



**NMNC 2310 Principles of Nursing Practice
Syllabus, Fall 2023**

Lead Instructor:	<p>Audrey Morton MSN RN 505-250-4890 (personal) amorton1@unm.edu</p> <p>Jordan Henson MSN RN Office SCC 213 505-500-7390 (personal) Jthenson@salud.unm.edu</p>
Office Hours:	<p>Audrey: Mondays and Tuesdays 1400-1600 Thursdays 0900-1200 Also available to arrange as needed Please arrange in advance or I might not be present</p> <p>Jordan: Thursdays 0830-1230 Wednesday 0800-0900 Also available to arrange as needed Please arrange in advance or I might not be present</p>
Meeting Times:	Thursdays 1300-1550 Room N111
Course Communication and Email expectation:	<p>Effective, ongoing communication is a key element of success in the nursing program. Instructors and staff communicate with students via email when not in class. Students need to check their UNM email at least every course meeting day. Course announcements may also be made on Canvas.</p> <p>Emails/Canvas are checked routinely Monday-Friday. You can anticipate a 24–48-hour response time. On weekends or holidays expect a response the following business day.</p>
Electronic Device Usage:	<p>Cell phones should not be used in class. Other devices for notetaking are acceptable.</p>

Student Handbook:	Please see the current Student Nurse Handbook for a complete list of policies for the nursing program.
Calendar:	See Course Calendar for topics, due dates, and assignments. Also see Canvas for additional assignment information.

Course Specifics	
Title of Course:	NURS NMNC 2310 Health and Illness Concepts II
Course Description:	This course will cover health and illness concepts across the lifespan with the focus on chronic conditions. Concepts covered are related to oxygenation and hemostasis, homeostasis and regulation, protection and movement, and cognition and behavior processes.
Required Text(s) and Supporting Materials:	Nursing School Book Bundle as provided at orientation
Credit Hours:	<p>This is a 3 credit-hour didactic course Please plan for a minimum of 8 hours of out-of-class work (or homework, study, assignment completion, and class preparation) each week.</p> <p>Support: Resources to support study skill and time management are available through <u>UNM-Valencia Learning Commons (Tutoring)</u> Tutoring is available to you in math, science, writing, and other subjects through the Learning Commons: Learning and STEM Centers and Writing Center. In person tutoring is in these centers in the LRC (the building that also has the library). Tutoring in Zoom and, for writing, through email, is also available.</p> <p>Making use of tutoring is a fantastic way to use your resources and set yourself up to learn deeply and well in your courses. To schedule an appointment, please go to: <u>Learning Commons Bookings</u> If you are making an email appointment with the Writing Center, email your draft to tutor@unm.edu after you fill out the form above. If you have difficulty with the scheduling link above, would like an appointment in a subject not listed at that link, or have a question, email</p>

	<p>tutor@unm.edu. You'll get answers during business hours Monday through Friday.</p> <p>The webpage, with more details about available hours, is here: Learning Commons: Tutoring Services webpage.</p> <p>Center for Academic Program Support (CAPS). Many students have found that time management workshops can help them meet their goals (consult (CAPS) website under "services")</p>
Course Objectives:	<p>Upon successful completion of this course, the student will:</p> <ol style="list-style-type: none"> 1. Relate the scope, risk factors, physiologic processes, attributes, and clinical management of selected concepts and exemplars across the lifespan. 2. Investigate evidenced-based practice, standards of nursing care, and factors to improve safety related to selected concepts and exemplars. 3. Examine how members of the health care team collaborate in the delivery of care related to selected concepts and exemplars. 4. Discuss available technology for the delivery of nursing care. 5. Apply selected health and illness concepts to the nursing care of patients across the lifespan.

Assigned Curricular Concepts and Exemplars with Population or Focus

Mega-Concept/Concept Category/Concepts • Exemplars	Population or Focus
Health and Illness/Oxygenation and Hemostasis/Gas Exchange <ul style="list-style-type: none"> • Atelectasis • Chronic Obstructive Pulmonary Disease (COPD) • Asthma • Pneumonia • Respiratory Syncytial Virus (RSV) 	<ul style="list-style-type: none"> • Lifespan • Elders • Peds • Lifespan • Peds
Health and Illness/Homeostasis and Regulation/Metabolism <ul style="list-style-type: none"> • Diabetes Mellitus 	Lifespan

<ul style="list-style-type: none"> • Thyroid Imbalances • Exogenous Adrenocortical Dysfunction 	
Health and Illness/Protection and Movement/Inflammation <ul style="list-style-type: none"> • Acute Inflammation • Inflammatory Bowel Disease 	<ul style="list-style-type: none"> • Lifespan • Adult
Health and Illness/Protection and Movement/Tissue Integrity <ul style="list-style-type: none"> • Pressure Ulcers • Cutaneous Traumas • Surgical Incisions 	<ul style="list-style-type: none"> • Elders • Pediatric • Adolescents • Lifespan
Health and Illness/Protection and Movement/Mobility <ul style="list-style-type: none"> • Spinal Cord Injury • Fractures • Parkinson's 	<ul style="list-style-type: none"> • Military • Lifespan • Adult
Health and Illness/Protection and Movement/Immunity <ul style="list-style-type: none"> • Human Immunodeficiency Virus (HIV) • Systemic Lupus Erythematosus (SLE) 	Lifespan
Health and Illness/Homeostasis and Regulation/Acid base Balance <ul style="list-style-type: none"> • Metabolic Acidosis • Respiratory Acidosis • Acidosis Compensation • Metabolic Alkalosis • Respiratory Alkalosis • Alkalosis Compensation 	Lifespan
Health and Illness/Emotional Processes/Mood and Affect <ul style="list-style-type: none"> • Suicide • Major Depression • Mania and Hypomania • Postpartum Depression 	Lifespan
Health and Illness/Emotional Processes/Grief <ul style="list-style-type: none"> • End of Life 	Lifespan

Successful completion of NMNC 2310 requirements:

A cumulative average of all theory tests at 77% or higher
AND

an overall grade of 77% or higher

Please note that if the test average is not met, the overall grade is not sufficient to pass the course.

Evaluation/Grading Policies:

The course grade is based on the below listed components. Late assignments will result in a 10% penalty. No assignment will be accepted if more than three (3) calendar days late. Please communicate any special circumstances. Final acceptance is at faculty discretion.

Grading Scale:

A+ 98-100	B+ 87-89	C+ 79	D+ 73-76	F 0-67
A 93-97	B 83-86	C 77-78	D 70-72	
A- 90-92	B- 80-82	Below 77/fail	D- 67-69	

See the student handbook for complete grading policies across the nursing program. Please note: There is **no rounding** of any score or course grade (examples: a 76.99% is not rounded to 77%. A score of 89.99% is not rounded to 90%).

Course Breakdown:

	Points	Percent
Tests 125 points each/4	500	50
Articles 25 points each/4	100	10
EAQs 10 points each/10	100	10
I-Humans 25 points each/4	100	10
Kaplan 50 points each/4 parts	200	20

Kaplan: You are expected to maintain your Kaplan account. Every course incorporates a 4-part Kaplan testing process. See Handbook for additional information regarding Kaplan grading process. You will take a focused test, remediate that section, take a proctored integrated

test, and remediate that section. The purpose is to expose you to the style of questions to expect on the NCLEX. Kaplan testing and remediation is 20% of the course grade.

Kaplan I-Human: Every level incorporates 4 I-Human cases. Together they will make up 10% of your grade. For level three, you are required to achieve >70% as the grade given by Kaplan to earn the points.

Articles: For each unit, you will complete a nursing journal assignment. See Canvas for additional information.

Tests: There will be 4 tests, roughly every 2-3 weeks. There will not be a cumulative final exam.

EAQs: There will be 10 EAQs (Elsevier Adaptive Quizzes), given through Evolve Sherpath. See Canvas for additional information.

General Information	
Academic Integrity:	Having academic integrity is paramount to your success in any class. Plagiarism or cheating is not tolerated. Any instance of this will result in a grade of zero for that assignment. Here is the link to the UNM Academic Dishonesty Policy: policy.unm.edu/regents-policies/section-4/4-8.html
Accommodations:	If you have a documented disability, the Equal Access Services office will provide me with a letter outlining your accommodation. I will then discuss the accommodation with you to determine the best learning environment. If you feel that you need accommodation, but have not documented your disability, please contact Sarah Clawson, the coordinator for Equal Access Services at 925-8840 or sjclawson@unm.edu Also be aware of the services available here to help you: https://valencia.unm.edu/students/advisement/equal-access-services.html

<p>Non-discrimination, Title IX Statement:</p>	<p>Our classroom and our university should always be spaces of mutual respect, kindness, and support, without fear of discrimination, harassment, or violence. Should you ever need assistance or have concerns about incidents that violate this principle, please access the resources available to you on campus. Please note that, because UNM faculty, TAs, and GAs are considered "responsible employees" by the Department of Education, any disclosure of gender discrimination (including sexual harassment, sexual misconduct, and sexual violence) made to a faculty member, TA, or GA must be reported by that faculty member, TA, or GA to the university's Title IX coordinator. For more information on the campus policy regarding sexual misconduct, please see: https://policy.unm.edu/university-policies/2000/2740.html</p> <p>Support: LoboRESPECT Advocacy Center, the Women’s Resource Center, and the LGBTQ Resource Center all offer confidential services.</p>
<p>COVID-19 Health and Awareness</p>	<p>UNM is a mask friendly, but not a mask required, community. If you are experiencing COVID-19 symptoms, please do not come to class. If you do need to stay home, please communicate with the instructor; we can work with you to provide alternatives for course participation and completion. Let me, an advisor, or another UNM staff member know that you need support so that we can connect you to the right resources. Please be aware that UNM will publish information on websites and emails about any changes to our public health status and community response.</p> <p>Support: PASOS Resource Center (505) 925-8546, mailto:pasos@unm.edu. The Resource Center is an on-campus center that serves as a “one-stop” for all non-academic needs of UNM-Valencia students.</p> <p>Student Health and Counseling (SHAC) at (505) 277-3136. If you are having active respiratory symptoms (e.g., fever, cough, sore throat, etc.) AND need testing for COVID-19; OR if you recently tested positive and may need oral treatment, call SHAC.</p>

	<p>LoboRESPECT Advocacy Center (505) 277-2911 can offer help with contacting faculty and managing challenges that impact your UNM experience.</p>
<p>Respectful and Responsible Learning</p>	<p>We all have shared responsibility for ensuring that learning occurs safely, honestly, and equitably. Submitting material as your own work that has been generated on a website, in a publication, by an artificial intelligence algorithm, by another person, or by breaking the rules of an assignment constitutes academic dishonesty. It is a student code of conduct violation that can lead to a disciplinary procedure. Please ask me for help in finding the resources you need to be successful on this course. I can help you use study resources responsibly and effectively. Off-campus paper writing services, problem-checkers and services, websites, and AIs can produce incorrect or misleading results. Learning the course material depends on completing and submitting your own work. UNM preserves and protects the integrity of the academic community through multiple policies including policies on student grievances (Faculty Handbook D175 and D176), academic dishonesty (FH D100), and respectful campus (FH CO9). These are in the Student Pathfinder (https://pathfinder.unm.edu) and the Faculty Handbook (https://handbook.unm.edu).</p> <p>Support: Many students have found that time management workshops or work with peer tutors can help them meet their goals. These and other resources are available through PASOS (Pathways to Articulation and Sustainable Opportunities for Students), TRIO Student Support Services, and Student Learning Support at the Center for Teaching and Learning.</p>

Connecting to Campus and Finding Support	UNM has many resources and centers to help you thrive, including opportunities to get involved, mental health resources, academic support such as tutoring, resource centers for people like you, free food at Lobo Food Pantry, and jobs on campus. Your advisor, staff at the resource centers and Dean of Students, and I can help you find the right opportunities for you.
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Land Acknowledgement: Founded in 1889, the University of New Mexico sits on the traditional homelands of the Pueblo of Sandia. The original peoples of New Mexico Pueblo, Navajo, and Apache since time immemorial, have deep connections to the land and have made significant contributions to the broader community statewide. We honor the land itself and those who remain stewards of this land throughout the generations and also acknowledge our committed relationship to Indigenous peoples. We gratefully recognize our history. Faculty Resource: Information provided by UNM's Division for Equity and Inclusion can support building an inclusive classroom, <https://diverse.unm.edu/education-andresources/programs/index.html>.

Citizenship and/or Immigration Status: All students are welcome in this class regardless of citizenship, residency, or immigration status. Your professor will respect your privacy if you choose to disclose your status. As for all students in the class, family emergency-related absences are normally excused with reasonable notice to the professor, as noted in the attendance guidelines above. UNM as an institution has made a core commitment to the success of all our students, including members of our undocumented community. The Administration's welcome is found on our website: <http://undocumented.unm.edu/>.