



VALENCIA

N2310

Health and Illness Concepts II

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Fall of 2022 NMNC 2310

3 credit hours

Class meets Tuesdays 09:30-12:30

Instructor Information

Contact Information

Name:	Meghan Parry
E-Mail:	MParry2@unm.edu
Phone:	505-710-2260 Telephone or Text
Office No.:	210
Office Hours:	Tuesdays 12:00pm-15:00pm in office and by appointment
Preferred Method of Contact:	Canvas or UNM Email

Instructor Response Time

Communication

I routinely check Canvas for postings or emails, Monday (8 am) – Friday (12 pm). You can anticipate a 24 to 48 hour response from me, Monday – Thursday. We will try to respond to all weekend (Friday afternoon to Sunday) emails and postings by 8am on Monday or sooner.

Please use MParry2@unm.edu for all emails and do not forget to include your student ID with initial email communications.

Grading

Graded assignments are routinely returned to students within 10 days after an assignment has been submitted for grading.

Course Information

Course Description

This course will cover health care across the lifespan with the focus on chronic conditions. Concepts covered are related to oxygenation and hemostasis, homeostasis and regulations, protection and movement, and cognition and behavior processes.

Course Objectives

Upon completion of the course, students will be able to demonstrate their understanding of the following core knowledge:

- 1. Relate the scope, risk factors, physiologic processes, attributes, and clinical management of selected concepts and exemplars across the lifespan.**

2. Investigate evidenced-based practice, standards of nursing care, and factors to improve safety related to selected concepts and exemplars.
3. Examine how members of the health care teams collaborate in the delivery of care related to selected concepts and exemplars.
4. Discuss available technology for the delivery of nursing care.
5. Apply selected health and illness concepts to the nursing care of patients across the lifespan.

Prerequisites

Successful completion of Assessment and Health Promotion, Health and Illness Concepts I, Health Care Participant, Nursing Pharmacology.

Co-requisites

N322L Care of Patients with Chronic Conditions, N390 Professional Nursing Concepts I.

Course Orientation

All Orientation information can be found in Canvas in the Welcome Module.

Textbooks

Required Textbooks / Resources

Ackley, B.J. Ladwig, G.B. (2014). *Nursing Diagnosis Handbook: An Evidence-Based Guide to Planning Care* (10th ed.). St. Louis: Mosby Elsevier.

Giddens, J. (2021). *Concepts for nursing practice* (3rd Edition). St. Louis, MO: Mosby Elsevier.

Halter, Margaret Jordan. (2018). *Varcarolis' Foundations of Psychiatric-Mental Health Nursing: A Clinical Approach* (8). Canada: Elsevier Inc.

Harding, M., Kwong, J., Roberts, D., Hagler, D., Reinisch, C. (2020). *Lewis's Medical surgical nursing: assessment and management of clinical problems* (11th ed). St Louis, MO: Elsevier.

McKinney, E.S., James, S.R., Murray, S.S., Nelson, K.A., & Ashwill, J.W. (2018). *Maternal Child Nursing Care* (5th ed.). St. Louis, MO. Elsevier.

Potter, P. A., Perry, A. G., Stockert, P., & Hall, A. (2016). *Fundamentals of nursing* (9th ed.). Mosby.

Other Resources

1. **My Evolve:** Through your My Evolve account, you will have access to Elsevier textbook resources, E-books on VitalSource, HESI Case Studies & SimChart.

- a. **Textbook Resources:** For all of your Elsevier textbooks, you can receive electronic resources associated with each text. These resources include audio glossary, case studies, interactive learning activities, key points, and video clips.

b. **E-Books on VitalSource:** Features include: interactive review questions, journaling (both personal & ability to share notes with others), text highlighting, ability to search for keywords in one or all books instantly, custom study guide creation by exporting text content and highlights & notes into Word, Concept exemplar hyperlinks at the end of each Concept (Giddens) chapter out to other textbooks..

c. **HESI Case Studies:** You can use this for study and NCLEX preparation.

d. **HESI Practice Tests:** Use these practice tests to prepare for the HESI Exams.

Assessment and Grading

Instructor Expectations

We will give each of you 100% of our commitment to help you successfully complete the class, however, we expect 100% of your commitment to this class, which includes attending all classes, reading the textbook/assigned articles, using the resources available in Blackboard Learn, watching any assigned videos, participating in in-class group work, preparing for exams and following up with questions to the instructor.

Graded Components

Graded Work	%
Exam 1	20
Exam 2	20
Exam 3	20
Final Exam	30
Quizzes	10
Total	100%

Exams

The UNM College of Nursing requires that students earn a course grade of $\geq 77\%$ to pass all courses.

Exams are proctored, computerized, secure assessments (tests) comprised of questions utilizing a variety of formats (i.e. multiple choice, select all that apply, fill in the blank, short answer, hot spot, ordered response, essay and dosage calculations, chart/exhibits, etc.) and given for the purpose of summative assessment. Review of exams can be done individually the week after the exam is taken. There will be no review of previous exams for the Final Exam. The Final Exam is cumulative.

Exam	Room #	Date
Exam #1	Computer Lab	10/04/2022
Exam #2	Computer Lab	11/08/2022
Exam #3	Computer Lab	11/29/2022
Final Exam	Computer Lab	12/06/2022

Assignments:

Quizzes will be given during class time and may or may not be announced. There are **no make-ups for missed exams or quizzes (this includes the pop quizzes)** unless previously arranged by the student (due to extenuating circumstances, as determined by the instructor), so **please pay attention for announcements** for the quizzes. If the student is having any technological issues, the student must report to IT Help Desk as soon as possible. IT assistance is not available on the weekends.

2. Journal Articles and Videos: Journal Articles and videos may be required for this course. Although the content may not be covered in class, it is still your responsibility to read the material or watch the video. These items are testable.

3. Canvas Quizzes: Some quizzes may be on Canvas so pay attention to your Course schedule and this syllabus. All quizzes will receive a grade out of 100 points.

4. Pop Quizzes: There may be pop quizzes administered prior to the lecture. These quizzes cannot be made up if you are not present or late for class.

Quiz Dates and Location:

Quizzes will be given during class time or may be assigned through Canvas. Quizzes may or may not be announced. All quizzes given in Canvas will be announced ahead of time. Pop quizzes will be given only during class time.

There will be multiple quizzes administered during this course. If more than 10 quizzes are administered, the top 10 grades will be used for the final 10% quiz grade at the end of the course.

Participation Assignment:

Grading Scale

Grades will be assigned based on the following course grading schedule:

98-100	A+	93-97	A	90-92	A-
87-89	B+	83-86	B	80-82	B-
79	C+	78-77	C		
76-73	D+	72-70	D	67-69	D-
< 67	F				

Course Format

The course will be taught using a variety of methods of instruction including: chapter readings in textbooks/articles chosen by instructor, lecture, case studies, care planning/concept maps, discussion, and in class group activities.

Assignments and Participation

Class Participation

We want all of our students to succeed! Coming to class is expected and is definitely in the student's best interest. It is important that students ask questions in class so clarifications of content can be discussed. Class is not a place to surf the internet, text friends or read a book. We will also be using both general class and small group discussions in this course.

Course Expectations & Ground Rules

Course Expectations

- Time required (15 to 20 hours per week)
- Students are expected to learn how to navigate in Blackboard Learn
- Students are expected to communicate with one another in small group projects or discussions
- Students are expected to keep informed of course announcements
- Students are expected to use the Canvas Messaging to contact instructor for personal matters as opposed to emailing the instructor at their UNM email address (exception is when Canvas is down)
- Students are expected to keep instructor informed of class related problems, or problems that may prevent the student from full participation (send an email when you encounter problems so that the instructor knows you still have intentions of completing the course).
- Students are expected to address technical problems immediately
- Students are expected to follow UNM's Respectful Campus Policy 2240
<http://www.unm.edu/~ubppm/ubppmanual/2240.htm>
- Students are expected to observe course etiquette at all times

Instructor Drop and Withdrawal Policy

The instructor may drop a student, if the student does not complete the Questionnaire Survey, Welcome Survey or Welcome Posting by the end of the 1st week of the course [online courses]. The instructor may also drop a student during the semester/term, if a student fails or misses assignments or an exam and does not contact the instructor within one week of the failed/ missed assignment or exam. Students who miss exam 1 and do not contact the instructor via Blackboard Learn messaging within one week of the close of exam 1 will be dropped from the course. Students who have not dropped and do not take the final will receive a "W" for the course.

Course Requirements

1. Identification Badge' is mandated at all times when a student is on the UNM VC campus or in a clinical experience. See the current [College of Nursing Student Handbook](#), Identification.

2. Class attendance is expected. Failure to attend may result in the student being dropped from the class. (See [Class Absences and Student Attendance](#) in [The Pathfinder – UNM Student Handbook](#))
3. All course assignments must be completed and turned in on time. Late work will not be accepted unless special arrangements **have been made in advance** with your instructor.

Student Success

The Nursing program aims to provide optimal support so that students learn well, maintain physical and emotional health, and pass the NCLEX® on the first attempt. In keeping with this goal, we encourage all students to use the resources available through the university.

Academic Success Plan (ASP):

Students who achieve <77% on any course exam **are required** to meet with their course faculty to review incorrect answers on their exam. Students who receive < 80% on any course exam, or on several assignments, or are “unsatisfactory” on a formative clinical evaluation, will be referred to the Student Success by the course faculty. Student Success will work collaboratively with students to identify strategies to assist them and to develop individual academic success plans.

It is the responsibility of the student to contact the designated Student Success and initiate the ASP process. This responsibility is congruent with the UNM-VC and UNM College of Nursing Essential Qualifications for Undergraduate Progression and Graduation. Students will complete and submit the Academic Success Plan Tool prior to meeting with the Student Success Coordinator.

Special Needs

Qualified students with disabilities needing appropriate academic adjustments should contact the course coordinator by the end of the first day of class to ensure that your needs are met in a timely manner. See the UNM Pathfinder student handbook at <http://pathfinder.unm.edu/> and <http://policy.unm.edu/university-policies/2000/2310.html>.

The Accessibility Resource Center (Mesa Vista Hall 2021, 277-3506, <http://as2.unm.edu/>) provides academic support to students who have disabilities. If you think you need alternative accessible formats for undertaking and completing coursework, you should contact this service right away to assure your needs are met in a timely manner. If you need assistance in contacting the Accessibility Resource Center, see Student Advisement at the College of Nursing.

Accommodations: UNM is committed to providing equitable access to learning opportunities for students with documented disabilities. As your instructor, it is my objective to facilitate an inclusive classroom setting, in which students have full access and opportunity to participate. To engage in a confidential conversation about the process for requesting reasonable accommodations for this class and/or program, please contact Accessibility Resource Center at arcsrvs@unm.edu or by phone at 505-277-3506.

Support: Contact me at MParry2@unm.edu or in office/check-in hours and contact Accessibility Resource Center (<https://arc.unm.edu/>) at arcsrvs@unm.edu (505) 277-3506.

Academic Integrity

Each student is expected to maintain the highest standards of honesty and integrity in academic and professional matters. For more information, see the following policies in [The Pathfinder – UNM Student Handbook: Academic Dishonesty](#) and the [Student Code of Conduct](#).

Blackboard Learn has the Safe Assign resource available for faculty and students to check written work against a large database of academic materials for originality. Safe Assign also checks written work against content that can be found on the internet. Papers will generate an Originality Report that will summarize matches or near-matches in the text.

Students are required to be familiar with, and adhere to the UNM College of Nursing Policy on Academic Integrity (see Appendix A). Any violation will be taken very seriously and appropriate sanctions will be applied.

Diversity

The faculty and staff of the University of New Mexico College of Nursing strive for students to experience an inclusive educational environment. Openness and respect for the diverse backgrounds and communities from which we each come enhance insight and learning. Therefore, we ask students to participate in conversations that raise the awareness of and respect for different ways of being and thinking. We invite you to please speak with the course instructor or another faculty member if you experience discomfort with comments made in the classroom, online learning environment, or other educational setting. Practicing these values enables us as a community of learners to be respectful of everyone.

Technical Considerations

Required Technology

This course is web-enhanced. In order to access your online courses students need to log onto Canvas. (<https://canvas.unm.edu/>) In addition, this course requires students to be able to open, use and read Word and Adobe PDF files.

Online Courses Require:

- A high speed Internet connection is highly recommended.
- Supported browsers include: Internet Explorer, Firefox, and Safari. Detailed Supported Browsers and Operating Systems: <http://kb.blackboard.com/pages/viewpage.action?pageId=38830689>

Any computer capable of running a recently updated web browser should be sufficient to access your online course. However, bear in mind that processor speed, amount of RAM and Internet connection speed can **greatly** affect performance.

Online courses perform best on a high speed Internet connection. Those using dial-up connections will experience longer page load times and much slower performance when accessing their online course. Many locations offer free high speed Internet access including [UNM's Computer Pods](#) or one of UNM's many [Statewide Centers](#).

For additional information: see <http://nursing.unm.edu/resources/it/index.html>

For Technical Help: 505-272-8112 or submit a web IT support ticket at <http://nursing.unm.edu/resources/it/index.html>

Canvas Tracking

Blackboard Learn automatically records all students' activities including: your first and last access to the course, the pages you have accessed, the number of discussion messages you have read and sent, chat room discussion text, and posted discussion topics. This data can be accessed by the instructor to evaluate class participation and to identify students having difficulty.

Course Interruptions and Scheduled Maintenance

In the Event of an Unexpected Course Interruption

If Canvas is down on the day an assignment or exam is due, please advise your instructor of the outage (via text or UNM email), and the instructor will arrange for how to proceed.

Scheduled Maintenance

Canvas has a monthly scheduled Maintenance windows the 1st and 3rd Thursday of the month from 1:05am to 3:05am. Canvas may not work during these times. In addition, UNM IT may conduct general system maintenance that affects multiple systems on campus, including Canvas. The general system maintenance window is on Sundays from 6:00 am – 12 noon. Announcements for the Saturday and Sunday maintenance windows are normally posted in Canvas two weeks ahead of time to notify users of planned outages.

Student Course Access at the End of Term/Semester

UNM New Media and Extended Learning (NMEL) provides access to your course for 2 weeks after the end of the course. At that time NMEL will eliminate student course access.

Netiquette Ground Rules

See Netiquette Ground Rules document in your course on the course information page. Use proper grammar and spelling (type your postings in WORD first in order to use spell check then copy and paste into Canvas- this will also save you retyping it if should happen in with your posting).

Drop and Withdrawal Policy

This course falls under all UNM: CON policies for the last day to drop courses, etc. Please see <http://www.unm.edu/studentinfo.html> or the [UNM Course Catalog](#) for information on UNM services and policies. Please see the calendar posted under "Resources" on the CON homepage for course dates, the last day to drop courses without penalty, and for financial disenrollment dates.

Students who withdraw from a NMNEC nursing course are not allowed to progress. A course withdrawal is considered a course failure.

Inclement Weather

Students are not expected to be in class if the University closes. **The University will attempt to align delays and closures of the Albuquerque campus with delays and closures of the Albuquerque Public Schools.** See the UNM policy on [Inclement Weather](#). LoboMobile is a free android/smartphone application available to provide additional information and alerts.

Title X

Our classroom and our university should always be spaces of mutual respect, kindness, and support, without fear of discrimination, harassment, or violence. Should you ever need assistance or have concerns about incidents that violate this principle, please access the resources available to you on campus. Please note that, because UNM faculty, TAs, and GAs are considered "responsible employees" by the Department of Education, any disclosure of gender discrimination (including sexual harassment, sexual misconduct, and sexual violence) made to a faculty member, TA, or GA must be reported by that faculty member, TA, or GA to the university's Title IX coordinator. For more information on the campus policy regarding sexual misconduct, please see: <https://policy.unm.edu/university-policies/2000/2740.html>.

Support: [LoboRESPECT Advocacy Center](#) and the support services listed on its website, the [Women's Resource Center](#) and the [LGBTQ Resource Center](#) all offer confidential services and reporting.

COVID-19

COVID-19 Health and Awareness. UNM is a mask friendly, but not a mask required, community. To be registered or employed at UNM, Students, faculty, and staff must all meet UNM's [Administrative Mandate on Required COVID-19 vaccination](#). If you are experiencing COVID-19 symptoms, please do not come to class. If you have a positive COVID-19 test, please stay home for five days and isolate yourself from others, per the [Centers for Disease Control \(CDC\) guidelines](#). If you do need to stay home, please communicate with me at MParry2@unm.edu; I can work with you to provide alternatives for course participation and completion. UNM faculty and staff know that these are challenging times. Please let us know that you need support so that we can connect you to the right resources and please be aware that UNM will publish information on websites and email about any changes to our public health status and community response.

Support:

[Student Health and Counseling \(SHAC\)](#) at (505) 277-3136. If you are having active respiratory symptoms (e.g., fever, cough, sore throat, etc.) AND need testing for COVID-19; OR If you recently tested positive and may need oral treatment, call SHAC.

[LoboRESPECT Advocacy Center](#) (505) 277-2911 can offer help with contacting faculty and managing challenges that impact your UNM experience.

Citizenship/Immigration Status

Citizenship and/or Immigration Status: All students are welcome in this class regardless of citizenship, residency, or immigration status. Your professor will respect your privacy if you choose to disclose your status. As for all students in the class, family emergency-related absences

are normally excused with reasonable notice to the professor, as noted in the attendance guidelines above. UNM as an institution has made a core commitment to the success of all our students, including members of our undocumented community. The Administration's welcome is found on our website: <http://undocumented.unm.edu/>.