<table>
<thead>
<tr>
<th>Name of Department:</th>
<th>Nursing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instructor Name:</td>
<td>Heidy Roberts MSN/ED RN and Sheral Cain MSN RN</td>
</tr>
<tr>
<td>Office Location:</td>
<td>Room 110</td>
</tr>
<tr>
<td>Office Hours:</td>
<td>Wed 7-830, 1130-1230 Thur 7-830, 1130-1230 and per appt</td>
</tr>
<tr>
<td>E-mail:</td>
<td><a href="mailto:robertsh@unm.edu">robertsh@unm.edu</a>, <a href="mailto:scain53223@aol.com">scain53223@aol.com</a></td>
</tr>
<tr>
<td>Telephone:</td>
<td>505 925-8645</td>
</tr>
<tr>
<td>Class Meeting</td>
<td>Thursday 830-1130 Room 111</td>
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</tbody>
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**Pre-requisites:**
- Admission to Nursing Program
- NURS 202 Introduction to Nursing Concepts
- NURS 204L Principles of Nursing Practice

**Co-requisites:**
- NURS 238 Pharmacology
- NURS 203 Health Care Participant
- NURS 221L Assessment and Health Promotion

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**Title of Course:**
NURS 251 Health and Illness Concepts I

**Course Description:**
This course will focus on health and illness concepts across the lifespan. Concepts covered are related to homeostasis/regulation, sexuality/reproductive, protection/movement and emotional processes.

**Credit Hours and Contact Hours:**
3 CH: 3 credits didactic = 3 hours/week or 48 contact hours

**Course Outcomes**
- Upon successful completion of this course, the student will:
  - Describe the scope risk factors, physiologic processes, attributes, and clinical management of selected concepts and exemplars across the lifespan.
  - Discuss evidence based practices and healthcare standards of care related to the concepts/exemplars of the course.
  - Explain the collaboration necessary related to the concepts/exemplars of the course.
  - Utilize informatics and resources related to the concepts/exemplars of the course.
  - Integrate considerations of normal physiology and healthy adaptations into nursing practice of patients across the lifespan.

**Required Text(s) and Supporting Materials:**
| Course Communication | Effective, ongoing communication is a key element of success in the nursing program. Instructors and staff communicate with students via email when not in class. Students need to check their UNM and Blackboard email accounts regularly. Full-time nursing instructors have voice mail, and communication should take place directly with your instructor. Full-time instructors hold scheduled office hours as posted in their syllabus and outside of their offices, and students may schedule conferences as needed. In addition, there is student representation on the nursing faculty committee, and the representatives are responsible for communicating pertinent information to classmates. Part-time faculty will identify their preferred method for communication to the students. |
| Electronic Device Usage: | Cellphones and other devices except laptop computers are not permitted in the classroom setting. They must be silenced and put away. Cellphone that ring or are used during class or testing will result in the student being excused from the class or test. Any make-up of assignments or exams due to violation of this policy is solely at the discretion of the instructor. The use of computers is acceptable in the learning context of the class. Lectures may be audiotaped at the express permission of the instructor. Classroom capture is not available at this time. |
### Academic Integrity

Having academic integrity is paramount to your success in any class. Plagiarism or cheating is not tolerated. Any instance of this will result in a grade of zero for that assignment. Here is the link to the UNM Academic Dishonesty Policy: [policy.unm.edu/regents-policies/section-4/4-8.html](policy.unm.edu/regents-policies/section-4/4-8.html). The policy states:

> Each student is expected to maintain the highest standards of honesty and integrity in academic and professional matters. The University reserves the right to take disciplinary action, up to and including dismissal, against any student who is found guilty of academic dishonesty or who otherwise fails to meet the expected standards. Any student judged to have engaged in academic dishonesty in course work may receive a reduced or failing grade for the work in question and/or for the course.

Academic Dishonesty is defined as:

"Academic dishonesty" includes, but is not limited to, dishonesty in quizzes, tests, or assignments; claiming credit for work not done or done by others; hindering the academic work of other students; misrepresenting academic or professional qualifications within or without the University; and nondisclosure or misrepresentation in filling out applications or other University records.

### Classroom Use/Attendance/Professional Behavior

The classroom is available for student use outside of regularly scheduled classes when other classes are not in session. There is a reference area and computers available. In accordance with UNM policy there is no eating or drinking allowed in the classroom. Students may have water in enclosed bottles during class.

See the current Student Nurse Handbook for complete listing of attendance and professional behavior policies. [https://valencia.unm.edu/academics/nursing/applications/student-handbook-2016.docx](https://valencia.unm.edu/academics/nursing/applications/student-handbook-2016.docx)
| Student Concerns or Grievances | UNM-Valencia nursing program follows the specific Grievance Procedure as provided in the UNM-Valencia Catalog. Prior to participating in the campus procedure, the student is encouraged to review their complaint within the nursing department by following these steps:

**SBAR:** To be used as a tool for communicating student concerns in a professional manner.

**Instructions:**
- The student completes the SBAR using professional language to communicate a concern about classroom, clinical or lab. You may check with your faculty if you are unsure if this process is necessary.
- Email the completed SBAR to the instructor.
- The instructor will contact the student after reviewing the SBAR to schedule a face to face meeting to discuss the SBAR. The student should bring a printed copy to the meeting. |

| STUDENTS WITH DISABILITIES: | In accordance with University Policy 2310 and the Americans with Disabilities Act (ADA), reasonable accommodations are made to all qualified students unless such accommodations fundamentally alter a program or service or place an undue hardship on the operation of the University. If you have a documented disability, the Equal Access Services office will provide me with a letter outlining your accommodations. I will then discuss the accommodations with you to determine the best learning environment. If you feel that you need accommodations, but have not documented your disability, please contact Jeanne Lujan, the coordinator for Equal Access Services at 925-8910 or jmlujan@unm.edu. |

| EQUAL OPPORTUNITY AND NON-DISCRIMINATION: | In an effort to meet obligations under Title IX, UNM faculty, Teaching Assistants, and Graduate Assistants are considered “responsible employees” by the Department of Education (see page 15 - www2.ed.gov/about/offices/list/ocr/docs/ga-201404-title-ix.pdf ). This designation requires that any report of gender discrimination which includes sexual harassment, sexual misconduct and sexual violence made to a faculty member, TA, or GA must be reported to the Title IX Coordinator at the Office of Equal Opportunity (oeo.unm.edu). For more information on the campus policy regarding sexual misconduct, see: https://policy.unm.edu/university-policies/2000/2740.html. |
**Teaching Methods:** NURS 251 will use a variety of approaches to meet the course outcomes. These instructional methods may include, but are not limited to lecture, audio-visual materials, guided discussions, group projects, role playing, self-evaluation, written assignments, computer and on-line activities, decision-making exercises, laboratory exercises and clinical experiences.

**Successful completion of NURS 251 requirements:**
A cumulative average of all theory tests at 77% or higher and
An overall course grade of 77% or higher and
Completion of all components of the course.

**Evaluation/Grading Methods:**
See the Nursing Student Handbook for all policies and requirements.

*This Syllabus, including the Course Schedule, is subject to change at the discretion of the instructor in accordance with UNM Valencia Academic Policies. In the event there is a discrepancy between the syllabus and the Student Handbook, the current Student Handbook is the authoritative source.*

**Grading Scale:**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>A+</td>
<td>98-100</td>
</tr>
<tr>
<td>A</td>
<td>93-97</td>
</tr>
<tr>
<td>A-</td>
<td>90-92</td>
</tr>
<tr>
<td>B+</td>
<td>87-89</td>
</tr>
<tr>
<td>B</td>
<td>83-86</td>
</tr>
<tr>
<td>B-</td>
<td>80-82</td>
</tr>
<tr>
<td>C+</td>
<td>77-78</td>
</tr>
<tr>
<td>C</td>
<td>73-76</td>
</tr>
<tr>
<td>D+</td>
<td>70-72</td>
</tr>
<tr>
<td>D</td>
<td>67-69</td>
</tr>
<tr>
<td>F</td>
<td>0-67</td>
</tr>
</tbody>
</table>

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**Test Review Policy:**

There will be no formal exam review during class time. Students must make an appointment to review the exam during office hours. Individual reviews will not take place until after an item analysis has been completed.

**Evaluation/Grading Policies:**

To successfully complete the course, the student must achieve 1) a minimum of 77% (C) test average  2) a minimum of 77% (C) overall course average, and 3) Pass in the clinical portion. Failure of any one or more of these components results in failure of the course. See the
student handbook for progression policies. There is no rounding of any score or course grade (examples: a 76.99% is not rounded to a 77%. A score of 90.99% is not rounded to a 91%).

The course grade is based on the below listed components. Late assignments will result in a one (1) letter grade penalty for each calendar day the assignment is late. No assignment will be accepted if more than three (3) calendar days late.

Exams (7) 70%
Simulation 10%
Kaplan 10%
Quizzes (10) 10%

KAPLAN POLICY

The UNM-Valencia Nursing Program has adopted a comprehensive assessment and review program from Kaplan Nursing. The intent of this program is to provide students with the tools they need to be successful in the nursing program and on the NCLEX-RN. The Kaplan program is 10% of the student’s grade in all nursing courses except HCHS125, NURS242, and NURS110. In NURS242, the Kaplan component is 35% of the course grade and there are no Kaplan points in HCHS 125 and NURS 110.

Kaplan also provides both focused review (practice) and integrated (proctored tests). The focused review tests are designed for student self-assessment and provide students with immediate question feedback and rationales. Instructors will direct the students to the appropriate focused review tests in each course. In order to receive credit, students must complete the focused review tests as assigned and during the designated time period specified in individual course syllabi. In order for the student to take the Kaplan integrated test, each student must have completed the assigned online focused review test(s). Grade points for focused review tests are awarded based on the score achieved. The 10% of each course grade allotted to Kaplan will be derived from four sources and totaled for a possible 100 points.

Focused Review (practice) Test in Assigned Content Area Points
90-100% 25
80-89.9% 20
60-79.9% 15
40-59.9% 10
< 39.9% 0

Integrated (proctored) Test in Content Area
≥ 70th percentile 25
60-69.99th percentile 20
50–59.9th percentile 15
40–49.9th percentile 10
<40th percentile 0
Remediation of Focused Review Test(s)
Remediates all questions minimum of 1 minute 25
Remediates all questions minimum of 45 seconds 20
Remediates only wrong questions minimum of 45 seconds 15
Remediates >50% minimum of 45 seconds 10
Remediates < 50% and/or minimum of 45 seconds 0

Remediation of Integrated Test
Remediates all questions minimum of 1 minute 25
Remediates all questions minimum of 45 seconds 20
Remediates only wrong questions minimum of 45 seconds 15
Remediates >50% minimum of 45 seconds 10
Remediates < 50% and/or minimum of 45 seconds 0

Total points

Focused Review Tests
Focused review tests are assigned by course faculty. Tests taken at times other than when they are assigned will mean no points are awarded for the test.

KAPLAN NCLEX-RN® Secure Predictor Exam
As a part of NURS 242, the student is required to take the Kaplan NCLEX-RN Secure Predictor Exam and achieve a minimum cut score of 65% in a maximum of 2 attempts to achieve full points. The purpose of this test is to predict student readiness for the NCLEX-RN. The full policy on Kaplan point distribution in NURS 242 is in the course syllabus.