

Introduction to Psychology

Course Syllabus ~ Online

PSYC 1110: Spring 2021—1st 8-week class

Instructor: Cheryl Bryan, Ph.D.

Social Sciences Division Office: 505.925.8600

My Office: This semester it's virtual via Zoom.us (Instructions on how to use Zoom are in the *Start Here* Module in Learn. Also, UNM students have a free Zoom account.)

Options to communicate with me during my primary Office Hours: Mondays and Wednesdays, 10:30 AM to 1:30 PM; however, you can also reach me via the following from 7:00 AM to 7:00 PM, every day of the week *except* Mondays and Wednesdays, 8:45 -10:15 AM and 1:30-2:45 PM. If it is outside of my office hours, please be patient if it takes a few minutes for me to get back to you.

REMIND: Please access REMIND via the link below—add yourself to our class now! We will use REMIND for primary office hours and other times noted above for urgent needs, and Course Messages in Learn for general email correspondence. <https://www.remind.com/join/1110online>

Zoom.us: We can meet during office hours or by appointment—we'll schedule a time that works for us both. Either way, use the office hours Zoom link to connect, which is located at the top of the Course Home page in Learn.

Email: Use the *Course Messages* tab in Learn (To start an email, click "Create Message" and then "To" to see a drop-down list in which you will see my name.) **Do Not** send any mass emails from this area. If you want to contact the class as a whole, use General Class Questions—see below. I do not reply to student emails in LoboMail in a timely fashion, instead use Course Messages in Learn, where you will get a timely response (See *Instructor Response Time*, page 3).

General Class Questions" (under the "**Discussion**" tab and at the bottom of each module in Learn): Go there if you have a question about course material or assignments. Using this tool allows all students to view your question & my answer—*students are encouraged to answer each other's questions as well*. If you prefer, you can post in this area anonymously.

Emergencies ONLY: If Learn is down, you can contact me using LoboMail (cbryan@unm.edu).

If you run into any technical problems: Please contact UNM Learn at 277-0857 or toll free (1-877) 688-8817 **Email:** learn@unm.edu.

Textbook: Ciccarelli, S. K., and White, J. N. (2015). *Psychology: an exploration. 3rd Edition*. NY: Pearson Publishers.

Prerequisites and Co-requisites: None

COURSE DESCRIPTION

This course will introduce you to the concepts, theories, significant findings, methodologies, and terminology that apply to the field of psychology. An appreciation for cultural diversity is an integral part of this course and will be addressed in the text, audio lectures, and video segments. Audio lectures will be used both for clarifying text material and for discussing material not covered in the text. You are responsible for text material in addition to lecture material, but lecture material will be the primary focus in each of your exams.

COURSE OBJECTIVES:

The following are the course learning objectives. Each module will have specific chapter learning objectives listed on the Overview Page. The activities in each module (i.e.: discussions, assignments, and assessments) are developed so that you can demonstrate you have met these objectives. Please see our Course Map in Learn or each chapter module for clear connections between objectives and assignments.

COURSE OBJECTIVES (cont.):

Upon successful completion of this course, you will be able to:

1. Explain how the scientific method and psychological research methodologies are used to study the mind and behavior.
2. Recall key terms, concepts, and theories in the areas of neuroscience, learning, memory, cognition, intelligence, motivation and emotion, development, personality, health, disorders and therapies, and social psychology.
3. Explain how information provided in this course can be applied to life in the real world.
4. Identify the major theoretical schools of thought that exist in psychology as they relate to the self, the culture, and the society.

COURSE LEARNING OUTCOMES ON ESSENSIAL SKILLS

Communication:

- Verbal and written communication with peers and instructor
- Evaluating and presenting, reading and analyzing, and written communication in discussion posts

Critical Thinking:

- Evaluation of a problem
- Evidence acquisition
- Evidence evaluation

Personal & Social Responsibility

- Intercultural understanding and competence
- Analyze and explain issues pertaining to human emotion, cognition, and behaviors

TECHNICAL SKILLS AMD REQUIREMENTS

Technical Skills: In order to participate and succeed in this class, you will need to be able to perform the following basic technical tasks:

- Use UNM Learn—Have you taken the Bb Learn Orientation through Valencia Campus? If so, you will earn 5 points of extra credit for submitting your completion certificate within the first two weeks of class. Also, to refresh (or learn for the first time), you can use the help documentation located in the "How to Use Learn" link, which is located in the left-hand column/course menu in Learn.
- Use Learn Email ("Course Messages") – including attaching files, opening files, downloading attachments
- Use Zoom (for online meetings with Instructor)
- Send me a text message via REMIND app
- Copy and paste within applications including Microsoft Office
- Open a hyperlink (click on a hyperlink to get to a website or online resource)
- Use Microsoft Office applications (*If you are working on an Apple devise, you will need to translate all documents to a MS Word format.*)
 - Create, download, update, save and upload MS Word documents
 - Download, change view, as well as print and/or save MS PowerPoint presentations
 - Create, download, update, save and upload PDF files

TECHNICAL SKILLS AND REQUIREMENTS (cont.)

Technical Requirements: For UNM Learn Technical Support: (505) 277-0857 (24/7) or use the “Create a Support Ticket” link in our course in Learn.

Computer: A high-speed Internet connection is highly recommended.

- If you need a computer or increased Internet connection speed, please contact **Technology Support Services**. If they can't help you, they can direct you to the proper person.
- Supported browsers for Learn include: Internet Explorer, Firefox, and Safari. **Detailed Supported Browsers and Operating Systems**.
- Any computer capable of running a recently updated web browser should be sufficient to access your online course. However, bear in mind that processor speed, amount of RAM and Internet connection speed can **greatly** affect performance. Many locations offer free highspeed Internet access including UNM-V Learning Center and Library, as well as **UNM's Computer Pods**.
- For using the Kaltura Media Tools inside Learn, be sure you have downloaded and installed the latest version of **Java**, **Flash**, and **Mozilla Firefox**. They may not come preloaded.
- Microsoft Office products are available free for all UNM students (more information at **UNM IT Software Distribution and Downloads**).

Tracking Course Activity: UNM Learn automatically records all students' activities including: your first and last access to the course, the pages you have accessed, the number of discussion messages you have read and sent, discussion text, and posted discussion topics. This data can be accessed by the instructor to evaluate class participation and to identify students having issues.

COURSE STRUCTURE AND REQUIREMENTS

Instructor Response Time: *Within Learn*, I routinely check for student correspondence and respond within 24 hours (Mon - Thurs) and 48 hours (Fri - Sun). I will not guarantee a response time if you email me through LoboMail—instead, use Course Messages in Learn. If Learn is unavailable, and you *must* reach me *immediately*, you can always send me a REMIND message between the hours of 7:00 AM and 7:00 PM. If you email me through LoboMail, please note that it is UNM policy to *not* accept email from non-UNM accounts. In other words, I will not respond to emails from your gmail or other such accounts. Also, be sure to put something in the subject line; otherwise, I might not read it thinking it is SPAM.

COVID-19—Instructor Response Time: Should I become ill due to COVID-19, I will notify you immediately through Announcements in Learn. Additionally, depending on how ill I am at the time of your correspondence, my response time may vary from the above promised response time.

Procedures for Completing Coursework:

- All assignments/assessments open and close on specific dates at specific times and will NOT be reopened after they close—see Course Schedule for assignment dates/times.
 - o **COVID-19:** Should you become too ill to complete your assignments or have a related issue, ***you must notify me immediately***. Discussions and Quizzes cannot be made-up; however, I will create a journal assignment to replace *one* missed discussion. You may replace the discussion with a journal entry ***if*** I'm notified ***before*** the discussion is due. Your ability to perform while ill (or the related issue) will determine how long you have to write the journal entry. Quizzes are open for one to three weeks, so I strongly suggest that you take the quizzes when they open and not wait until the night before they close. Once closed, quizzes will not reopen for any reason; however, there is extra credit that can replace two quiz scores.
- All work in this course needs to be submitted within Learn. If you have difficulty using a tool to complete work, use the “Create a Support Ticket” link in the Course Menu immediately and notify me (your instructor) as well. If necessary, we'll make other arrangements.

Procedures for Completing Coursework (cont.):

- **Make-up Exam (not quizzes):** Generally speaking, there are NO make-up exams (for missed exams) in this course; however, occasionally there are legitimate reasons for missing an exam. Please let me know, either in advance or within 24 hours of the exam, if you are unable to take an exam. Depending on circumstances, you may be allowed to make up the exam—however, it might be a different exam than originally posted on Learn; it may be an essay exam.

ASSIGNMENTS—Evaluation of your mastering course content

Plagiarism Tutorial: (10 points – 3.5% of your final grade)

The University of Indiana has developed a tutorial to help students understand plagiarism. This on-line tutorial, which takes approximately 1-2 hours, is *required* for this course. [Online tutorial and assessment](#). You will need to submit your unique confirmation certificate to receive credit for taking the tutorial. ***Do not send me only your confirmation number***—this number does not give me access to your certificate. You may have to take a screen shot (or two) of the completion information.

If you're having issues passing the test, we can meet via Zoom to go over it together.

Discussions: (5 x 10 points = 50 points: 19% of your final grade)

You will complete five (5) discussions, one of which is a “get to know your classmates” discussion in the Start Here Module. This assignment is titled Introduction Discussion. In the remaining four discussions, you will relate what you have learned in a particular segment, what needs further explanation/study, and how you can apply learned information to your life—Minimum 500 words. You will also respond to two other students' post—at least three sentences and more than simply an agreement for what they wrote.

Quizzes: (12 x 5 = 60 points: 21% of your final grade)

There are 12 quizzes (one per chapter), which open at designated times in Learn (see schedule)—*each quiz is open until the night before the respective exam, closing at 11:59 p.m.* You can take each quiz as often as wanted (while open) with your highest score counting toward your grade. Each quiz has 20 questions and is worth a total of five (5) points each (.25 points per question). ***Quizzes CANNOT be made up if missed (for any reason) and will not be reopened at a later date***, as all quizzes are open for at least 10 days. You will have 30 minutes to complete each 20-question quiz. Within a chapter no two quizzes are the same, and exam questions will *not* be taken from the quiz questions. All quiz questions are taken from the textbook.

Exams: 150 points (2 of the first 3 exams + final exam = 150 points: 53% of your final grade)

Four examinations will be given covering material presented in the *lectures, text, and videos*. All of the examinations are noncumulative. Exams will consist of objective questions in a multiple-choice format. You will have 75 minutes to take each exam, although each is designed to require only 50 minutes. Each exam is worth 50 points (50 questions) and each is worth approximately 17.66% of your final grade in this class. Your lowest of your 1st 3 exam scores is dropped.

Peer-Reviewed Journal Assignment: 10 point (3.5% of your grade)

You will find and summarize a psychological peer-reviewed journal article on the topic of your choice. Please follow the format as written, which is located in the appropriate assignment area in Learn. Please see Course Schedule for due dates.

EXTRA CREDIT OPTIONS (*Optional*, worth up to 10 points)

You may independently earn **up to a total of 10 extra credit points** that count toward your final point total for the semester—these are simply added to your total points earned from your assignments to determine your final letter grade. Please see the assignments in Learn for assignment details. **Extra credit is due no later than midnight on the Sunday before the last day of class—see Course Schedule for due date.** Extra credit will not be accepted after this date.

Choose **one** of the following assignments to complete for extra credit.

1. **Career Paper** (worth up to 10 points): For this assignment you will meet with a Career Counselor and an Academic Advisor, and then write a paper about your experience. The purpose of this assignment is to allow you the opportunity to explore career choices and create a degree plan—must start at least 2 to 3 weeks before you plan to submit.
2. **Peer-Reviewed Journal Assignment** (worth up to 5 points—can complete two for 10 points): You will find and summarize a psychological peer-reviewed journal article on the topic of your choice that relates to a concept learned in this course. The primary objective for the research paper is to allow you additional exposure to methodological issues relevant to psychology research.

GRADING

Although you are required to take four exams in this class, only **three** will count toward your final grade. *The final (4th) exam is mandatory, and of the first three exams your lowest grade will be dropped.* Therefore, your final grade will consist of your two (2) best exam scores from the first three (3) exams + your score from the final exam + quizzes + writing assignments. Make-up essay exams will also be worth 50 points. Grades will not be curved.

<u>Grading Scale:</u>	<u>Your Total Points</u>	<u>Percentage: Total</u>	<u>Letter Grade</u>
	274-280	98-100	A+
	252-273	90-97.9	A
	246-251	88-89.9	B+
	224-245	80-87.9	B
	218-223	78-79.9	C+
	196-217	70-77.9	C
	190-195	68-69.9	D+
	168-189	60-67.9	D
	≤ 167	≤ 59.9	F

Grading Procedures

- Late assignments will NOT be accepted (for any reason), unless noted otherwise below. If you miss an assignment, the consequence is a score of zero. Too many missed assignments can affect your final course grade, which may affect your financial aid among other things.
- For each assignment/assessment you will be graded on your knowledge of psychological theory and research. Content will depend on learning objectives for the chapter being studied.
- For quizzes and exams, you will have immediate feedback of your score once you submit the assessment—as long as you submit it on-time. If you submit after the designated time allotment, then it goes into my grading section and I will need to submit it—no penalty. Please note that this only relates if you started the quiz or exam before it closed.
- For all written assignments, grades will be posted (with comments) within one week of the due date. For discussions, the due date is for the complete assignment—always a Saturday at 11:59 PM—so your grade will be posted by 11:59 PM that following Saturday. Please note that your initial post is due on a Friday and your response posts are due on that respective Saturday.
 - **COVID-19:** Should I become ill due to COVID-19, I will notify you immediately through Announcements in Learn. Also, depending on how ill I am at the time of your correspondence, my grading for written assignments may vary from the above promised response time.

It is your responsibility to check your “My Grades” page on Learn to ensure your points are posted correctly and to contact me if you have any questions or concerns. You have one week after points have been posted to contact me regarding a grade correction. Grades may not be changed if you fail to contact me within one week from the posting of the score . . . so check your grades often and contact me if something looks wrong. **Please note:** To calculate your course grade, you must do it manually as the *total points and grade percentage* showing in MyGrades **will not be correct**, as one exam score is dropped and other issues.

COURSE POLICIES

Attendance: You are required to complete *all* assignments and access Learn weekly; at the same time, there may be extenuating circumstances. If, for any reason, you are unable to access Learn and/or complete assignments be sure to notify me through REMIND that you cannot access Learn and/or complete assignments, as well as why. You may miss up to two (2) consecutive assignments *or* not log into Learn for two (2) concurrent weeks before I reserve the right to drop you from the course (possibly without notice to you). *Please keep in mind that you are responsible to drop this course if you've decided not to complete it.* Experience has shown that students who miss two (2) or more consecutive assignments do poorly in the course and often fail to reach a grade of C or better. This attendance policy stands, regardless of your financial aid requirements. [UNM's Official Attendance Policy](#).

Copyright Issues: All materials in this course fall under copyright laws and should not be downloaded, distributed, or used by students for any purpose outside this course.

Netiquette: Your online participation is expected to be academic and constructive. It is important to recognize that each of us may have a different point of view. It is acceptable to debate a topic using facts and citations to support your stance or viewpoint; however, you should conduct your debate in a professional tone. Here is the link to [UNM's Discussion and Blog Netiquette policy](#) (also located in Learn under the Introduction tab). Currently, UNM Valencia does not have a separate policy.

Accommodation of Learning Disabilities/Special Needs: If you have a documented disability, the Equal Access Services office will provide me with a letter outlining your accommodations. I will then discuss the accommodations with you to determine the best learning environment. If you feel that you need accommodations, but have not documented your disability, please contact Jeanne Lujan, the coordinator for [Equal Access Services](#) at 925-8910 or jmlujan@unm.edu.

Withdrawal: In accordance with University regulations, students withdrawing after the deadline to withdraw without an assigned grade, are assigned a grade of "W." Check with the [Office of the Registrar](#) for semester deadlines.

Incomplete: Under special circumstances, a grade of Incomplete (I) can be granted. Contact me as soon as possible to arrange this, and provide me with written documentation of why the course could not be completed. *Please Note* "Incomplete grades must be resolved no later than one year (twelve months) from the published end day of the semester in which the grade was assigned. Incomplete grades not resolved within the time frame stated in this policy will be converted automatically to an IF (failing) grade. The student is responsible for making arrangements with the instructor for resolving an incomplete grade" (<http://dos.unm.edu/faq.html#section-1-item-11>).

Academic Integrity: Having academic integrity is paramount to your success in any class. Plagiarism or cheating is *not* tolerated. Any instance of this will result in a grade of zero for that assignment. Here is the link to the [UNM Academic Dishonesty Policy](#). The policy states:

Each student is expected to maintain the highest standards of honesty and integrity in academic and professional matters. The University reserves the right to take disciplinary action, up to and including dismissal, against any student who is found guilty of academic dishonesty or who otherwise fails to meet the expected standards. Any student judged to have engaged in academic dishonesty in course work may receive a reduced or failing grade for the work in question and/or for the course.

Academic Dishonesty is defined as: "Academic dishonesty" includes, but is not limited to, dishonesty in quizzes, tests, or assignments; claiming credit for work not done or done by others; hindering the academic work of other students; misrepresenting academic or professional qualifications within or without the University; and nondisclosure or misrepresentation in filling out applications or other University records.

Please Note: In an effort to meet obligations under Title IX, UNM faculty, Teaching Assistants, and Graduate Assistants are considered “responsible employees” by the Department of Education (see p. 15: <https://www2.ed.gov/about/offices/list/ocr/docs/qa-201404-title-ix.pdf>). This designation requires that any report of gender discrimination which includes sexual harassment, sexual misconduct and sexual violence made to a faculty member, TA, or GA must be reported to the Title IX Coordinator at the Office of Equal Opportunity (oeo.unm.edu). For more information on the campus policy regarding sexual misconduct, see: <https://policy.unm.edu/university-policies/2000/2740.html>.

Citizenship and/or Immigration Status: All students are welcome in this class regardless of citizenship, residency, or immigration status. Your professor will respect your privacy if you choose to disclose your status. As for all students in the class, family emergency-related absences are normally excused with reasonable notice to the professor, as noted in the attendance guidelines above. UNM as an institution has made a core commitment to the success of all our students, including members of our undocumented community. The Administration’s welcome is found on our website: <http://undocumented.unm.edu/>.

Please continue to next page . . .

HOW TO SUCCEED IN PSYCH 1110 (aka Expectations for Participation):

- Spend 8-10 hours per week on this course.
- Review and complete assignments in the START HERE module.
- Access PowerPoint slides on Learn—*this is your study guide*. You can download and print these slides in any format you prefer.
 - Use the PowerPoint slides to take notes while listening to the audio lectures, and then read the respective textbook chapter associated with each lecture to fill in information not noted in the lecture.
- Access audio lectures on Learn—actively listen and take notes, and then fill in information in the textbook.
- Take advantage of all Extra Credit opportunities!
- Come to office hours (Mondays & Wednesdays, 10:30 AM to 1:30 PM) or make an appointment to meet with me via Zoom if you need to discuss anything pertaining to this course.
 - It is important to keep me (the instructor) informed of class related problems, or problems that may prevent you from full participation.
- Participate in a study group! ***This is a tool that “A” students consistently employ.***
- Utilize [student support services](#). If you need assistance finding the support you want, please meet with me—I am here to help you succeed in this course.
- A few primary student support offices and campus resources on UNM Valencia Campus:
 - Please note: Due to COVID-19, campus offices are running on a reduced schedule. Be sure to make an appointment, as you may meet either via Zoom or on campus.
 - [Advisement Services](#): 925.8560
 - [Bookstore](#): 925.8801
 - **Campus Police**: 925.8570
 - ✦ [Parking Permit](#):
 - [Cashier’s Office](#): 925.8520
 - [Career Services](#): 925.8840
 - [Financial Aid](#): 925.8590
 - [The Learning Center](#): 925.8907
 - [Library](#): 925.8990
 - ✦ [Lobo ID Card](#) (free of charge in the Library):
 - [Technology Support Services](#): 925.8911
- **No one succeeds in a vacuum! Act smart . . . ask for help when you need/want it.**

COURSE SCHEDULE
PSYC 1110 – Online
Spring 2021: 8-week Course

Please note:

1. Each week will open on a Sunday and close on the following Sunday (regardless of UNM holidays), unless otherwise noted below.
 - a. *No late assignments will be accepted unless noted otherwise in the syllabus.*
2. **Quizzes** open the week corresponding with the chapter & close the Saturday of exam week—they will not be reopened at a later date.
3. **Discussions:** Initial post is *always* due on a Friday, and two (2) responses to other students' posts are *always* due on a Saturday, **except** the Introduction Discussion. Discussion dates are noted below and will not be accepted past the respective Saturday they are due.
4. **Exams** are open on the dates noted below, which are always on a **Saturday & Sunday**.

<u>Week/Dates</u>	<u>Topic</u>
Week 1: Jan 18-24 (This week will stay open until January 29 to accommodate late starting students)	Review Syllabus View Instructor “Welcome Video” Introduction Discussion (1st Graded Discussion): Open throughout course; at the same time, your initial & 2 response posts are due Sun, 1/24 Plagiarism Tutorial--due January 24, will accept until January 31 Intro: Psychology in Action Chapter 1: The Science of Psychology Quiz-Chapter 1—Closes Saturday, January 30 Chapter 2: The Biological Perspective Quiz-Chapter 2—Closes Saturday, January 30
Week 2: Jan 24-31	Chapter 3 Sensation and Perception Quiz-Chapter 3—Closes Saturday, January 30 Discussion 2: Initial post due Fri & response posts due Saturday EXAM 1: CHAPTERS 1, 2, & 3—Opens <u>Sat</u> Jan 30 at 12:01 AM Closes <u>Sun</u>, Jan 31 at 11:59 PM
Week 3: Jan 31-Feb 7	Chapter 5: Learning (we skip Chapter 4) Quiz-Chapter 5—Closes Saturday February 13 Chapter 6: Memory Quiz-Chapter 6— Closes Saturday February 13
Week 4: Feb 7-14	Chapter 7: Cognition: Thinking, Intelligence, and Language Quiz-Chapter 7— Closes Saturday February 13 Discussion 3: Initial post due Fri & response posts due Saturday EXAM 2: CHAPTERS 5, 6, & 7—Open <u>Sat & Sun</u>, Feb 13 & 14

**COURSE SCHEDULE (cont.)
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- Week 5: Feb 14-21 Chapter 8: Development Across the Life Span
Quiz-Chapter 8—Closes Saturday February 27
Chapter 9: Motivation, Stress, and Emotion
Quiz-Chapter 9— Closes Saturday February 27
- Week 6: Feb 21-28 Chapter 11: Theories of Personality
Quiz-Chapter 11—Closes Saturday February 27
Discussion 4: Initial post due Fri & response posts due Saturday
EXAM 3: CHAPTERS 8, 9, & 11—Opens Sat, Feb 27 at 12:01 AM
Closes Sun, Feb 28 at 11:59 PM
- Week 7: Feb 28-Mar 7 Chapter 10: Social Psychology
Quiz-Chapter 10—Closes Saturday, March 13
Chapter 12: Psychological Disorders
Quiz-Chapter 12—Closes Saturday, March 13
Peer-Reviewed Journal Paper DUE Sunday, March 7
Extra Credit Assignments: Closes Sunday, March 7
- Week 8: Mar 7-14** Chapter 13: Psychological Therapies
Quiz-Chapter 13—Closes Saturday, March 13
Discussion 5: Initial post due Fri & response posts due Saturday
EXAM 4: CHAPTERS 10, 12, & 13—Opens Sat, Mar 13 at 12:01 AM
Closes Sun, Mar 14 at 11:59 PM