



VALENCIA

NMNC 2335

Care of the Patient with

Chronic Conditions

Syllabus

Fall of 2023 NMNC 2335

4 credit hours

*Class meets Wednesdays 09:30-10:30
(Vocational/Career Tech Center 101) and
Lab 11:00-15:00 (Valencia Comm/Stu Ctr
Complex 112) Clinical meets Mondays*

Instructor Information

Contact Information

| | |
|-------------------------------------|---|
| Name: | Jordan Henson |
| E-Mail: | JtHenson@salud.unm.edu |
| Phone: | 505-500-7390 text or call (For emergencies) |
| Office No.: | SCC 213 |
| Office Hours: | Thursday 0930-1330 and by appointment |
| Preferred Method of Contact: | https://calendly.com/hensonj UNM Email |

Instructor Response Time

Communication

I routinely check my email on weekdays. You can anticipate a 24-to-48-hour response from me, Monday – Friday. I will try to respond to all weekend (Friday afternoon to Sunday) emails and postings by 8am on Monday or sooner.

Please use JtHenson@salud.unm.edu for all emails and do not forget to include your student ID with initial email communications.

Grading

Graded assignments are routinely returned to students **within 7 days** after an assignment has been submitted. If grading is delayed, students will be notified by the instructor.

Course Information

Course Description

This course will cover health care across the lifespan with the focus on chronic conditions. Concepts covered are related to oxygenation and hemostasis, homeostasis and regulations, protection and movement, and cognition and behavior processes. Clinical hours will be required for successful completion of this course. **Clinical will be Pass/Fail. All students must receive a Pass grade for the clinical portion to pass the course. The student must receive a Satisfactory on the Summative evaluation and the student must pass all skill competencies.**

Course Objectives

(Mapping of Course Objectives with Corresponding Level Objectives [L#.O#]/Program Objectives [P#])

Upon successful completion of this course, the student will:

1. Demonstrate ethical practice in the delivery of nursing care to patients with chronic conditions. [L3.1/P1]
2. Apply understanding of the principles of safe nursing care for patients with chronic conditions. [L3.2/P2]
3. Demonstrate knowledge of appropriate evidence-based protocols when providing nursing care to patients with chronic conditions. [L3.3/P3]
4. Apply understanding of appropriate health care policy, finance, and regulatory environments in the care of patients with chronic conditions. [L3.4/P4]
5. Communicate effectively with patients with chronic conditions and health care team members. [L3.5/P5]
6. Demonstrate an understanding of the technology used in the care of patients with chronic conditions. [L3.6/P6]
7. Utilize the nursing process to deliver nursing care to patients with chronic conditions. [L3.1/P1, L3.2/P2, L3.3/P3, L3.4/P4, L3.5/P5, L3.6/P6]

Course Competencies

(Mapping of Course Competencies with Corresponding Level Objectives [L#.O#]/Program Objectives [P#])

Upon successful completion of this course, the student will:

1. Apply patient's values, beliefs and attitudes to the patient's plan of care. [L3.1/P1]
2. Using effective communication, apply the patient's expressed values, beliefs, and attitudes to nursing care. [L3.1/P1]
3. Identify health care resources for diverse patient populations at the local, regional, and national levels. [L3.1/P1]
4. Identify factors present in clinical settings that promote or hinder a culture of safety and caring. [L3.2/P2]
5. Anticipate, identify, and eliminate potentially harmful situations in nursing the patient with

chronic illness. [L3.2/P2]

6. Interpret and evaluate system contributions and staff response to clinical errors and near misses in nursing the patient with chronic illness, with guidance. [L3.2/P2]
7. Implement evidence-based procedures to reduce harm, promote safety, and improve care in nursing the patient with chronic illness, with guidance. [L3.4/P4]
8. Analyze gaps between local/clinical site and best practice and system factors that support or hinder adoption of best practices. [L3.5/P5]
9. Apply evidence in providing care to patients with chronic health problems. [L3.3/P3]
10. Identify patient/family preferences and values and their effect on the delivery of optimal care. [L3.1/P1]
11. Assess outcomes of care when using evidence-based approaches. [L3.3/P3]
12. Implement evidence based protocols/pathways when providing nursing care. [L3.4/P4]
13. Demonstrate clinical competency in care delivery to the chronic patient in lab and practice settings. [L3.4/P4]
14. Use effective communication style with team members in care of patients with chronic illness. [L3.5/P5]
15. Identify how healthcare policy, finance, and regulatory environments relate to the care of patients with chronic illness. [L3.4/P4]
16. Demonstrate ethical practice in the delivery of care to patients with chronic illness. [L3.4/P4]
17. Advocate for patients with chronic illness. [L3.5/P5]
18. Collaborate effectively within the inter-professional team, with guidance. [L3.5/P5]
19. Build on own strengths and compensate for limitations as a team member. [L3.5/P5]
20. Recognize leadership behaviors and begin to incorporate these behaviors into nursing practice. [L3.5/P5]
21. Document planning, implementation and evaluation of nursing care of patients with chronic illness using available technology. [L3.6/P6]
22. Incorporate health care resources in sharing health information with patients with chronic illness. [L3.6/P6]
23. Safely operate appropriate technology in the delivery of care to chronically ill patients. [L3.6/P6]

Prerequisites

Successful completion of all Level 1 and 2 Courses.

Co-requisites

NMNC 2335L Care of Patients with Chronic Conditions, NMNC 2320 Professional Nursing Concepts I. NMNC 2335 Lab and deliberate learning.

Course Orientation

All Orientation information can be found in Canvas in the Welcome Module.

Textbooks

Required Textbooks / Resources

Textbooks included in Nursing School Book Bundle as provided at orientation.

Other Resources

1. **My Evolve:** Through your My Evolve account, you will have access to Elsevier textbook resources, E- books on VitalSource, HESI Case Studies & SimChart.

- a. **Textbook Resources:** For all of your Elsevier textbooks, you can receive electronic resources associated with each text. These resources include audio glossary, case studies, interactive learning activities, key points, and video clips.
- b. **E-Books on VitalSource:** Features include: interactive review questions, journaling (both personal & ability to share notes with others), text highlighting, ability to search for keywords in one or all books instantly, custom study guide creation by exporting text content and highlights & notes into Word, Concept exemplar hyperlinks at the end of each Concept (Giddens) chapter out to other textbooks..
- c. **HESI Case Studies:** You can use this for study and NCLEX preparation.
- d. **HESI EAQs:** Use these practice tests to prepare for the HESI Exams.

| Psychomotor Skills | Related NMNEC Concept | Related National Patient Safety Goal (NPSG) 2013 [*Core Measure (CM)] |
|---|-----------------------|--|
| <ul style="list-style-type: none"> • Urinary catheter insertion and care • Sterile specimen collection | Elimination | 7 |
| <ul style="list-style-type: none"> • Chest physiotherapy • Airway suctioning • Chest tube drains | Gas Exchange | Universal Protocol |
| <ul style="list-style-type: none"> • ECG placement and monitoring • Dysrhythmias | Perfusion | [CM 2.1] |
| <ul style="list-style-type: none"> • Blood administration • Central vascular access devices <ul style="list-style-type: none"> ▪ dressing change ▪ blood draws ▪ removal • IV insertion and care • IV medication administration <ul style="list-style-type: none"> ▪ drip rate ▪ piggy back • Venipuncture, lab draws | Safety | 1, 3, 7 |
| <ul style="list-style-type: none"> • Surgical incision care • Wound care and dressings | Tissue Integrity | 7, 14 [CM 2.4] |

Assessment and Grading

Instructor Expectations

We will give each of you 100% of our commitment to help you successfully complete the class, however, we expect 100% of your commitment to this class, which includes attending all classes, reading the textbook/assigned articles, using the resources available in Canvas, watching any assigned videos, participating in in-class group work, preparing for exams and following up with questions to the instructor.

Graded Components

| Graded Work | % |
|---------------------------------|-------------|
| Calculation Exam | 10 |
| Mid-Term Exam | 10 |
| Final Exam | 20 |
| Lab Prep-Work | 10 |
| Kaplan Exams | 20 |
| Care Plans/Clinical Assignments | 20 |
| I-Human | 10 |
| Total | 100% |

Exams

The UNM Valencia requires that students earn a course grade of $\geq 77\%$ to pass all courses. Exams are proctored, computerized, secure assessments (tests) comprised of questions utilizing a variety of formats (i.e. multiple choice, select all that apply, fill in the blank, short answer, hot spot, ordered response, essay and dosage calculations, chart/exhibits, etc.) and given for the purpose of summative assessment. Review of exams can be done individually the week after the exam is taken. There will be no review of previous exams for the Final Exam. The Final Exam is cumulative.

There are 3 exams in this course totaling 40% of the grade. The Dosage/Calculation Exam must be passed prior to attending clinical. It is worth 10% of the final grade. A mid-term and a final that comprise the remaining 30%.

Calculation Exam

To ensure the safety of the clients, students must successfully pass a dosage calculation test each semester and must have a minimum of 90% with two possible repeats, before they are permitted to enter the clinical setting. **If students are unable to pass the exam with a 90% score after three total attempts this will result in an automatic failure of course.**

Assignments:

For every concept there will be a quiz, either on the Elsevier Adaptive Quizzing link or on Canvas. These quizzes will count towards the Lab Pre-Work category

of your grade. Please pay attention to the quiz location. If you have questions regarding the location, please contact your instructor immediately.

Quizzes will be given during class time and may or may not be announced. There are **no make-up for missed exams or quizzes (this includes the pop quizzes)** unless previously arranged by the student (due to extenuating circumstances, as determined by the instructor), so **please pay attention for announcements** for the quizzes. If the student is having any technological issues, the student must report to IT Help Desk as soon as possible. IT assistance is not available on the weekends.

2. Journal Articles/Assigned Readings and Videos: Assigned readings and videos may be required for this course. Although the content may not be covered in class, it is still your responsibility to read the material or watch the videos. These items are testable.

3. Canvas Quizzes: Some quizzes may be on Canvas so pay attention to your Course schedule and this syllabus.

4. Pop Quizzes: There may be pop quizzes administered prior to the lecture. These quizzes cannot be made up if you are not present or late for class.

Quiz Dates and Location:

Quizzes will be given during class time or may be assigned through Canvas. Quizzes may or may not be announced. All quizzes given in Canvas will be announced ahead of time. Pop quizzes will be given only during class time.

5. Kaplan and Kaplan I-humans are requirements for this course. See your handbook for the Kaplan requirements and scoring. Kaplan exams and I-Humans count towards 30% of the course grade.

6. Care Plans:

Care plans count towards 20% of the course grade. See the policy in Canvas. These must be completed by due date established in course schedule.

Grading Scale

Grades will be assigned based on the following course grading schedule:

| | | | | | |
|--------|----|-------|---|-------|----|
| 98-100 | A+ | 93-97 | A | 90-92 | A- |
| 87-89 | B+ | 83-86 | B | 80-82 | B- |
| 79 | C+ | 78-77 | C | | |
| 76-73 | D+ | 72-70 | D | 67-69 | D- |
| < 67 | F | | | | |

Course Format

The course will be taught using a variety of methods of instruction including: chapter readings in textbooks/articles chosen by instructor, lecture, case studies, care planning/concept maps, discussion, simulation and in class group activities.

Assignments and Participations

Class Expectations

Respectful Conduct Expectations: I am committed to building with you a positive classroom environment in which everyone can learn. I reserve the right to intervene and enforce standards of respectful behavior when classroom conduct is inconsistent with University expectations [and/or classroom community agreements]. Interventions and enforcement may include but are not limited to required meetings to discuss classroom expectations, written notification of expectations, and/or removal from a class meeting. Removal from a class meeting will result in an unexcused absence or more unexcused absences may result in permanent removal and a drop from the course. The University of New Mexico ensures freedom of academic inquiry, free expression and open debate, and a respectful campus through adherence to the following policies: [D75: Classroom Conduct](#), [Student Code of Conduct](#), [University Policy 2240 – Respectful Campus](#), [University Policy 2210 – Campus Violence](#).

Late Assignment Policy

All assignments must be completed on time. Review the course schedule and remain up to date on assignment deadlines. **Late work will NOT be accepted and will result in a 0 on that assignment unless other arrangements have been made in advance with the course instructor.**

Didactic Attendance

I will give each of you 100% of my commitment to help you successfully complete this class, however, I also expect 100% of your commitment to this class. It is vital that students attend lectures and ask questions in class so clarifications of content can be discussed. Class is not a place to surf the internet, text friends or read a book. **If student behavior inhibits the success of fellow classmates, a student may be asked to leave class. Any assignments missed will not be made up.**

Clinical Attendance

Clinical/lab attendance is mandatory. This applies to inpatient clinical hours, deliberate learning, and simulation. There are some circumstances under which students should not be in the clinical setting. These include hospitalization and communicable illnesses. It is always the responsibility of the student to notify the clinical instructor and the course faculty member **2 hours prior to the time** of the absence.

Undocumented Absences: If proper notification is not provided, the absence will be considered undocumented. **Undocumented absences cannot be made up. Course failure/withdrawal will occur with greater than 2 undocumented absences or if the necessary minimum clinical hours are unable to be completed due to**

undocumented absence.

Documented absences: When faculty are notified at least 2 hours prior to clinical/lab is scheduled to begin and the absence is for an excusable reason such as illness, emergency, or death in the family, the absence will be considered documented. **This can constitute no more than 2 days** and must be made up within 1 week after the scheduled time or at a time determined by the course/clinical instructor. Acceptable documents include a provider's note, obituary clipping, or any documentation of an event involving police or fire departments.

Tardiness/Leaving Early: Students are expected to be at the clinical site (or in lab) prepared to participate at the time clinical or lab is scheduled to begin and stay until dismissed by the instructor. **If a student is not ready and clocked in by one minute after the established clinical start time they are considered late (ex: 0630 established start time and student is not ready by 0631).** Students who arrive late, are unprepared (for example, out of dress code/missing supplies), or leave early will incur a ½ undocumented occurrence, unless there is substantiating documentation. Again, greater than 2 undocumented absences will result in course failure. For example, at 2.5 occurrences, the student will be forced to withdraw/fail.

1st occurrence- verbal warning will be issued by clinical instructor and course instructor will be notified

2nd occurrence- results in 1 undocumented absence (**success plan will be completed**)

3rd occurrence- 1.5 undocumented absences

4th occurrence- 2 undocumented absences

5th occurrence- course failure

Leaving Without Notification: Under no circumstances is a student to leave the clinical setting without first notifying the instructor. If a student leaves clinical or lab without notification, this is similar to patient abandonment and will result in an undocumented absence regardless of how much time was already spent at clinical/lab.

Remediation Sequence:

At 1.0 undocumented absence—required to meet with success coach.

At 2.0 undocumented absences—written success plan, notifying the student of the potential for course failure/withdrawal.

At 2.5 undocumented absences—the student will not complete the course.

Two (2) documented absences will be permitted if make-up work is submitted within 7 days, or 24 hours prior to the last class meeting day (whichever is first). Make-up work is required, or the absence will be converted to an undocumented absence.

If you miss the final class meeting day, it will be an undocumented absence as there is insufficient time to make-up the hours

Trajecsys Policy

1. All clinical hours must be tracked in Trajecsys. Each student will be given 1 “missed clock in/out.”
2. All students must clock in prior to the start of the clinical day and at the end of the day. You can only clock in 6 minutes before or clock out 6 minutes after. If an instructor has to “clock you in or out” there will be a penalty applied to the weekly assignment.
3. Greater than 1 missed clock in will result in 0.5 unexcused absence and a success plan.

Course Expectations & Ground Rules

Course Expectations

- Time required (15 to 20 hours per week)
- Students are expected to learn how to navigate in Canvas
- Students are expected to communicate with one another in small group projects or discussions
- Students are expected to keep informed of course announcements
- Students are expected to use the Canvas Messaging to contact instructor for personal matters as opposed to emailing the instructor at their UNM email address (exception is when Canvas is down)
- Students are expected to keep instructor informed of class related problems, or problems that may prevent the student from full participation (send an email when you encounter problems so that the instructor knows you still have intentions of completing the course).
- Students are expected to address technical problems immediately
- Students are expected to follow UNM’s Respectful Campus Policy 2240 <http://www.unm.edu/~ubppm/ubppmanual/2240.htm>
- Students are expected to observe course etiquette at all times

Instructor Drop and Withdrawal Policy

The instructor may drop a student during the semester/term, if a student fails or misses assignments or an exam and does not contact the instructor within one week of the failed/ missed assignment or exam. Students who miss exam 1 and do not contact the instructor via Canvas or Email messaging within one week of the close of exam 1 will be dropped from the course. Students who have not dropped and do not take the final will receive a “W” for the course.

Course Requirements

1. Identification Badge’ is mandated at all times when a student is on the UNM VC clinical experience. See the Student Handbook.
2. Class attendance is expected. Failure to attend may result in the student being

dropped from the class. (See [Class Absences and Student Attendance](#) in [The Pathfinder – UNM Student Handbook](#))

3. All course assignments must be completed and turned in on time. Late work will not be accepted unless special arrangements **have been made in advance** with your instructor.

4. The student must pass the Summative Evaluation and all Skill Competencies to pass NMNC 2335.

Student Success

The Nursing program aims to provide optimal support so that students learn well, maintain physical and emotional health, and pass the NCLEX® on the first attempt. In keeping with this goal, we encourage all students to use the resources available through the university.

Academic Success Plan (ASP):

Students who achieve <77% on any course exam **are required** to meet with their course faculty to review incorrect answers on their exam. Students who receive < 80% on any course exam, or on several assignments, or are “unsatisfactory” on a formative clinical evaluation, will be referred to the Student Success by the course faculty. Student Success will work collaboratively with students to identify strategies to assist them and to develop individual academic success plans.

It is the responsibility of the student to contact the designated Student Success and initiate the ASP process. This responsibility is congruent with the UNM-VC and UNM College of Nursing Essential Qualifications for Undergraduate Progression and Graduation. Students will complete and submit the Academic Success Plan Tool prior to meeting with the Student Success Coordinator.

[Student Support: Resources to support study skills and time management are available through Student Learning Assistance at the Center for Teaching and Learning in Zimmerman Library or online.](#)

Special Needs

Qualified students with disabilities needing appropriate academic adjustments should contact the course coordinator by the end of the first day of class to ensure that your needs are met in a timely manner. See the UNM Pathfinder student handbook at <http://pathfinder.unm.edu/> and <http://policy.unm.edu/university-policies/2000/2310.html>.

The Accessibility Resource Center (Mesa Vista Hall 2021, 277-3506, <http://as2.unm.edu/>) provides academic support to students who have disabilities. If you think you need alternative accessible formats for undertaking and completing coursework, you should contact this service right away to assure your needs are met in a timely manner. If you need assistance in contacting the Accessibility Resource Center, see Student Advisement at the College of Nursing.

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Accommodations: UNM is committed to providing equitable access to learning opportunities for students with documented disabilities. As your instructor, it is my objective to facilitate an inclusive classroom setting, in which students have full access and the opportunity to participate. To engage in a confidential conversation about the process for requesting reasonable accommodations for this class and/or program, please contact Accessibility Resource Center (<https://arc.unm.edu/>) at arcsrvs@unm.edu or by phone at 505-277-3506.

Support: Contact me or in office/check-in hours and contact Accessibility Resource Center (<https://arc.unm.edu/>) at arcsrvs@unm.edu (505) 277-3506.

Academic Integrity

Each student is expected to maintain the highest standards of honesty and integrity in academic and professional matters. For more information, see the following policies in The Pathfinder – UNM Student Handbook: Academic Dishonesty and the Student Code of Conduct.

Cheating and plagiarism (academic dishonesty) are often driven by lack of time, desperation, or lack of knowledge about how to identify a source. Communicate with me and ask for help, even at the last minute, rather than risking your academic career by committing academic dishonesty. Academic dishonesty involves presenting material as your own that has been generated on a website, in a publication, by an artificial intelligence algorithm (AI), by another person, or by otherwise breaking the rules of an assignment or exam. It is a Student Code of Conduct violation that can lead to a disciplinary procedure. When you use a resource (such as an AI, article, a friend's work, or a website) in work submitted for this class, document how you used it and distinguish between your original work and the material taken from the resource.

Canvas has the Safe Assign resource available for faculty and students to check written work against a large database of academic materials for originality. Safe Assign also checks written work against content that can be found on the internet. Papers will generate an Originality Report that will summarize matches or near-matches in the text.

Students are required to be familiar with, and adhere to the UNM College of Nursing Policy on Academic Integrity (see Appendix A). Any violation will be taken very seriously and appropriate sanctions will be applied.

Diversity

The faculty and staff of the University of New Mexico College of Nursing strive for students to experience an inclusive educational environment. Openness and respect for the diverse backgrounds and communities from which we each come enhance insight and learning. Therefore, we ask students to participate in conversations that raise the awareness of and respect for different ways of being and thinking. We invite you to please speak with the course instructor or another faculty member if you

experience discomfort with comments made in the classroom, online learning environment, or other educational setting. Practicing these values enables us as a community of learners to be respectful of everyone.

Technical Considerations

Required Technology

This course is web-enhanced. In order to access your online courses students need to log onto Canvas. (<https://canvas.unm.edu/>) In addition, this course requires students to be able to open, use and read Word and Adobe PDF files.

Online Courses Require:

- A high speed Internet connection is highly recommended.
- Supported browsers include: Internet Explorer, Firefox, and Safari. Detailed Supported Browsers and Operating Systems:
- Any computer capable of running a recently updated web browser should be sufficient to access your online course. However, bear in mind that processor speed, amount of RAM and Internet connection speed can **greatly** affect performance.

Online courses perform best on a high speed Internet connection. Those using dial-up connections will experience longer page load times and much slower performance when accessing their online course. Many locations offer free high speed Internet access including [UNM's Computer Pods](#) or one of UNM's many [Statewide Centers](#).

For additional information: see <http://nursing.unm.edu/resources/it/index.html>

For Technical Help: 505-272-8112 or submit a web IT support ticket.

Canvas Tracking

Canvas automatically records all students' activities including: your first and last access to the course, the pages you have accessed, the number of discussion messages you have read and sent, chat room discussion text, and posted discussion topics. This data can be accessed by the instructor to evaluate class participation and to identify students having difficulty.

Course Interruptions and Scheduled Maintenance

In the Event of an Unexpected Course Interruption

If Canvas is down on the day an assignment or exam is due, please advise your instructor of the outage (via text or UNM email), and the instructor will arrange for how to proceed.

Scheduled Maintenance

Canvas has a monthly scheduled Maintenance windows the 1st and 3rd Thursday of

the month from 1:05am to 3:05am. Canvas may not work during these times. In addition, UNM IT may conduct general system maintenance that affects multiple systems on campus, including Canvas. The general system maintenance window is on Sundays from 6:00 am – 12 noon. Announcements for the Saturday and Sunday maintenance windows are normally posted in Canvas two weeks ahead of time to notify users of planned outages.

Student Course Access at the End of Term/Semester

UNM New Media and Extended Learning (NMEL) provides access to your course for 2 weeks after the end of the course. At that time NMEL will eliminate student course access.

Netiquette Ground Rules

See Netiquette Ground Rules document in your course on the course information page. Use proper grammar and spelling (type your postings in WORD first in order to use spell check then copy and paste into Canvas- this will also save you retyping it if should happen in with your posting).

Drop and Withdrawal Policy

This course falls under all UNM: CON policies for the last day to drop courses, etc. Please see

<http://www.unm.edu/studentinfo.html> or the [UNM Course Catalog](#) for information on UNM services and policies. Please see the calendar posted under “Resources” on the CON homepage for course dates, the last day to drop courses without penalty, and for financial disenrollment dates.

Students who withdraw from a NMNEC nursing course are not allowed to progress. A course withdrawal is considered a course failure.

Inclement Weather

Students are not expected to be in class if the University closes. The University will attempt to align delays and closures of the Albuquerque campus with delays and closures of the Albuquerque Public Schools.

See the UNM policy on [Inclement Weather](#). **LoboMobile** is a free android/smartphone application available to provide additional information and alerts.

Title X

The University of New Mexico and its faculty are committed to supporting our students and providing an environment that is free of bias, discrimination, and harassment. The University’s programs and activities, including the classroom, should always provide a space of mutual respect, kindness, and support without fear of harassment, violence, or discrimination. Discrimination on the basis of sex includes discrimination on the basis of assigned sex at birth, sex characteristics, pregnancy and pregnancy related conditions, sexual orientation and gender identity. If you have encountered any form of discrimination on the basis of sex, including sexual harassment, sexual

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assault, stalking, domestic or dating violence, we encourage you to report this to the University. You can access the confidential resources available on campus at the LoboRESPECT Advocacy Center (<https://loborespect.unm.edu>), the Women's Resource Center (<https://women.unm.edu>), and the LGBTQ Resource Center (<https://lgbtqrc.unm.edu>). If you speak with an instructor (including a TA or a GA) regarding an incident connected to discrimination on the basis of sex, they must notify UNM's Title IX Coordinator that you shared an experience relating to Title IX, even if you ask the instructor not to disclose it. The Title IX Coordinator is available to assist you in understanding your options and in connecting you with all possible resources on and off campus. For more information on the campus policy regarding sexual misconduct and reporting, please see <https://policy.unm.edu/university-policies/2000/2740.html> and CEEO's [website](#).

If you are pregnant or experiencing a pregnancy-related condition, you may contact UNM's Office of Compliance, Ethics, and Equal Opportunity at ceeo@unm.edu. The CEEO staff will provide you with access to available resources and supportive measures and assist you in understanding your rights.

Support: **Confidential** services for students are available at [LoboRESPECT Advocacy Center](#), [Women's Resource Center](#), and the [LGBTQ Resource Center](#). The [Women's Resource Center](#) supports all students, including those who are pregnant or are parents. UNM's lactation stations are marked on the [UNM campus map](#).

COVID-19

For anyone who has [symptoms of COVID-19](#), regardless of your vaccination status, please remain at home and quarantine until your symptoms clear for at least 24 hours. If you develop symptoms at work, you should notify your supervisor and return home and quarantine until your symptoms clear for at least 24 hours.

If you test positive for COVID:

- Notify your course instructor and exit campus if you are on campus.
 - You do not need to get an additional PCR test if you have had a positive at-home rapid test.
- Next, please isolate at home for five (5) days.
 - The day that you became symptomatic OR tested positive (whichever comes first) is counted as "Day 0". You will then count five days starting on the next day and can return to work on day 6 *as long as you do not have symptoms and are fever-free for 24 hours without medicine*.
- If you have no symptoms after five (5) days, you can return to work but must wear a 3-ply or better medical/health procedure mask when around others for **five (5) more days**.
- To prevent the spread of COVID, please inform anyone you have recently had close contact with and encourage them to get tested, monitor for symptoms, and reduce exposure to other people.

If you do need to stay home due to illness or are experiencing a wellness challenge, please take advantage of the resources below. You can communicate with me and I can work with you to provide alternatives for course participation and completion. Let me, an advisor, or another UNM staff member know that you need support so that we can connect you to the right resources. UNM is a mask friendly, but not a mask required, community. If you are experiencing COVID-19 symptoms, please do not come to class.

Support: [Student Health and Counseling \(SHAC\)](#) at (505) 277-3136. If you are having active respiratory symptoms (e.g., fever, cough, sore throat, etc.) AND need testing for COVID-19; OR if you recently tested positive and may need oral treatment, call SHAC.

[LoboRESPECT Advocacy Center](#) (505) 277-2911 can offer help with contacting faculty and managing challenges that impact your UNM experience.

Citizenship/Immigration Status

Citizenship and/or Immigration Status: All students are welcome in this class regardless of citizenship, residency, or immigration status. Your professor will respect your privacy if you choose to disclose your status. As for all students in the class, family emergency-related absences are normally excused with reasonable notice to the professor, as noted in the attendance guidelines above. UNM as an institution has made a core commitment to the success of all our students, including members of our undocumented community. The Administration's welcome is found on our website: <http://undocumented.unm.edu/>.

Land Acknowledgement

Founded in 1889, the University of New Mexico sits on the traditional homelands of the original peoples of New Mexico Pueblos, Navajo, and Apache since time immemorial, have deep connections to the land and have made significant contributions to the broader community statewide. We honor the land itself and those who remain stewards of this land throughout the generations and also acknowledge our committed relationship to Indigenous peoples. We gratefully recognize our history.

Connecting to Campus and Finding Support

UNM has many resources and centers to help you thrive, including [opportunities to get involved in campus life](#), [research experiences](#), [mental health resources](#), [academic support such as tutoring](#), [resource centers](#) for people like you, free food at [Lobo Food Pantry](#), [jobs on campus](#) and [financial capability](#) support. Your advisor, staff at the [resource centers](#) and [Dean of Students](#), and I can help you find the right opportunities for you.