



UNM-VALENCIA WELLNESS CENTER OPERATING HOURS JULY 2025

MONDAY – THURSDAY
8 A.M. – 5 P.M.

FRIDAY
8 A.M. – 1 P.M.

Hours on specific dates may be subject to change.
Please call 925.8830, or 925.8832 with questions.

The center will be closed on
Independence Day, Friday, July 4.

**Positive relationships are built from positive behaviors
transmitted by a positive attitude. Attitude is the rock
upon which the foundation of team spirit is built.**
– E. Chapman