Course Syllabus

Fall 2023 Syllabus

NMNC 1110 Introduction to Nursing Concept

Instructor Name: Julia Sedillo MSN-Ed, RN

Office Location: Nursing Ed. Building (J). Second floor 226

Office Hours: Wednesday 12:30-1530, and by appointment

E-mail:jusedillo@unm.edu. (This is the preferred method of contact)

Telephone: 505-925-8973 or 505-280-3027 Cell You can contact me in person, via email, or via telephone/text. Due to FERPA guidelines, only limited texting should occur. If you send an email with a short notice request to meet, please also text me. Please be respectful of time of day and content when using my personal cell phone. Please include your name when sending a text. I will not answer texts where I do not know the sender.

Pre-Requisites:

Class Meeting: Wed 0830-1130, Tech Center 101

Admission into the nursing program

Co-

requisites:

BIO 238/248L (Human Anatomy & Physiology II with optional lab); NMNC 1135 (Principles of Nursing Practice); NURS 239 or 240 (Pathophysiology I or II)

This course introduces the nursing student to the concepts of nursing practice and conceptual learning.

Course Description:

rintion:

Credit Hours and

3 CH: 3 credits didactic = 3 hours/week or 48 contact hours

Contact Hours:

Upon successful completion of this course, the student will:

- 1. Integrate knowledge from nursing pre and co-requisites into a conceptual learning model.
- 2. Apply conceptual learning to select nursing concepts.

Course Outcomes

- 3. Define personal values, beliefs, and attitudes about health and wellness.
- 4. Describe importance of identifying patient safety issues.
- 5. Describe roles and values of nursing and members of the healthcare team.
- 6. Describe standards and regulations that apply to nursing practice.

Upon successful completion of this course, the student will:

- 1. Express one's own values, beliefs and attitudes in a respectful manner. [L1.1/P1]
- 2. Identify potentially harmful situations. [L1.2/P2]
- 3. Identify near misses and clinical errors. [L1.2/P2]
- 4. Perform identified skills to promote patient safety. [L1.2/P2]
- 5. Perform medication administration safely and accurately. [L1.2/P2]
- 6. Perform medication calculations safely and accurately. [L1.2/P2]
- 7. Verbalize awareness of patient/family preferences and values. [L1.3/P3]

Course Competencies 9.

- 8. Identify and compare various communication styles. [L1.4/P4]
- 9. Identify interpersonal communication styles for the situation. [L1.4/P4]
- 10. Identify appropriate advocacy role related to patient safety using nursing interventions. [L1.4/P4]
- 11. Demonstrate effective collaboration with peers in the learning environment. [L1.5/P5]
- 12. Demonstrate effective communication with peers and faculty. [L1.5/P5]
- 13. Identify own areas for personal and professional growth. [L1.5/P5]
- 14. Identify or discuss the differences in the roles of health care team members. [L1.5/P5]
- 15. Document interventions using available technology. [L1.6/P6]
- 16. Select appropriate equipment for use in patient care. [L1.6/P6

Required Text(s) and Supporting Materials:

Text bundle for Level 1

Course Communication

Effective, ongoing communication is a key element of success in the nursing program. Instructors and staff communicate with students via email when not in class. Students need to check their UNM and Canvas email accounts regularly. Full-time nursing instructors have voice mail, and communication should take place directly with your instructor. Full-time instructors hold scheduled office hours as posted in their syllabus and outside of their offices, and students may schedule conferences as needed. In addition, there is student representation on the nursing faculty committee, and the representatives are responsible for communicating pertinent information to classmates. Part-time faculty will identify their preferred method for communication to the students.

Cellphones and other devices except laptop computers are not permitted in the classroom setting. They must be silenced and put away. Cellphones that ring or are used during class or testing will result in the student being excused from the class or test. Any makeup of assignments or exams due to violation of this policy is solely at the discretion of the instructor. The use of computers is acceptable in the learning context of the class. Lectures may be audiotaped at the express permission of the instructor. Classroom capture is not available currently.

The classroom is available for student use outside of regularly scheduled classes when other classes are not in session. There is a reference area and computers available. In accordance with UNM policy there is no eating or drinking allowed in the classroom. Students may have water in enclosed bottles during class.

See the current Student Nurse Handbook for complete listing of attendance and professional behavior policies. This includes familiarity of the UNM Valencia Nursing Program Dress Code.

UNM-Valencia nursing program follows the specific Grievance Procedure as provided in the UNM-Valencia Catalog. Prior to participating in the campus procedure, the student is encouraged to review their complaint within the nursing department by following these steps:

Please be aware of and review the Concern and Grievance policy in the student nurse student success policy.

In accordance with University Policy 2310 and the Americans with Disabilities Act (ADA), reasonable accommodations are made to all qualified students unless such accommodations fundamentally alter a program or service or place an undue hardship on the operation of the University. If you have a documented disability, the Equal Access Services office will provide me with a letter outlining your accommodations. I will then discuss the accommodations with you to

Electronic Device Usage:

Classroom Use/ Attendance/ **Professional Behavior**

Student Concerns or Grievances

STUDENTS WITH **DISABILITIES:**

determine the best learning environment. If you feel that you need accommodations, but have not documented your disability, please contact the coordinator for Equal Access Services at 925-8910.

Accommodations: UNM is committed to providing courses that are inclusive and accessible for all participants. As your instructor, it is my objective to facilitate an accessible classroom setting, in which students have full access and opportunity. If you are experiencing physical or academic barriers, or concerns related to mental health, physical health and/or COVID-19, please consult with me after class, via email/phone or during office/drop-in hours (I am not legally permitted to inquire about the need for accommodations). We can meet your needs in collaboration with UNM Valencia Campus community (505) 925-8910 and/or the Accessibility Resource Center (https://arc.unm.edu/) at arcsrvs@unm.edu or by phone (505) 277-3506.

Support: The nursing program director, Joe Poole and any of your instructors.

In an effort to meet obligations under Title IX, UNM faculty, Teaching Assistants, and Graduate Assistants are considered "responsible employees" by the Department of Education (see page 15 - www2.ed.gov/about/offices/list/ocr/docs/qa-201404-title-ix.pdf
). This designation requires that any report of gender discrimination which includes sexual harassment, sexual misconduct and sexual violence made to a faculty member, TA, or GA must be reported to the Title IX Coordinator at the Office of Equal Opportunity (oeo.unm.edu)

EQUAL OPPORTUNITY AND NON-DISCRIMINATION:

Title IX: Our classroom and our university should always be spaces of mutual respect, kindness, and support, without fear of discrimination, harassment, or violence. Should you ever need assistance or have concerns about incidents that violate this principle, please access the resources available to you on campus.). For more information on the campus policy regarding sexual misconduct, see: https://policy.unm.edu/university-policies/2000/2740.html.

<u>Teaching Methods:</u> NMNC 1110 will use a variety of approaches to meet the course outcomes. These instructional methods may include, but are not limited to lecture, audio-visual materials, guided discussions, group projects, role playing, self-evaluation, written assignments, computer and on-line activities, and decision-making exercises. Class participation is extremely important in student success of this class.

Successful completion of NMNC 1110 requirements:

A cumulative average of all theory tests at 77% or higher

AND

An overall course grade of 77% or higher

and

Completion of all components of the course.

Evaluation/Grading Methods:

See the Nursing Student Handbook for all policies and requirements.

This Syllabus, including the Course Schedule, is subject to change at the discretion of the instructor in accordance with UNM Valencia Academic Policies. In the event there is a discrepancy between the syllabus and the Student Handbook, the current Student Handbook is the authoritative source.

Grading Scale:

98-100 A+	<i>79 C</i> +
93-97 A	77-78 C
90-92 A-	73-76 D +
87-89 B+	70-72 D
83-86 B	67-69 D-
80-82 B-	0-67 F

Grade weighting/graded work

Test Average (must be $\geq 77\%$)	75%
Pop Quizzes (5)	5%
Journal Articles (1)	10%

Other component assignments for completion of course include but are not limited to; Case Studies, Class activities for participation

COVID-19 Health and Awareness: UNM is a mask friendly, but not a mask required, community. To be registered or employed at UNM, Students, faculty, and staff must all meet UNM's Administrative Mandate on Required COVID-19 vaccination. If you are experiencing COVID-19 symptoms, please do not come to class. If you have a positive COVID-19 test, please stay home for five days and isolate yourself from others, per the Centers for Disease Control (CDC) guidelines. If you do need to stay home, please communicate with me via email (jusedillo@unm.edu) or Canvas course messaging; I can work with you to provide alternatives for course participation and completion. UNM faculty and staff know that these are challenging times. Please let us know that you need support so that we can connect you to the right resources and please be aware that UNM will publish information on websites and email about any changes to our public health status and community response.

Support:

Student Health and Counseling (SHAC) at (505) 277-3136. If you are having active respiratory symptoms (e.g., fever, cough, sore throat, etc.) AND need testing for COVID-19; OR If you recently tested positive and may need oral treatment, call SHAC.

<u>LoboRESPECT Advocacy Center</u> (505) 277-2911 can offer help with contacting faculty and managing challenges that impact your UNM experience.

<u>Center for Academic Program Support</u> (CAPS). Many students have found that time management workshops can help them meet their goals (consult (CAPS) website under "services").

Land Acknowledgement: Founded in 1889, the University of New Mexico sits on the traditional homelands of the Pueblo of Sandia. The original peoples of New Mexico Pueblo, Navajo, and Apache since time immemorial, have deep connections to the land and have made significant contributions to the broader community statewide. We honor the land itself and those who remain stewards of this land throughout the generations and acknowledge our committed relationship to Indigenous peoples. We gratefully recognize our history.

Resource: <u>Division for Equity and Inclusion</u>.

Citizenship and/or Immigration Status: All students are welcome in this class regardless of citizenship, residency, or immigration status. Your professor will respect your privacy if you choose to disclose your status. As for all students in the class, family emergency-related absences are normally excused with reasonable notice to the professor, as noted in the attendance guidelines above. UNM as an institution has made a core commitment to the success of all our

students, including members of our undocumented community. The Administration's welcome is found on our website: http://undocumented.unm.edu/.

Respectful and Responsible Learning: We all have shared responsibility for ensuring that learning occurs safely and equitably. UNM has important policies to preserve and protect the academic community, especially policies on student grievances (Faculty Handbook D175 and D176), academic dishonesty (FH D100), and respectful campus (FH CO9). These are in the *Student Pathfinder* (https://pathfinder.unm.edu) and the *Faculty Handbook* (https://handbook.unm.edu). Please ask for help in understanding and avoiding plagiarism or academic dishonesty, which can both have very serious consequences.

Support: <u>Center for Academic Program Support</u> (CAPS). Many students have found that time management workshops can help them meet their goals (consult (CAPS) website under "services").

Connecting to Campus and Finding Support: UNM-Valencia has many resources and centers to help you thrive, <u>including opportunities to get involved</u>, <u>mental health resources</u>, <u>academic support including tutoring</u>, <u>resource centers</u>, free food at <u>Valencia Campus Food Pantry</u>, and <u>jobs on campus</u>. Your advisor, staff at the resource centers and your instructors can help you find the right opportunities for you.