

## HED 164L – 501 – Standard First Aid Spring 2020 Dual-Credit 16-Week Course Syllabus

**Instructor:** Nicholas Gutierrez, MS, LAT, ATC

**Office Hours:** Tues and Thurs 3 p.m. – 4 p.m.

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**Textbook:** American Academy of Orthopaedic Surgeons (AAOS) – Advanced First Aid, CPR and AED; Sixth Edition ISBN: 978-1-4496-3505-3

**Course Description:** This course will prepare and equip students with knowledge to assess and take action on various illnesses, injuries and situations regarding first-aid. Content within the class will include The American Heart Association's (AHA) CPR, AED, Obstructed Airway and Epipen. Students will get hands-on experience in splinting, assessing a pulse, and immobilizing a suspected neck injury.

**Course Requirements/Expectations:** Class participation, chapter tests, and comprehensive final exam. Class participation includes in-class activities and assignments. These activities and assignments must be completed to receive a grade of passing for written work. The correct spelling of medical terminology is considered in the correctness of written assignments, test/exams.

- Students will be dropped from the course if / when 12 hours are missed in the semester.

**Note:** 10+ minutes late to class = no participation point for the day.

- **Activities:** Activities may include homework assignments or in-class collaborative projects designed to focus learning and prepare students for the examinations. Students may utilize any reputable/reliable resource (the textbook, the instructor, other students, online resources, campus library, medical library, etc.) that are helpful to complete the assignments ONLY if the source is cited in the assignment. Students must refrain from plagiarizing (copying) peer work and/or other sources of information. If plagiarism is detected, the offending student will be

dropped from the course. Assignments may be presented in the form of quizzes, problems assigned from the text or instructor, and/or short collegiate essays in APA format.

- **Reading Assignments:** Reading assignments must be completed before class. Regular class attendance and participation in class discussions are expected.
- **Quizzes/Exams:** Quizzes and exam will be given at the discretion of the instructor.

**Students will not be able to make up missed exams unless an excused absence is provided from the school site administration / doctors note or pre-arranged.**

- **Participation:** In-class assignments will consist of role-playing and scenario decision-making problems, group activities, and other related work. Students are expected to fully participate in all activities in order to be successful in the course.
- **Electronic devices, of any kind, MUST BE OFF AND PUT AWAY DURING CLASS TIME unless specified by the instructor.**
- **Attendance of the Final Exam is mandatory.** If Final Exam is missed, it cannot be made-up.
- **Exams** will cover the assigned reading assignments, lecture/lab content and UNM learning materials.
- **If a student is planning on missing an exam** due to Athletics or other school related activity, notification to the instructor prior to the exam is required in order to secure a make-up exam.
- **Arrive to class on time**
- **Work on,** complete and hand-in assignments by the due date.
- **Be Motivated** and maintain a positive learning attitude
- **Ask Questions** and **Communicate** with your instructor in order to learn the expectations, rules, policies, etc. of classroom/lab/school
- **Do Not Waste valuable time in class**
- **Students must bring** textbooks or any other materials/supplies to class

**Student Conduct:** The instructor has the responsibility to set and maintain standards of classroom behavior appropriate to the discipline and method of teaching. Students may not engage in any activity, which the instructor deems disruptive or counterproductive to the goals of the class. The instructor has the right to remove offending students from the classroom.

**Special Needs:** If you require accommodations for a disability or special need, let the instructor know ASAP. Students bear the responsibility for contacting Equal Access Services at 505-925-8560 to document a qualifying disability, to have that office recommend appropriate accommodations, and for informing the instructor of those accommodations.

**Tutoring Services:** Please contact Student Support Services at 505-925-8574

**Academic Dishonesty:** Each student is expected to maintain the highest standards of honesty and integrity in academic and professional matters. The University of New Mexico reserves the right to take disciplinary action, up to and including dismissal, against any student who is found guilty of academic dishonesty or otherwise fails to meet the standards. Any student judged to have engaged in academic dishonesty in course work may receive a reduced or failing grade for the work in question and/or for the course. Academic dishonesty includes, but is not limited to, dishonesty in quizzes, exams, or assignments; claiming credit for work not done or done by other; hindering the academic work of other students; misrepresenting academic or professional qualifications within or without the University of New Mexico; and nondisclosure or misrepresentation in filling out applications or other records.

**Student Behavior:** Visit <http://pathfinder.unm.edu/campus-policies/student-code-of-conduct.html> for expectations regarding student behavior and for consequences to students who do not follow the code of conduct.

**Foot and Drink:** NO food or drink allowed while working with the mannequins or in lab / computer areas.

**Student Learning Outcomes (SLO) – Upon Successful Completion of the Course, Students will be able to:**

- *Perform prudently in an emergency situation*
- Understand and demonstrate the proper procedures to follow in an emergency situation.
- Understand and demonstrate awareness of scene safety for yourself and others
- Understand the scope of practice for volunteers and professionals trained in Professional Rescuer First Aid and CPR
- Understand the legal considerations of providing care
- Assess victims of different conditions and apply appropriate treatments based off of standards and their knowledge and understanding of human anatomy and physiology
- Apply appropriate intervention techniques while reducing the risk of disease transmission
- Perform one and two person CPR with infants, children, and adults
- Use airway adjuncts (bag-valve-mask and oxygen administration)
- Demonstrate appropriate competency with AED operation and use
- Develop an appreciation for the importance of proper Professional Rescuer First Aid and CPR skills/procedures in order to save lives and prevent and treat injuries
- Demonstrate these skills up to the level of the AHA's standards

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**Instructional Methods:** The strategies used will include assigned readings from the textbooks, class lectures using audiovisuals, in-class participation, problem-solving and decision-making activities, hands-on skill practice, and scenario-based practice.

**Grading Scale and Standards:** Grades are based on written work, chapter tests, quizzes, exams, lab skills, class participation, group presentation, and final exam. All work is graded from 0-100%. Incompletes are strongly discouraged and only given when the conditions stated in the UNM-Valencia Catalog are met and after a conference with the instructor at the initiation of the student.

<u>Grading %</u>	<u>Letter Grade</u>
97-100	A+
93-96	A
90-92	A-
87-89	B+
83-86	B
80-82	B-
77-79	C+
73-76	C
70-72	C-
67-69	D+
63-66	D
60-62	D-
0-59	F

## HED 164L – 501 – Standard First Aid Spring 2020 Dual-Credit 16-Week Course Syllabus

- **Jan 6-10 (week 1)**
  - Chapter 1 Background Information
- **Jan 13-17 (week 2)**
  - Chapter 2 Action at an Emergency
- **Jan 20-24 (week 3)**
  - Chapter 3 The Human Body
  - **Jan 20 NO SCHOOL Martin Luther King Jr. Day**
- **Jan 27-31 (week 4)**
  - Chapter 4 Finding Out What's Wrong
- **Feb 3-7 (week 5)**
  - Chapters 7 & 8 Shock and Bleeding
- **Feb 10-14 (week 6)**
  - AHA CPR
- **Feb 17-21 (week 7)**
  - AHA CPR
  - **Feb 17 NO SCHOOL Presidents Day**
  - **Feb 20-21 PTC's**
- **Feb 24-28 (week 8)**
  - AHA CPR
- **Mar 2-6 (week 9)**
  - AHA CPR
- **Mar 9-13 (week 10)**
  - **Mar 9 -13 NO SCHOOL Spring Break**
- **Mar 16-20 (week 11)**
  - Chapter 12
  - Head and Spinal Injuries
- **Mar 23-27 (week 12)**
  - Chapter 13
  - Chest, Abdominal, and Pelvic Injuries
  - **Apr 14 NO SCHOOL April Break**
- **Mar 30- Apr 3 (week 13)**
  - Chapters 14 and 16
  - Bone, Joint, Muscle Injuries & Splinting
  - **Apr 17 NO SCHOOL**
- **Apr 6-10 (week 14)**
  - Chapters 17, 18, & 19
- Sudden Illness, Poisoning, Bites and Stings
- **Apr 10 NO SCHOOL April Break**
- **Apr 13-17 (week 15)**
  - Chapter 23
  - Behavior Emergencies
- **Apr 20-24 (week 16)**
  - Chapter 24
  - Wilderness First-Aid
- **Apr 27- May 1 (week 17)**
  - Chapter 25 & 26
  - Rescuing, Moving Victims and Disaster Preparedness
- **May 4-8 (week 18)**
  - Final Exams
  - **May 24 LAST DAY FOR STUDENTS**