrics round dosage answers to nearest hundredth.
- F. All IV hourly rates round to the nearest tenth.

G. All IV drops per minute rates round to the nearest whole number

Date	Week: Topic	Lecture Wednesday 12-1400	Lab Monday 0830-1400 (The following Monday after Wednesday lecture, is for skills practice and check-off)	Clinical (See clinical schedule)
1/19-1/24	1: Health Hx, Health Promotion	Read Jarvis, Ch. 4, Ch. 9, Ch. 10. Health History, General Survey, Vital Signs Sherpath	Health History General Survey and Vital Signs Dosage Calculation Review (1/24)	Clinical rotation will start after Spring Break, occurring every Monday from March 21 st – May 2, 2022
1/26 - 1/31	2: Assessment Techniques, Mobility	Read Jarvis, Ch. 8, Ch. 23, Ch. 32 Pgs. 52-54 McKinney Ch. 54 Sherpath	Practice assessment techniques Observe ROM, assess muscle strength and symmetry, assess gait Functional Ability Assessment Fall Risk Assessment Dosage Calculation Test #1** (1/31)	** If you do not pass your dosage calculation test, you will have a 2nd attempt on Tuesday, 2/8. IF a 3rd attempt is needed, arrangements will need to be made with the instructor. Sherpath EAQ V Sim Vernon Russell V Sims may be substituted for clinical in the event of clinical being cancelled.
2/2 - 2/7	3: Cognition, Gas Exchange	Read Jarvis, Ch. 19 Ch. 24, Sherpath	Mental status, LOC Evaluate speech, PERRLA, GCS	Sherpath EAQ V Sim Christopher Parrish

		Dosage Calculation Test #2** if needed (2/08 opportunity) Exam #1	Evaluate breathing effort, lung sounds, swallow, oxygen	
2/9 - 2/14	4: Skin Integrity, Nutrition, Elimination	Read Jarvis, Ch. 12, Ch. 13, Ch. 22 Ch. 25 & 27 sections on elimination Sherpath	Inspect wounds, skin lesions, oral cavity, spine, and skin. Height, weight, BMI Abdomen assessment, bowel sounds NG Insertion	Sherpath EAQ
2/16 – 2/21	5: Perfusion, Sensory Perception	Read Jarvis Ch. 15, Ch. 16, Ch. 20, Ch. 21 Sherpath Exam #2	Perfusion assessment, heart sounds. Inspect eyes and ears. Assess hearing and vision	V Sim Mona Hernandez V Sim Jared Griffin
2/23 - 2/28	6: Comfort	Read Jarvis Ch. 11 Sherpath	Pain assessment	V Sim Sara Lin Sherpath EAQ
3/2 - 3/7	7: Mental Health	Read Jarvis Ch. 5, Ch. 6 Sherpath	Mental Health Assessment, Depression, ETOH/Drug screening, Violence Head-to-toe Practice Case Study	<i>Stress & Coping/PTSD</i> Case Study
3/9	8: Physical Assessment	Read Jarvis Ch.28. Sherpath Exam #3	Head-to-toe Assessment Practice Complete Case Study if needed	V Sim Josephine Morrow Sherpath EAQ
3/14 - 3/19	No Class	No Scheduled Readings	Spring Break	Enjoy your time off
3/23 - 3/28	9: Clinical	Read Jarvis Ch.31	Pre and postpartum assessment Fundal Height, Leopold's maneuvers, Fetal Heart Rate	

3/30 - 4/4	10: Clinical	Read Jarvis Ch. 29 Kaplan Practice	Newborn Assessment Apgar scoring	Peds Simulation
4/6 - 4/11	11: Clinical	Exam #4 Kaplan Due	Head-to-toe Assessment Check offs	OB Simulation
4/13 - 4/18	12: Clinical	Kaplan Proctored		V Sim Marvin Hayes
4/20 - 4/25	13: Clinical	Kaplan Due		V Sim Kim Johnson
4/27- 5/2	14: Clinical			
5/4- 5/9	15: Review			F & E/CKD- Simulation
5/11-5/16	16:	Finals Week		

Lab/Clinical Hours

Lab - 36

Simulation 24

Clinical - 36

(V Sim – 60)- only if needed for clinical make-up

Case Study - 10

Virtual Disaster Drill 20

Total hours