

# FUNDAMENTALS OF HUMAN SEXUALITY FALL 2023

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## Instructor

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MPH

## Email

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## Office Hours

By appointment  
only

Connection Info:

## Course Overview

This course will review the basic knowledge of human sexuality including anatomical, physiological, psychosocial, and ethical components. Areas examined are reproduction, contraception, sexually transmitted disease, sexual health, and sexual dysfunctions.

## Required Text

HUMAN SEXUALITY IN A CHANGING WORLD (10<sup>TH</sup> EDITION),  
Spencer Rathus, Jeff Nevid, et al.

## Semester/Term & Year

Fall 2023, October 16 – December 16 an 8-week course. 3 credit hours.

## Course Meets

This class is Online, please log onto UNM Canvas: <http://canvas.unm.edu/>

For instructions on how to use UNM Canvas, visit [https://  
canvasinfo.unm.edu/](https://canvasinfo.unm.edu/) or call UNM Canvas Support at 505-277-0857

## Student Learning Objectives

Students will be able to:

- Explain current research methods in human sexuality issues relevant to principles and theories that help promote a healthy sexual life.
- Identify female and male sexual anatomy and physiology, conception and contraception, pregnancy, childbirth, abortion, sexual behaviors and fantasies, sexual dysfunctions, sexual coercion, concepts about sexually transmitted diseases, AIDS, etc...
- Describe developmental perspectives relevant to sexuality and childhood, adolescence, adulthood, sexuality and disability, sexuality over a lifespan, gender identity and sexual orientation, and gender roles.

- Describe psychosocial perspectives of loving and being loved, intimacy, relationships and communication and sexual relationships.
- Identify law, religious and ethical perspectives on sexuality.
- Identify evidence-based research that has played in our understanding of human sexuality in a world of diversity.

## **Technical Skills**

In order to participate and succeed in this class, you will need to be able to perform the following basic technical tasks:

- Use UNM Canvas (help documentation located under "Help" link on left-hand side of the main page.)
- Use email – including attaching files, opening files, downloading attachments
- Copy and paste within applications including Microsoft Office
- Open a hyperlink (click on a hyperlink to get to a website or online resource)
- Use Microsoft Office or similar applications to:
  - create, download, update, save and upload documents from a word processor
  - Create, download, update, save and upload presentations
  - Create, download, update, save and upload spreadsheets
  - Download, annotate, save and upload PDF files

## **Computer Requirements and Skills**

Computer:

- A high-speed Internet connection is highly recommended.
- Supported browsers include Chrome, Firefox, Edge, or Safari.  
Detailed Supported Browsers and Operating Systems:  
<https://community.canvaslms.com/t5/Canvas-Basics-Guide/What-are-the-browser-and-computer-requirements-for-Instructure/ta-p/66>
- Any computer capable of running a recently updated web browser should be sufficient to access your online course. However, bear in mind that processor speed, amount of RAM and Internet connection speed can greatly affect performance.
- Microsoft Office products are available free for all UNM students (more information on the UNM IT Software Distribution and Downloads page: <http://it.unm.edu/software/index.html>)

Tracking Course Activity: UNM Canvas automatically records all students' activities including: your first and last access to the course, the pages you have accessed, the number of discussion messages you have read and sent, web conferencing, discussion text, and posted discussion topics. This data can be accessed by the instructor to evaluate class participation and to identify students having difficulty.

## **Coursework and Participation**

### **Course Messages**

Before a student emails the instructor please check:

- 1) **Course Syllabus**
- 2) **UNM Canvas Course Content Homepage**

You may find the answers need there.

### **Attendance**

Your instructor will take attendance online. Students must log-on to UNM Canvas regularly.

### **Late or Missing Assignments**

Late or missing assignments are unacceptable or depending on the situation. If you know ahead of time that you will miss an assignment or exam, please email me to make arrangements. Give at least 24 hours' notice and email any appropriate documentation. **Late work without prior approval will result in a zero.**

### **Syllabus**

Students will read over the syllabus and complete the syllabus quiz, to acknowledge you have read and understand the syllabus. This needs to be completed in the first week of the course

### **Introduction Post**

Each student will introduce themselves in the Introduction Discussion Thread and comment on at least 2 other introduction posts from students. Please be respectful and use good netiquette. This will allow us to get to know one another and create a safe space for sharing.

### **Chapter Assignments**

Students will complete assignments by answering the questions and uploading their document in either .doc or .pdf. Documents saved in .pages format cannot be opened by the instructor and will not be graded. If you need assistance with this, please reach out to the instructor. There are many free or low cost options available.

### **Discussion Board**

There will also be a weekly discussion topic which you are expected to participate in. Discussion topics correspond to the weekly reading assignments. Students are expected to be respectful and courteous to their instructor and other students and must reply to at least two other student posts. Original posts will be due by Wednesday each week, and response posts must be submitted by Sunday of the same week.

### **Quizzes**

Quizzes will cover assigned chapters, discussions, and assignments. The quizzes may contain a combination of any of the following: multiple-choice, matching, true or false and short answer questions. One quiz is assigned each week and must be completed by Sunday at 11:59pm.

### **Mid-term & Final Project**

In this course, half of your grade will come from the Mid-Term and Final combined. For both assignments, students will research a local organization that works in an area of human sexuality. The idea will be that the research done in the Mid-Term will lay the foundation for the Final Project.

In the Mid-Term, the students will choose from a list of local health and sexuality organizations. They will then research each organization and write a short paper outlining their findings. The research will focus on the following areas:

- How the organization was founded and why
- The population they serve
- The services they offer
- The role they play in the community
- How the organization has influenced changes in social policies

In the Final the students will be taking the information they researched and creating a 10 - 15 min presentation slide deck on their organizations (between 8 and 15 slides total). The slides will cover the research from the Mid-Term, as well as including two new sections: a health education poster of the student's design to advertise an integral service their organization and a personal perspective on what the student learned during their research. There is no requirement to present their slides, however extra credit will be given for those who would like to record themselves and present to the class.

### **Make Up Policy**

In case of illness or emergency, a make-up opportunity will be allowed if arrangements are made in advance or proper documentation is provided. Contact the instructor immediately to discuss options, as this will be decided on a case-by-case basis.

### **Expectations for Participation**

- Time required (~8-10 hours per week)
- Students are expected to navigate in Canvas
- Students are expected to communicate with one another in weekly discussions
- Students are expected to keep up-to-date of course announcements
- Students are expected to use the Canvas course email as opposed to a personal email address
- Students are expected to keep instructor informed of class related problems, or problems that may prevent the student from full participation
- Students are expected to address technical problems immediately
- Students are expected to observe course netiquette at all times

### **Netiquette**

*“In following with the UNM Student Handbook, all students will show respect to their fellow students and instructor when interacting in this course. Take Netiquette suggestions seriously. Flaming is considered a serious violation and will be dealt with promptly. Postings that do not reflect respect will be taken down immediately.” (Rebecca Adams, OLIT 535)*

*“This course encourages different perspectives related to such factors as gender, race, nationality, ethnicity, sexual orientation, religion, and other relevant cultural identities. The course seeks to foster understanding and inclusiveness related to such diverse perspectives and ways of communicating.”* Link to Netiquette document:

<https://canvasinfo.unm.edu/students/intro-to-canvas/netiquette.html>

### **Grading Procedures**

It is required you check UNM Canvas daily for course materials posted by the instructor that are necessary for course work and/or any class changes. After submission, the instructor will grade using rubrics within 3 days. Any student that would like to dispute a grade may contact the instructor within 7 days to discuss the grade.

## Grading Scale

Course grades will be assigned based on the percentage scale below.

<b>A+</b>	97-100.0%	<b>C+</b>	77-79%
<b>A</b>	93-96%	<b>C</b>	73-76%
<b>A-</b>	90-92%	<b>C-</b>	70-72%
<b>B+</b>	87-89%	<b>D+</b>	67-69%
<b>B</b>	83-86%	<b>D</b>	63-66%
<b>B-</b>	80-82%	<b>D-</b>	60-62%
		<b>F</b>	Below 59%

## Assignments/Points

Discussions (6) - 5 pts each	30 points
Chapter Assignments (6) - 5 pts each	30 points
Quizzes (8) - 5 pts each	40 points
Midterm Paper	60 points
Final Paper	<b>60 points</b>
<b>Total Possible Points</b>	<b>220 points</b>

## UNM Policies

### Title IX: Gender Discrimination

In an effort to meet obligations under Title IX, UNM faculty, Teaching Assistants, and Graduate Assistants are considered “responsible employees” by the Department of Education (see pg 15 - <http://www2.ed.gov/about/offices/list/ocr/docs/qa-201404-title-ix.pdf>). This designation requires that any report of gender discrimination which includes sexual harassment, sexual misconduct and sexual violence made to a faculty member, TA, or GA must be reported to the Title IX Coordinator at the Office of Equal Opportunity ([oeo.unm.edu](http://oeo.unm.edu)). For more information on the campus policy regarding sexual misconduct, see: <https://policy.unm.edu/university-policies/2000/2740.html>

### Copyright Issues

All materials in this course fall under copyright laws and should not be downloaded, distributed, or used by students for any purpose outside this course.

### Accessibility

The American with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodations of their disabilities. If you have a disability requiring accommodation, please contact the UNM Accessibility Resource Center in 2021 Mesa Vista Hall at 277-3506 or <http://as2.unm.edu/index.html>. Information about your disability is confidential.

- Canvas Accessibility Resources: <https://canvasinfo.unm.edu/students/intro-to-canvas/accessibility-resources-center.html>

### Academic Misconduct

You should be familiar with UNM's Policy on Academic Dishonesty and the Student Code of Conduct (<http://pathfinder.unm.edu/code-of-conduct.html>) which outline academic misconduct defined as plagiarism, cheating, fabrication, or facilitating any such act.

### Drop Policy

UNM Policies: This course falls under all UNM policies for last day to drop courses, etc. Please see <http://www.unm.edu/studentinfo.html> or the UNM Course Catalog for information on UNM services and policies. Please see the UNM academic calendar for course dates, the last day to drop courses without penalty, and for financial disenrollment dates.

### UNM Resources

UNM Valencia Campus Learning Center Tutoring: 505-925-8907

<http://www.unm.edu/~tutor/>

CAPS Tutoring Services <http://caps.unm.edu/programs/online-tutoring/>

CAPS is a free-of-charge educational assistance program available to UNM students enrolled in classes. Online services include the Online Writing Lab, Chatting with or asking a question of a Tutor.

UNM Libraries <http://library.unm.edu>

Student Health & Counseling (SHAC) Online Services <http://online.unm.edu/help/learn/support/shac>